

New Providence Senior Citizens Newsletter

"Good things happen here!"



JANUARY 2019

Vol. 19. No. 1



COORDINATORS CORNER

"By the time you're eighty years old you've learned everything. You only have to remember it." ~ George Burns

The calendar has turned to another year. I hope you had a wonderful holiday season. May this New Year be filled with family and friends. Even though it is cold outside, we have many activities going on inside the center. Check them out and give something a try.

Upcoming Events

- Chinese New Year Luncheon, Wednesday, February 6th.
- Liberty Science Center Trip, Thursday, February 28th.

Reminders/Changes

- The center is closed from Monday, December 24th through Tuesday, January 1st. We will reopen on Wednesday, January 2nd.
- There is NO Pizza Bingo on Friday, January 4th.
- There is NO In Control or Chair Yoga for January, February or March. Stay tuned for when we can resume the classes.
- Tax preparations begin in February. Please see the article on page 3.

Weather Policy: Please remember that when schools are closed for rain, snow, or ice, the center is also closed. If schools have a delayed opening, the center also has a delayed opening. When in doubt, please call the center to check on activities and the time the center will open.

Most importantly, if there is snow or ice, please be cautious. It's okay to miss an activity!

THANK YOU...

- Josephine Campano, Kathleen Riscen, Bette Schmitt, Christine Napolitano and Peggy MacNeal for donating baskets for the Holiday Raffle.
- Christine Napolitano for organizing the Holiday Dinner.
- Hilary Stannard for coordinating the Food Drive.
- Club members who addressed holiday greeting cards.
- Union Methodist Church Choir for the Christmas Cantata.
- Joe Eberle of Weichert Realtors for donating poinsettias to decorate the center and for assisting on the bus to the Holiday Dinner.
- NPMS Art Club for decorating the center for the holidays.
- NPHS Civic Leaders for the delicious cookies they baked to share with us.
- NPMS Girls and Boys Ensembles for providing beautiful music at the Holiday Dinner.
- Santa for visiting us at the Holiday Dinner.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Carolyn Foran

Vice-Chair: TBD

Secretary: Bette Schmitt

Bert Abbazia, Kathy Hendrickson, Sal Ligammarri, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Grace Parlapiano, Bill Wehrle

Club Officers

President: Peggy Brodeur

Vice President: Bill Wehrle

Treasurer: Sal Ligammarri

1st Treasurer: Delores Felezzola

2nd Treasurer: TBD

Sergeants-at-Arms: Don Kern, Mike Ferlise

Contact these members with any questions regarding your club!

DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

www.newprov.org/seniors

A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.

Center Co-Coordinators

Therese Dalton

Michelle Zack

Hours

Monday-Friday: 9:30am - 2:30pm

Newsletter Staff

Peggy Brodeur

Joan Clark

Therese Dalton

Barbara Koslap

Bobbi McAneny

Michelle Zack

Trips, Activities & Meetings

Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the center at 908-665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

**Check the calendar
for ongoing activities
& schedule changes!**

The center will be closed through Tuesday, January 1. We will reopen Wednesday, January 2.

