

New Providence Senior Citizens Newsletter

FEBRUARY 2014

Volume 14, Issue 2



COORDINATOR'S CORNER

- April 15 will be upon us before we know it. Why not get a jump on preparing your 2013 tax returns? **AARP's tax preparation service (TCE)** will be available at the center to help seniors and low-income qualifying adults on Mondays and Saturdays from 9AM-3PM from February 10 to April 14. Appointments may be made by calling the center. Please see page 5 for additional information about this useful, free program.
- Have fun playing Bridge, Scrabble, dice, Mahjongg, dominoes and other games with friends while supporting the club at the annual **President's Day Card & Games Party Fundraiser**. This year's event is on Monday, February 17 at 11:30AM. Tickets, which are \$7, may be purchased in advance from Joan Clark and Bill and Rita Wehrle. Attendees are asked to bring a snack for all to enjoy.
- 2014 marks the 350th anniversary of the State of New Jersey! To celebrate, we invite you to **tour many Union County historical sights and museums** with us. Each month we'll select a different destination—January's trip to our very own Salt Box Museum, postponed due to a snow storm, is rescheduled for February 4. February's trip is to Liberty Hall Museum on Kean University's campus. Get your passport (will be provided on the bus) stamped and join us for each leg of our local historical journey. Surprise prize for those with the most local UC stamps.
- **Wanted: helpers for our weekly meetings and the newsletter!**
 - We need a few extra hands to **help in the kitchen** before and during our Wednesday meetings. No cooking experience needed! Please see Phyllis if you can assist.
 - The **newsletter committee** could also use a few new contributors. The group meets on Mondays at 11AM at the center where members discuss content and review drafts. Once a month a mailing to members who can't attend the center is prepared. Please stop by one of the Monday meetings if you're interested!
- The Community Service Association (CSA) has been helping NP individuals and families for 60 years. They have been paying utility bills and rents, and also providing money for clothes, holiday cash, food and gifts for those in town who have fallen on hard times and who otherwise would have fallen between the cracks. CSA is now asking for your help to make some **tricky tray baskets to raffle off at their Pasta Dinner Fundraiser** which will be held at the center on Saturday, March 29. If you received some gifts that you do not want, why not re-gift them to CSA so someone else will buy and love them while helping a great cause? Check with Peggy for details.
- Save the date! The **Diversity Pot Luck Dinner has been rescheduled** for Saturday, March 22 at the center. This gives you plenty of time to plan your heritage treat to share and to gather friends to attend.

NP SENIOR CITIZENS CENTER

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

*A welcoming place for
New Providence residents,
ages 55 and up, to gather
and to enjoy events,
programs and each other.*

Center Coordinator
Peggy Brodeur

Hours
Mondays: 11 AM-4 PM
Tuesdays-Fridays:
10 AM-4 PM

NP SENIOR CITIZENS CLUB

*An organization dedicated
to providing social &
enriching activities & events for
New Providence seniors.*

Trustees

Chair: Maxine Hirsch
Pat Connolly, Jim Coyne,
Kay DeMarco, Enid Doyle, Carolyn Foran, Rosalie Hamaty,
Jean Holmes, Ed Len,
Grace Parlapiano,
& Doris Velez

Club Officers

President: Christine Napolitano
Vice Pres.: Harry Kundrat
Treasurer: Sal Ligammari
1st Treasurer: Clara DelMonte
2nd Treasurer: Delores Felezzola

*Contact these members with any
questions regarding your club!*

TRIPS, ACTIVITIES & MEETINGS

*Tickets for events may be purchased at the center
on Wednesdays 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel
a reservation. Do not transfer a reservation—it will not be honored.*

Check the calendar
for ongoing
activities!



Tue. Feb. 4 / 11:30AM: Historical Tour Museum Trip—Be transported back in time with a visit to NP's Salt Box Museum for a noon tour. Lunch on own at Galileo's Restaurant. Sign-up in advance.



