

New Providence Senior Citizens Newsletter

JUNE 2014

Volume 14, Issue 6



COORDINATOR'S CORNER

- The **55th Anniversary Luncheon** was a fabulous celebration and a great way to honor several of our members and past members. Kay DeMarco served and continues to serve on many committees and as a trustee. And everyone knows Mike Ferlise, our bus driver who is always willing to go the extra mile smile to make us comfortable. We also remembered Jack Spencer and Jim Coyne who spent countless hours volunteering their time. Jack, who was the backbone of the club for many years, was a Trustee Chairman, led the furniture committee, managed the Medical Alert program, and much more. Jim worked with Jack and Walt Kropfl on the Medical Alert program, was a trustee and Master Gardener, and contributed in many other ways. We appreciate their efforts and those of all our members who make the club interesting and fun!
- Our **Passport Tour of Historical Destinations** trips have been a big success! We've learned so much about our state's past, and have had fun doing so. We'll stick close to home on June 9 by visiting the Salt Box Museum and then will join the Lunch Bunch at the new downtown restaurant Bistro Seven.Three.
- If you always wanted to try **speaking Italian** but haven't yet done so, then make June 10 at 3PM your first Italian class! Leo Piovano will have you speaking in no time.
- Our Lady of Peace Church has opened its **Rectory Food Pantry** to seniors on Tuesday, Wednesday and Thursday mornings from 10AM to noon. Patrons must show ID and then may choose from a provided list of available items. Two bags will be packed by volunteers, who may bring them to the patron's car. Thank you, OLP.

**THANK
YOU**

- After Hours is off to a fabulous start! Thanks to Peggy, Patty Kummer and their committee for making the program happen and for helping to welcome in the next generation of club members!
- Kean University intern Reggie Cook graciously helped us for several months. We wish him well as he pursues a career in the field of recreation. Maybe he'll be a senior center director someday!
- The Anniversary Luncheon was delicious and special, thanks to the efforts of Peggy MacNeil and her committee: Carolyn Foran, Rosalie Hamaty and Caroline Millar. A good time was had by all!
- Linda Kale and Christine Napolitano planned two great Passport trips in May to the Red Mill Museum and to Woodruff House and Eaton Store.
- Christine was also the chairwoman of the Memorial Day Remembrance. The community always comes out for this great event which was orchestrated fabulously.
- The Seniors Health Fair is a popular event and a huge undertaking. Thanks to Janice and her fabulous volunteers for pulling it together.

NP SENIOR CITIZENS CENTER

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

*A welcoming place for
New Providence residents,
ages 55 and up, to gather
and to enjoy events,
programs and each other.*

Center Coordinator
Peggy Brodeur

Hours
Mondays: 11 AM-4 PM
Tuesdays-Fridays:
10 AM-4 PM

NP SENIOR CITIZENS CLUB

*An organization dedicated
to providing social &
enriching activities & events for
New Providence seniors.*

Trustees
Chair: Maxine Hirsch
Pat Connolly,
Kay DeMarco, Enid Doyle,
Carolyn Foran, Rosalie Hamaty,
Jean Holmes, Ed Len,
Grace Parlapiano, Rosemarie
Sommo & Doris Velez

Club Officers
President: Christine Napolitano
Vice Pres.: Harry Kundrat
Treasurer: Sal Ligammary
1st Treasurer: Clara DelMonte
2nd Treasurer: Delores Felezzola

*Contact these members with any
questions regarding your club!*

TRIPS, ACTIVITIES & MEETINGS

*Tickets for events may be purchased at the center
on Wednesdays 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel
a reservation. Do not transfer a reservation—it will not be honored.*

Check the calendar
for ongoing
activities!

VOTE! **Tue. June 3 / 6AM-8PM: Voting at the Center**—In lieu of Salt Brook School, the center will serve as a polling location. The big room will be closed to normal Tuesday activities—they will be held in the card room instead.

 **Wed. June 4 / 11AM: Meeting**—The High School Band, under the direction of Michael Niedziejko, performs and helps us celebrate the May and June birthdays

 **Thu. June 5 / 7PM: After Hours**—Evening out for NP adults 50 years and older at the center. Welcome summer with a barbecue; bring a dessert or salad to share.

 **Mon. June 9 / 10:30AM: Passport Tour of Historical NJ Destinations/Salt Box Museum**—Rescheduled visit to our local museum. The group will meet up with the Lunch Bunch at 12:30PM at the new Bistro Seven.Three.