- **Wed., Jan 2, 11:00am: Meeting** – Pete Axelrod from Wild Birds, Unlimited will give a presentation on backyard birding, **“Who Is That At My Feeder?”**
- **Mon., Jan 7, 10:30am:** The college class, **“Selected Topics in Biology,”** resumes. Register in advance through Community Pass or see Therese or Michelle for assistance. See article on page 3.
- **Wed., Jan 9, 11:00am: Meeting – Club Day.** **The Allen W. Roberts Elementary School Band** will perform for us as we celebrate January birthdays. Come socialize and enjoy refreshments. The newly elected Trustees and Club Officers will be sworn in. Chatham Hills will call bingo!
- **Tues., Jan 15, 10:45am: Book Club** - Therese Dalton will lead a discussion about “A Star for Mrs. Blake” by April Smith. Copies are currently available.
- **Wed., Jan 16, 11:00am: Meeting** – Bureau Chief, Joanne Gemenden, from the Union County Bureau of Recycling and Planning will talk about the principles of **“Reduce, Re-use and Recycle”** and answer questions.
- **Tues., Jan 22, 10:45am: Current Events** – Michelle Zack will facilitate a discussion in which members may exchange ideas and share different perspectives on issues in national and international affairs.
- **Wed., Jan 23, 11:00am: Meeting** – Chelsea Hoeffler and Nicole Goodling from **Yoga Essence Studio** will give a presentation.
- **Thurs., Jan 24 – Fri., Apr 12, 10:30am to 2:00pm: Schedule Tax Preparation Appointments** - Call or come to the center to sign up for a tax preparation appointment. Tax counselors will be available on Mondays and Saturdays from 9:30am to 1:30pm from Saturday, February 9 through Monday, April 15. See article on page 3.
- **Thurs., Jan 24, 10:45am: Movie Club** – Join us as we watch *Meet Me in St. Louis* starring Judy Garland, Margaret O’Brien, Mary Astor and Leon Ames.
- **Wed., Jan 30, 11:00am: Meeting** – Harry Kundrat will challenge us to a game of **Celebrity Trivia.** Come and see if you can identify your favorite stars.
- **Wed., Feb 6, 11:00am: Meeting** – **NPHS Vocal Soloists** will entertain us with beautiful renditions of favorite musical selections. There will be NO bingo after the meeting.
- **Wed., Feb 6, 1:00pm: Chinese New Year Luncheon** –Celebrate a Year of the Pig and enjoy a luscious lunch at Szechuan Delight. Cost: \$15.00. Tickets go on sale January 2nd. Sign up for bus transportation from the center.
- **Wed., Feb 13, 11:00am: Meeting – Club Day.** Joyce Turpin will engage us in a fun, musical Valentine’s Day program. We will also celebrate February birthdays. Come socialize and enjoy refreshments. Chatham Hills will call bingo!

The center will be closed Monday, February 18 for the Presidents Day Holiday

- **Wed., Feb 20, 11:00am: Meeting** – Carol Brush from Horizon Blue Cross/Blue Shield will give a presentation on **“Managing Your Medications at Home.”**
- **Wed., Feb 27, 11:00am: Meeting** – Leo Piovano, our Italian class instructor, will offer an illustrated lecture on **Leonardo Da Vinci.** The 500th anniversary of the Renaissance master’s death will be celebrated in 2019.
- **Thurs., Feb 28, 10:00am: Liberty Science Center Trip** – Follow the clues to the **International Exhibition of Sherlock Holmes**, an interactive exhibit presenting a journey into the mind of the world’s most famous detective. Cost: \$18.00.

FREE TAX RETURN HELP

New Providence, Berkeley Heights, and other area residents can obtain free assistance in preparing and filing their 2018 tax returns. There are no age or income limitations for participation in this program, but taxpayers with complex returns may be advised to seek paid assistance. Assistance will cover individual federal and NJ state income taxes, the NJ Homestead Property Tax Rebate, and the Property Tax Reimbursement Program.

Tax counselors will be available on Mondays and Saturdays from 9:30am to 1:30pm from Saturday, February 9, 2019 through Monday, April 15, 2019.

Taxpayers may call the DeCorso Center at 908-665-0046 beginning January 24, 2019 between the hours of 10:30am and 2:00pm, Mondays through Fridays to schedule an appointment or they may sign up at the center.

The Internal Revenue Service is again advising taxpayers to file their returns as early as possible to reduce the potential for identity theft.

"SELECTED TOPICS IN BIOLOGY" CLASS

The "Selected Topics in Biology" class for seniors, taught by Professor Bill Dunscombe of Union County College, will begin a new semester in January. Topics that may be explored this semester include: "The Ear – Tinnitus, Meniere's disease and other Disorders," "Non24 Sleep Disorder," "Athletes and Anabolic Steroids," and current events in biology. These engaging classes will be held on Mondays from January 7 through March 25 from 10:30 a.m. – 12:00 noon. Classes will be held at the DeCorso Community Center, 15 East Fourth Street, New Providence. Advance registration is required.