Wed. Feb. 5 / 11AM: Meeting—The High School and Middle School Strings entertain, and Renee Pennisi from Veridian Energy talks to us about energy options. Bring your electric and gas bills.



Thu. Feb. 6 / 11AM: Injury Prevention Presentation—Renata Pac of Jag Physical Therapy will be at Myriam's exercise class to inform us of ways to avoid injuries while exercising. Light refreshments will be served. All are welcome!



Wed. Feb. 12 / Noon-3PM: Valentine's Luncheon—Come with your sweetheart or with friends to celebrate Cupid's holiday. Catered by Bacci Italian Restaurant. Cost: \$15.



Mon. Feb. 17 / 12:30PM: President's Day Card & Games Party Fundraiser—Enjoy cards and games at the center while supporting the club. Bring snacks to share with the group. Purchase tickets in advance. Cost: \$7.



Tue. Feb. 18 / 2PM: Roundtable Discussion—NP resident and attorney Joe Tiboni hosts a session about end-of-life directives. Sign-up in advance.



Wed. Feb. 19 / 11AM: Meeting—Michelle Carter of the Alzheimer's Association presents "Understanding Memory Loss".



Fri. Feb. 21 / Noon: Remember When...—Bring your baby picture to play "Guess the Baby" with friends and Jennie at the center. Bring lunch, or purchase pizza for \$1.75/slice. Sign-up in advance.



Tue. Feb. 25 / 11:30AM: Historical Tour Museum Trip—Tour Liberty Hall Museum at 2PM (bus leaves at 1:15PM). Brown bag lunch prior at the center. Sign-up in advance. Cost: \$10.



Wed. Feb. 26 / 11AM: Meeting—Physical therapist Dian Leyder works with an interior designer. Together they will inform us how to live at home safely with the presentation "Aging in Place".



Mon. March 3 / Noon: Historical Tour Museum Trip—Visit a local Union County historical destination (TBA). Lunch on own. Sign up in advance. Cost: TBA.



Tue. March 4 / 12:15PM: Lunch & Learn: Increase Vitality and Reduce Stress—Presented by Dr. Schlobohm of NP Chiropractic. Must register in advance!



Wed. March 5 / 11AM: Meeting—TBA.



Tue. March 11 / 5PM: St. Patrick's Dinner—Everyone is Irish at our annual dinner catered by Elmer's (traditional meal or chicken). Entertainment TBA. Purchase tickets in advance. Cost: TBA.



Wed. March 12 / 11AM: Meeting—The actors featured in NPHS's spring musical, *Crazy For You*, perform selections from the show.



Thu. March 13 / 2:30PM: NPHS Musical Dress Rehearsal—Transportation on own to NPHS's dress rehearsal of *Crazy for You*. The show will be presented to the public over the weekend.



Tue. March 18 / 10AM-6:30PM: Casino Trip—Seniors travel to Mt. Airy Resort in Pennsylvania. Must purchase tickets in advance. Cost: \$20.



Wed. March 19 / 11AM: Meeting—The Chatham Brass engages us with a festive St. Patrick's Day sing-a-long.



Wed. March 26 / 11AM: Meeting—Andrew Portelli presents "Assisting Seniors at Home".



Thu. March 27 / 9:30AM: Trip to Newark Destinations—Catch the cherry blossoms in bloom at Branch Brook Park, the Norman Rockwell exhibit at the Newark Museum, and enjoy lunch at the Spanish Manor in Newark. Must register in advance. Cost: TBA.



- Angie Mazzarisi, Christine Napolitano and their guest speakers from Mary Kay, Accessories Plus, Lia Sophia, and Nickel Street Salon graciously shared their knowledge on how to stay fashionable and "current" after fifty. Goodies from Beyond Delicious made for a nice afternoon event.
- We celebrated the Year of the Horse with a delicious Chinese New Year luncheon at Szechuan Delight. Thanks, Linda & Harry, for arranging it.
- Putting up the holiday decorations is a lot of work, but so is taking them down! Thank you to the volunteers who packed them up so that DPW staff could put them back in the attic.
- Thanks to Don Kern and Byron Wurst for continuing to serve as Sergeants-of-Arms for the weekly meetings. We appreciate their service in this capacity.

