

New Providence Senior Citizens Newsletter

"Good things happen here!"



DECEMBER 2019



Vol. 19. No. 12

COORDINATORS CORNER

"Wrinkles mean you laughed, grey hair means you cared, and scars mean you lived!" *Anonymous*

November proved to be a busy and quite a special month...and there is more in December! I'm sure you will find something to participate in ☺

I want to thank all of those who attended our Birthday Extravaganza in November. We loved celebrating so many friends with songs and crowns! It took each and every one of us to make the day memorable. I would like to specifically thank Allison Smith and Jenn Aranda for chipping in that day and doing whatever we asked.

Come and kick off the Season off with **"Spirit Day" on Tuesday, December 3rd at 12pm**. Come one and come all as we join the Middle School art club to decorate the center, make centerpieces and address cards to our absent members. *Refreshments will be served.*

And we continue the special event celebrations with **"Golden Age of Musicals" on Wednesday, December 18th at 11am**. Remember the great musical films of the 1950s? Want to enjoy them again? Join us for this special program to start your holiday season! See page 2 for details.

And don't forget the Christmas Cantata on Saturday, December 21st at 1pm given by the United Methodist Church Choir. See page 2 for details.

See weather policy on page 3.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Vice-Chair: Grace Parlapiano
Secretary: Bette Schmitt
Kathy Hendrickson, Sal Ligammari, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Bill Wehrle

Club Officers

President: Peggy Brodeur
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Delores Felezzola
2nd Treasurer: Lidia Astapova
Sergeants-at-Arms: Don Kern, Mike Ferlise

Contact these members with any questions regarding your club.

Newsletter Editor: Barbara Koslap

THANK YOU...

- Phyllis Winters for coordinating, setting up, and serving refreshments at the Wednesday meetings for 14 years! Great job, Phyllis!!
- Prestige Diner and Tables for Two for donating gift cards to be used as prizes for the Wizard tournament.
- NPHS students, teachers, and administration for the delightful Seniors Day at the high school.
- Peggy Brodeur for coordinating food donations from local restaurants and NPSCC members who baked desserts for the American Legion Veterans Day Remembrance.
- Mindy Parisi, RN, MSN, from Overlook's New Vitality Program for her entertaining presentation on "Laughter is the Best Medicine".
- Dennis Kelleher of TransOptions for his informative presentation on "What's Changed Since I Started Driving".
- Spring Grove for sponsoring the Birthday Extravaganza.
- Therese Dalton and Michelle Zack for the wonderful "Cheers for 90+ Years" Birthday Extravaganza!
- Berniece Liguori for calling bingo on Fridays; it would not happen without her!

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Co-Coordinators

Therese Dalton
Michelle Zack

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

- ShopRite - Tuesday mornings (call between 8:30-9:00am).
- Club Meetings - Wednesday mornings (call by 10:00am).
- Livingston Mall or Blue Star Mall - Friday mornings except 1st Friday (call between 8:30-9:00am).

Trips, Activities & Meetings

Tickets for events may be purchased at the Center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the Center at 908-665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

Check calendar for ongoing activities & schedule changes.