AROUND TOWN...**NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

Knitting Club – Mon., Jan. 7, 21, 7:00pm

Grow Your Business with ReferenceUSA – TJ Pridell will generate marketing leads in this free, interactive demo of ReferenceUSA. Call 908.665.0311 or email npmlref@yahoo.com. Tues., Jan 8, 7:00pm

Baseball Discussion Group – Mon., Jan. 14, 7:00pm

Weight Loss is a State of Mind – Board-certified internist Dr. Kavita Kewalramani of K Primary Care will discuss how weight loss depends on the right mindset. Call 908.665.0311 or email npmlref@yahoo.com. Tues., Jan. 15, 7:00pm

Instant Pot Basics – Leslie Corey will demonstrate how to use an Instant Pot to make pasta, mashed potatoes, hard-boiled eggs and applesauce in minutes.

Registration required. Call 908.665.0311 or email npmlref@yahoo.com. Sat., Jan. 19, 10:00am

Concert - Featuring Michael Pasqua on piano, Bruce Riccitelli on drums, and Dave Post on bass, **MRB Jazz Project** has a repertoire of jazz standards, ballads from the great American songbook, and Brazilian bossa novas. Sun., Jan. 27, 3:00pm

Instant Pot Meals – Leslie Corey will demonstrate how to make 3 meals in an Instant Pot: a chicken dish, an Italian dish and chili. Registration required. Call 908.665.0311 or email npmlref@yahoo.com. Tues., Jan 29, 7:00pm.

CHINESE NEW YEAR LUNCHEON

Celebrate a Year of the Pig at a Chinese New Year Luncheon at Szechuan Delight on Wednesday, February 6th. Price includes, soup, appetizer, entrée and dessert. Cost is \$15.00. Tickets go on sale January 2nd. Note: There will be a meeting on February 6th but no bingo.

MOVIE MARQUEE**JANUARY MOVIES AT THE NP MEMORIAL LIBRARY**

There will no longer be a movie at 9:30am. The 2 PM showing will have subtitles for the hearing impaired.

Tuesdays at 2:00pm

January 8 – *BlacKkKlansman*

January 15 – *Puzzle*

January 22 – *Crazy Rich Asians*

January 29 - *Searching*

Foreign Films

Weds., January 2 at 2:00pm – *Operation Finale* (in French, German and Spanish with English subtitles)

Mon., January 28 at 7:00pm – *A Bag of Marbles* (in French, German, Yiddish and Russian with English subtitles)

SAGE ELDERCARE Information & Referrals

SAGE's *InfoCare* – their information and referral service – provides older adults and family caregivers with support, information, consultations, and referrals through telephone outreach.

When you contact *Infocare*, your concerns will be addressed by a Licensed Clinical Social Worker (LCSW) who understands the complexities of navigating community resources, as well as the psychological issues related to aging and caregiving. Their social worker will provide consultation, guidance and follow-up to address your needs.

InfoCare can provide you with:

- Community Resources (Adult Day Care, Home Care, Nursing Homes, Assisted Living, Senior Centers, Transportation)
- Specific Referrals (Entitlements, Housing Options, Legal Issues, Seminars, Support Groups, Long Term Care Insurance, VA)
- Information about Eldercare Specialists (Elder Law Attorneys, Geriatric Physicians, Financial Advisors, Geriatric Care Managers)

SAGE can help you determine what services will provide the most comfort. Call 908.598.5509 for more information.

SAGE is a nonprofit organization committed to providing programs and services to meet the changing needs of older adults, their families, and caregivers. New Providence Borough has contracted with SAGE and their services are available to all New Providence residents. Kathy Larkin, LCSW, the liaison for New Providence residents, may be reached at 908-598-5509.

JANUARY FACTS

Birthstone: Garnet

Flower: Carnation

Zodiac Signs: Capricorn (Dec 22 – Jan 19) & Aquarius (Jan 20 – Feb 18)

Holidays and Observances:

New Year's Day – Jan 1

Martin Luther King, Jr. – Jan 21

REMEMBERING THOSE WE LOST

NPSCC lost many good friends in 2018. As we look into a new year, let us remember with gratitude all of the good times and memories that we shared together.