 **Tue. June 10 / 10AM-6:30PM: Casino Trip**—Phyllis takes us to Mt. Airy Resort in Pennsylvania. Must purchase tickets in advance. Cost: \$20.

 **Wed. June 11 / 11AM: Meeting**—Alex Balish of Care 1st provides CPR training using a defibrillator and on choking first aid.

 **Wed. June 18 / 11AM: Meeting**—Hear the story of “Seniors in Place”—how to stay at home safely. They will provide a snack and surprises. Listen to an *Il Divo* concert at 2:30PM, after Bingo.

 **Mon. June 23-Aug. 5 / 10AM-12:30: Take Control of Your Health Program**—Jan Ramos brings us another great Prevention Links program. Must register in advance and commit to the six week program. (No class July 28.) Lunch included.

 **Wed. June 25 / 11AM: Meeting**—Yasmin Ofek teaches us ways to maintain our balance. **2:30PM: NPSClub Walk Down Memory Lane**—Phyllis shares her and Hal’s DVDs of events held at the center in days gone by.

 **Wed. July 2 / 9AM: Mind Balance Maintenance Class**—Yasmin Ofek offers a free trial class. **11AM: Meeting**—Maestro Maull of The Discovery Orchestra will teach us how to listen to another classical masterpiece.

 **Thu. July 3 & Fri. July 4 / CENTER CLOSED for Independence Day**—NP downtown events on July 3 start at 7PM, including activities for kids, music and entertainment, capped off with fireworks at 9:15PM.

 **Wed. July 9 / 11AM: Meeting**—Topic TBA.

 **Fri. July 11 / 6PM: Somerset Patriots Baseball Game**—Bring the whole family to the ballpark to watch the Patriots take on the Sugar Land Skeeters. Post-game fireworks, too! Must register in advance. Cost: \$12.

 **Wed. July 16 / 11AM: Meeting**—Club picnic with Western style music and dance. Wear your hat and boots! Cost: \$14.

 **Fri. July 18 / Noon: Remember When...**—Jennie leads a discussion on jobs we held—the good, the bad and the ugly! May be some discussion on New Jersey, too. Bring lunch, or purchase pizza for \$1.75/slice. Register in advance.

 **Wed. July 23 / 11AM: Meeting**—Topic TBA.

 **Wed. July 30 / 11AM: Meeting**—Topic TBA.

A FEW OF MY FAVORITE THINGS

(From *The Sound of Music*)

Maalox and nose drops and needles for knitting,
 Walkers and handrails and new dental fittings,
 Bundles of magazines tied up with string,
 These are a few of my favorite things.

Cadillacs, cataracts, hearing aids, eye glasses,
 Polident, Fixodent, false teeth in glasses,
 Pacemakers, golf carts and porches with swings,
 These are few of my favorite things.

When the pipes leak, when the bones creak,
 When the knees go bad,
 Then I remember my favorite things
 And then I don't feel so bad.

Hot tea and crumpets, and corn pads for bunions,
 No spicy hot food nor food cooked with onions,
 Bathrobes and heat pads and hot meals they bring,
 These are a few of my favorite things.

Back pains, confused brains, and no fear of sinning'.
 Thin bones and fractures and hair that is thinning'.
 And we won't mention our short shrunken frames
 When we remember our favorite things.

When the joints ache, when the hips break,
 When the eyes grow dim,
 Then I remember the great life I've had,
 And the I don't feel so bad.

Then I remember the great life I've had
 And then I don't feel sooooo baaaad!

DID YOU EVER WONDER...

- ◊ Why is lemon juice made with artificial flavor and dishwashing liquid made with real lemons?
- ◊ Why is the man who invests all your money called a broker?
- ◊ Why is "abbreviated" such a long word?
- ◊ Why is it that doctors call what they "do practice"?

MOVIE MARQUEE

JUNE MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30AM & 2PM

June 3—*The Secret Life of Walter Mitty*
 June 10—*The Monuments Men*
 June 17—*Still Mine*
 June 24—*Labor Day*

TREAT YOURSELF TO LUNCH WITH THE LUNCH BUNCH

The first Lunch Bunch outing in May to Dahams Bagel & Deli included seven members. They agreed that the menu has a lot of variety from breakfast foods to lunch, including delicious salads. The dishes are quite tasty and plentiful.

Why not join the group on their June 9 outing to the new restaurant Bistro Seven.Three.? It's gotten a lot of good buzz, and the menu looks fabulous. Sign-up ahead so that we can let the proprietor know how many of us to expect.