- **Tues., Dec 3, 12:00noon-1:30pm: Holiday Spirit Day!** – Share the holiday spirit as NPMS students help us decorate the center, make centerpieces to be used at the Holiday Luncheon, and prepare holiday cards to send to our absent members. Refreshments will be served. Please sign up in advance if you plan to help.
 - **Wed., Dec 4, 11:00am: Program/Meeting** – Members of the **New Providence High School Sociology Class** will visit the center to interview Club members and gather information about generational differences regarding school, dating, and more. Come share your experiences – it is always an interesting discussion! Chatham Hills will call bingo!
 - **Fri., Dec 6, 9:00am: Holiday Shopping with Mike** – Enjoy beautiful seasonal decorations and great holiday shopping at Livingston Mall. Call the center Friday morning from 8:30-9:00am for bus pickup.
 - **Tues., Dec 10, 11:30am: Setup** for the Holiday Luncheon.
 - **Wed., Dec 11, 12:00noon: Holiday Luncheon** – Enjoy a delicious lunch and share good times with friends. The NPMS Girls Chorus will provide beautiful music. Please bring a nonperishable item to donate to the OLP Food Pantry. COST: \$27. Tickets must be purchased by December 4th. Sign up for bus pickup.
 - **Wed., Dec 18, 11:00am: The Golden Age of Musicals** – Join us for a special program to start your holiday season! Enjoy film clips and an entertaining discussion led by Sam and Candy Caponegro about the great musical films of the 1950s. A light lunch and holiday cookies will be served.
 - **Sat., Dec 21, 1:00pm: Christmas Cantata** - The Union Methodist Church Choir will perform traditional carols at the center. Enjoy this wonderful opportunity to celebrate the season. Light refreshments will be served. Event is free but donations are gratefully accepted. Please sign up in advance.
- The Center will be closed Monday, December 23rd through Wednesday, January 1st. We will reopen Thursday, January 2nd. Happy Holidays!***
- **Mon., Jan 6, 10:30am:** The “Selected Topics in Biology and Life Sciences” class, taught by Professor Bill Dunscombe of Union County College, will begin a new semester. FREE to New Providence seniors, \$20 per semester for out-of-town residents.
 - **Wed., Jan 8, 11:00am: Program/Meeting** – The **Allen W. Roberts Elementary School Band** will perform for us as we celebrate January birthdays. Come socialize and enjoy refreshments. Chatham Hills will call bingo!
 - **Tues., Jan 14, 11:00am-1:00pm: Painting Class** – Sunrise Senior Living of Summit will sponsor a painting class with a professional painter. No experience is necessary! A light lunch will be provided. Space is limited. Sign up at the Center by January 6th.
 - **Wed., Jan 15, 11:00am: Program/Meeting** - JoAnn Gemenden from the Union County Bureau of Recycling and Planning will give a brief presentation on “**Recycling Initiative for Seniors**”. Club member Harry Kundrat, the main event, will present “**Harry’s Babylon**”.
 - **Wed., Jan 22, 11:00am: Program/Meeting** - Erika Carbone and Mia Kebea of Seniors in Place LLC will give a talk about “**Home Safety**”.
 - **Wed., Jan 29, 11:00am: Program/Meeting** – Overlook’s new Vitality will offer a program on “**Cold v. Flu**”.
 - **Wed., Jan 29, 1:00pm: Chinese New Year Luncheon** – Celebrate the Year of the Rat and enjoy a luscious lunch at Szechuan Delight. Cost: TBD. Sign up for bus transportation from the Center.

NPSCC HOLIDAY LUNCHEON

The NPSCC Holiday Dinner will be held on Wednesday, December 11th at 12:00noon. Enjoy a delicious meal and beautiful music performed by the NPMS Girls Chorus. Cost is \$27. Tickets must be purchased by Wednesday, December 4th. Sign up for bus transportation to the Center.

NPSCC FOOD DRIVE

The NPSCC is holding a food drive during December. Donated items will go to the Our Lady of Peace food pantry. Please bring nonperishable food items to the center when you attend any activities, exercise classes, or meetings and/or when you come to the Holiday Dinner. Thank you for your generosity!

WEATHER POLICY

When schools are closed for rain, snow, or ice, the center is also closed. If schools have a delayed opening, the center also has a delayed opening. When in doubt, call the center to check on activities and the time the center will open. Most importantly, if there is snow or ice, please be cautious. It's okay to miss an activity!

AMERICAN LEGION COOKIE WALK

The American Legion will hold their annual Cookie Walk fundraiser on Saturday, December 14 at 10am. For a \$5.00 donation, you get a boxful of delicious cookies. **Come early as they sell out quickly.** If you would like to contribute cookies to the cause, please deliver them to the post by 10:00am.