Ida Ammenwerth – October 2, 2018

Maryann Carroll – June 22, 2018

Marion Condemi – October 8, 2018

Grace Cucco – November 30, 2018

Clara DelMonte – April 22, 2018

Dorothy Dowd – October 30, 2018

Lois Duyckinck – April 16, 2018

Doris Escott – August 18, 2018

Ruth Faragi – November 11, 2018

Elvira Feoli – November 23, 2018

Catherine Ferruggia – January 3, 2018

Joan Marie Gargiulo – April 10 2018

Don Giles – May 16, 2018

Florence Gordon – July 1, 2018

Kathleen Higgins – October 27, 2018

Alice Johnson – May 9, 2018

Robert Jones – June 22, 2018

Malcolm Kilbride – June 3, 2018

George Knorr – November 30, 2018

Eve Kobylus – April 30, 2018

Marilyn Litvack – April 30, 2018

Michael Maddaluna – December 1, 2018

(Emily Genetti's brother)

Joan Masini – November 10, 2018

Jim McKenny – August 2017

Gwen Merriman – April 18, 2018

Peggy Moesle – February 10, 2018

Carmel Nicholais – September 3, 2018

Nicholas Pigna, Sr. – May 17, 2018

Evelyn Savarese – December 9, 2018

Catherine Sciarrillo – April 3, 2018

Marjorie Teel – March 15, 2018

Lillian Valenti – July 10, 2018

Philip Vecchione – January 9, 2018

Frances Ziobro – October 22, 2018

NPSCC NEWSLETTER ONLINE

The public version of the NPSCC newsletter may be viewed online at <https://www.newprov.org>. In the menu on the left-hand side of the home screen, scroll down and select "Seniors". Click on the link to view current and past issues of the newsletter.

NEW PROVIDENCE SENIOR CITIZENS CLUB ~ January 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dec 30	Dec 31 CENTER CLOSED	1 Happy New Year! CENTER CLOSED <u>NO</u> Bus to ShopRite	2 9:30 SAGE 10:00 Bus to Club 11:00 Meeting – “Who Is That At My Feeder?” 12:30 Bingo/Cards	3 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg	4 9:00 Bus to Mall*** 9:15 Zumba w/Donna 10:00 Bridge 12:30 <u>NO</u> Pizza Bingo	5
6	7 9:30 Trustee Meeting 10:30 College Class* 11:00 Newsletter 12:30 Bridge	8 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 10:00 Activities Meeting 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	9 Happy Birthdays! 10:00 Bus to Club 11:00 Meeting - Allen W. Roberts Band 12:30 Bingo/Cards – Chatham Hills	10 9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 12:30 Mah Jongg	11 9:00 Bus to Blue Star*** 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	12
13	14 10:30 College Class* 11:00 Newsletter 12:30 Bridge	15 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 10:45 Book Club 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	16 10:00 Bus to Club 11:00 Meeting – “Reduce, Re-use and Recycle” 12:30 Bingo/Cards	17 9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 12:30 Mah Jongg	18 9:00 Bus to Mall*** 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	19
20	21 10:30 College Class* 11:00 Newsletter 12:30 Bridge	22 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 10:45 Current Events 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	23 10:00 Bus to Club 11:00 Meeting – Yoga Essence Studio 12:30 Bingo/Cards	24 9:30 Fit & Healthy Exercise w/Myriam 10:45 Movie Club – Meet Me in St. Louis 12:30 Partner Bridge 12:30 Mah Jongg	25 9:00 Bus to Mall*** 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	26
27	28 10:30 College Class* 11:00 Newsletter 12:30 Bridge	29 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	30 10:00 Bus to Club 11:00 Meeting – Celebrity Trivia 12:30 Bingo/Cards	31 9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 12:30 Mah Jongg	Feb 1 9:00 Bus to Mall*** 9:15 Zumba w/Donna 10:00 Bridge 12:30 <u>NO</u> Pizza Bingo	Feb 2

*Sign up in advance.

**Purchase ticket in advance.

***Weather permitting