A Heartfelt Thanks from Professor Dunscombe

Bill Dunscombe, who has been instructing and entertaining seniors at the center with his Union County College L.I.F.E. course, Selected Topics in Biology, for years, expressed his gratitude for a gift presented to him by the class attendees.

In his note, Professor Dunscombe says, "(H)aving the opportunity to meet with you and share my knowledge of Biology is truly a privilege and an honor that I truly cherish. You make my weeks brighter and I truly enjoy seeing each of you enjoy your learning experience. The questions and insights that you bring to each class stimulate me to learn and share more with you. You really give meaning to the expression that "who dares to teach must never cease to learn" and you truly inspire me to live up to this axiom."

Professor Dunscombe will be back again in the fall for another semester. Keep an eye out for details in the September newsletter!

Foreign Films with English Subtitles

- Thu. June 5 at 2PM and Tue. June 10 at 7PM—*The Other Son* (French & English)
- Tue. June 24 at 6:30PM—*The Past* (French and Persian)

June 2014

		June 2014					July 2014									
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		15	16	17	18	19	20	21	20	21	22	23	24	25	26	
		22	23	24	25	26	27	28	27	28	29	30	31			
Monday	Tuesday	Wednesday			Thursday			Friday			Saturday			Sunday		
10:00am Chair YOGA 11:00am BRIDGE Instruction 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm IN Control	2	POLLING PLACE 6am-8pm 9:00am BUS to Shoprite 9:45am Exercise w/MIKE 11:00am TENNIS w/DICK 1:00pm TaiChi w/AYRIEL 2:00pm CONVERSE Italian	3	HAPPY BIRTHDAY MAY & JUNE 10:00am BUS to CLUB 11:00am MEETING: NPHS BAND 12:30pm BINGO & Cards	4	9:45am EXERCISEw/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 7:00pm AFTER HOURS BARBECUE	5	9:45am EXERCISEw/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 7:00pm AFTER HOURS BARBECUE	6	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO	7	6:00pm RELAY FOR LIFE @ GL				
9:00am BUS to Shoprite 9:30am TRUSTEE Meeting 10:00am SaltBoxMuseum & 10:00am Chair YOGA 11:00am BRIDGE Instruction 12:30pm BRIDGE 12:30pm IN Control	9	9:45am Exercise w/MIKE 10:00am MAIRY CASINO \$20 11:00am TENNIS w/DICK 1:00pm TaiChi w/AYRIEL 2:00pm CONVERSE Italian 3:00pm BEGIN Italian	10	9:30am BloodPressureScreenin 9:00am BUS to CLUB 11:00am MEETING: CPR Training 12:30pm BINGO & Cards	11	9:45am EXERCISEw/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg 2:00pm BINGO & Cards	12	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO	13	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO	14	FLAG DAY				
9:00am Chair YOGA 9:30am TRUSTEE Meeting 10:00am SaltBoxMuseum & 10:00am Chair YOGA 11:00am BRIDGE Instruction 12:30pm BRIDGE 12:30pm IN Control	16	9:00am BUS to Shoprite 9:45am Exercise w/MIKE 10:00am ACTIVITIES Meeting 11:00am TENNIS w/DICK 1:00pm TaiChi w/AYRIEL 2:00pm CONVERSE Italian	17	9:30am BloodPressureScreenin 9:00am BUS to CLUB 11:00am MEETING: How To Stay HOME w/CARE Training 12:30pm BINGO & Cards 2:00pm IL DIVO Concert	18	9:45am EXERCISEw/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg 2:00pm BINGO & Cards	19	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO	20	9:00am FOUR CITIES BRIDGE	21					
10:00am Chair YOGA 11:00am BRIDGE Instruction 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm IN Control	23	9:00am BUS to Shoprite 9:45am Exercise w/MIKE 11:00am TENNIS w/DICK 1:00pm TaiChi w/AYRIEL 2:00pm CONVERSE Italian 3:00pm BEGIN Italian	24	9:30am BloodPressureScreenin 9:00am BUS to CLUB 11:00am MEETING: Maintaining BALANCE 12:30pm BINGO & Cards 2:00pm MemoryLane W/ Phyllis	25	9:45am EXERCISEw/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 2:00pm MemoryLane W/ Phyllis	26	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO	27	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO	28					
10:00am Chair YOGA 10:00am Take Control Health 11:00am BRIDGE Instruction 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm IN Control	30															
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