AROUND TOWN...**NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

Gingerbread House Decorating – Come to the library for a festive afternoon and decorate a gingerbread house. A \$10 refundable deposit is required. Registration starts 11/6 and ends at 10am on 11/25. Sun., Dec 1, 1:45 pm

Knitting/Crocheting Group - Mon., Dec 2 & 16, 7pm

NPMS Jazz Choir Holiday Concert – The New Providence High School Jazz Choir will perform a holiday concert. Free. Everyone is welcome. Sun., Dec 8, 3:00pm.

Baseball Discussion Group – Mon., Dec 9, 7pm

NP Painters Art Reception – Drop by this free reception celebrating the opening of the new art exhibit by New Providence painters. Sun., Dec 15, 2:00-4:00pm.

Gift Wrap Station – Wrap your gifts at the library to keep them a secret. Gift wrap, tape and tags will be supplied. A holiday movie or Yule log will be shown. Dec. 18, 3pm – 4:45pm; Dec. 19, 3pm – 8pm; Dec. 22, 1:30pm – 4:30pm.

BOROUGH OF NEW PROVIDENCE

Night of a Thousand Stars – Diversity in New Providence will host a community tree lighting event at Centennial Park. Enjoy free hot chocolate, live entertainment, and holiday festivities. Help NP families in need by donating gift cards from supermarkets and stores and/or cash or checks to the CSA. Fri., Dec 6, 7:00pm

AMERICAN LEGION POST #433

Cookie Walk – Thousands of cookies by the Decorative Holiday Boxful. **Come early; they sell out quickly!** \$5/box. Sat., Dec 14, doors open at 10:00am.

NEW PROVIDENCE HIGH SCHOOL

Holiday Concert – Enjoy a wonderful evening of holiday music at the high school. Wed., Dec 11, 7:30pm

MOVIE MARQUEE**DECEMBER MOVIES AT THE NP MEMORIAL LIBRARY**

The Tuesday movies have closed captioning.

Tuesdays at 1:00pm

December 3 – *The Art of Racing in the Rain*
 December 10 – *The Peanut Butter Falcon*
 December 17 – *Breakthrough*
 December 24 – No movie
 December 31 – No movie

Foreign Films

Weds., December 4, 1:00pm – *The Island*
(In Mandarin with English subtitles)
 Mon., December 23, 7:00pm – *Happy End*
(In French with English subtitles)

GIVE GIFT CARDS TO FRIENDS AND FAMILY - NOT FRAUDSTERS

Three tips to avoid gift card scams:

- Use gift cards only as gifts for people you know – and never for payments.
- Legitimate businesses and government agencies will never demand payment in gift cards.
- If your religious leader, grandchild or anyone else calls or emails and asks for money, first call them back to make sure it's really them.

<https://www.aarp.org/money/scams-fraud/info-2019/prevent-gift-card-fraud.html?intcmp=AE-FRDSC-MOR-R2-POS3>

MOVIE DISCOUNTS

Some Cinemark movie theaters have special pricing opportunities. Participating theaters offer the following discounts.

- Seniors Day discount price one day a week (exclusions apply).
- Early Bird discount price for the first matinee showtime of the day that starts before 1 PM seven days a week (exclusions apply).
- Discount Tuesday that requires membership in the Cinemark Movie Rewards program (offer not valid for new movies on opening day or on holidays).

Check your local theatre box office for pricing and participation information. The phone number for the movie theater on Route 22 in Watchung is 908-561-5970.

SAGE ELDERCARE

SAGE Eldercare is a nonprofit organization committed to providing programs and services to meet the changing needs of older adults, their families, and caregivers. New Providence Borough has contracted with SAGE and their services are available to all New Providence residents. Kathy Larkin, LCSW, the liaison for New Providence residents, may be reached at 908-598-5509.

HOLIDAY HUMOR

Q: Why are elves so cold at Christmas?

A: Because it's in Decembrrrrrr.

Q: How many elves does it take to change a light bulb?

A: Ten. One to change the light bulb and nine to stand on each other's shoulders.

Q: What do you call a greedy elf?

A: Elfish

Q: What kind of music do elves like best?

A: Wrap music.

Q: What is green, white, and red all over?

A: A sunburned elf

Q: What kind of bread do elves make sandwiches with?

A: Shortbread.

Happy Holidays!

Holiday Poem

Merry Christmas to friends!

Merry Christmas to foes!

The world's bright with joy, so

Forget all your woes.

The earth's full of beauty, of

Love and good cheer.

Merry Christmas to all and a

Happy New Year!

DECEMBER FACTS

Birthstone: Turquoise & Blue Topaz

Flower: Narcissus & Holly

Zodiac Signs: Sagittarius (Nov 22 – Dec 21) &

Capricorn (Dec 22 – Jan 19)

Holidays and Observances:

Pearl Harbor Remembrance – Dec 7

Bill of Rights Day – Dec 15


Start of Winter – Dec 21

Hanukkah (start) – Dec 22

Christmas – Dec 25

NEW PROVIDENCE SENIOR CITIZENS CLUB

~ December 2019 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 8:30 In Control 9:30 Trustee Meeting 10:30 Biology Class 11:00 Newsletter Meeting 11:00 Chair Yoga 12:30 Bridge	3 9:00 Bus to ShopRite ⁴ 9:45 Balance & Conditioning 12:00 Holiday Spirit Day! ¹ 11:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	4 10:00 Blood Pressure 10:00 Bus to Club ⁵ 11:00 Program/Meeting – Sociology Class Interviews 12:30 Bingo – Chatham Hills	5 9:30 Fit & Healthy 10:00 Bridge Lessons - \$10 12:30 Partner Bridge 12:30 Mah Jongg	6 9:00 Holiday Shopping with Mike ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 <u>NO</u> Pizza Bingo 7:00pm Night of a Thousand Stars @ Centennial Park	7
8 NPMS Jazz Choir Holiday Concert @ NPML 3:00pm	9 8:30 In Control 10:30 <u>NO</u> Biology Class 11:00 Newsletter Meeting 11:00 Chair Yoga 12:30 Bridge	10 9:00 Bus to ShopRite ⁴ 9:45 Balance & Conditioning 10:00 Activities Meeting 11:30 Knitting Group 11:30 Setup for Holiday Lunch 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	11 <i>Holiday Luncheon 12:00noon</i> <i>(Purchase ticket by December 4th)</i>	12 9:30 Fit & Healthy 10:00 Bridge Lessons - \$10 12:30 Duplicate Bridge 12:30 Mah Jongg	13 9:00 Bus to Blue Star ^{*4} 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo	14 Cookie Walk @ American Legion 10:00am
15	16 8:30 In Control 10:30 <u>NO</u> Biology Class 11:00 Newsletter Meeting 11:00 Chair Yoga 12:30 Bridge	17 9:00 Bus to ShopRite ⁴ 9:45 Balance & Conditioning 11:30 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	18 10:00 Blood Pressure 10:00 Bus to Club ⁵ 11:00 Special - "The Golden Age of Musicals" 12:30 Bingo	19 9:30 Fit & Healthy 10:00 Bridge Lessons - \$10 12:30 Duplicate Bridge 12:30 Mah Jongg	20 9:00 Bus to Mall ^{*4} 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo	21 <i>Christmas Cantata 1:00pm</i>
22	23 CENTER CLOSED	24 CENTER CLOSED	25 CENTER CLOSED 	26 CENTER CLOSED	27 CENTER CLOSED	28
29	30 CENTER CLOSED	31 CENTER CLOSED	Jan 1 CENTER CLOSED	Jan 2 9:30 Fit & Healthy 12:30 Bridge 12:30 Mah Jongg	Jan 3 9:00 <u>NO</u> Bus to Mall 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 <u>NO</u> Pizza Bingo	Jan 4

¹Sign up in advance

²Purchase ticket in advance

³Schedule appointment in advance

⁴Call between 8:30 - 9:00am

⁵Call before 10:00am

*Weather Permitting