Presidents' Day: Presidents' Day is celebrated on the third Monday in February. Originally established in 1885 in recognition of President George Washington, it is still officially called "Washington's Birthday" by the federal government. It is now popularly viewed as a day to celebrate all U.S. presidents past and present.

Fun Valentine's Day Facts from stvalentinesday.org

- About 1 billion Valentine's Day cards are exchanged in the US each year.
- Worldwide, over 50 million roses are given for Valentine's Day each year.
- California produces 60% of American roses, but the vast number sold on Valentine's Day in the U.S. are imported, mostly from South America. Approximately 110 million roses, the majority red, will be sold and delivered within a three-day time period.
- In the Middle Ages, young men and women drew names from a bowl to see who their valentines would be. They would wear these names on their sleeves for one week. To wear your heart on your sleeve now means that it is easy for other people to know how you are feeling.
- The Italian city of Verona, where Shakespeare's lovers Romeo and Juliet lived, receives about 1,000 letters addressed to Juliet every Valentine's Day.

FREE 2013 TAX RETURN ASSISTANCE

AARP-TCE counselors will be available at the center to assist individuals of low to moderate incomes in the preparation and filing of their 2013 taxes:

Mondays & Saturdays, 9AM-3PM

Monday, February 10 through Monday April 14.

One hour appointments may be made by visiting or calling the center weekdays from 1-4PM. Walk-ins will be seen only if counselors are available.

Filers must arrive 15 minutes early to complete paperwork. If filing a joint return, both taxpayers must be present to authorize the electronic filing.

Returns will be filed electronically from the center, and each client will receive a paper copy.

The following documents need to be brought to the appointment:

- Photo identification (if possible) and social security cards
- Copies of 2012 Federal & State returns
- All 2013 W-2s, including Forms 1099-R, 1099-INT, 1099-DIV, 1099-B and SSA-1099
- NJ 2013 Property Tax Bills
- Amount of rent paid in 2013, if applicable
- Your bank routing number and account number if you want your refund paid into or payment withdrawn from a checking or savings account
- Any other relevant documents.



IRS

MOVIE MARQUEE

FEBRUARY'S FREE MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30AM & 2:00PM

- February 4: *Blue Jasmine*
- February 11: *Unfinished Song*
- February 18: *Captain Phillips*
- February 25: *All Is Lost*

Foreign Films with English Subtitles

- Thursday, February 6 at 2PM: *Shun Lin and the Poet* (Italian and Mandarin)
- Tuesday, February 25 at 7PM: *Three Worlds* (French and Romanian)

February 2014

February 2014							March 2014						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
2	3	4	5	6	7	8	2	3	4	5	6	7	8
9	10	11	12	13	14	15	9	10	11	12	13	14	15
16	17	18	19	20	21	22	16	17	18	19	20	21	22
23	24	25	26	27	28		23	24	25	26	27	28	29
							30	31					

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
9:30am TRUSTEE Meeting 10:00am Chair YOGA 10:30am UCClass: Biology 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm In CONTROL	9:00am BUS to Shoprite 11:00am TENNIS w/ DICK 12:00pm SaltBoxMuseum & Lunch 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes	10:00am BUS to CLUB 11:00am MEETING: NPMS & HSringgs 12:30pm BINGO & Cards 1:15pm EXERCISE w/MIKE	9:45am EXERCISEw/MYRIAM 10:30am InjuryPrevention&Exerc 12:30pm PARTNER Bridge 1:00pm Mah Jongg	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE	
3	4	5	6	7	8
9:00am AARPincomeTaxPrep 10:00am Chair YOGA 10:30am UCClass: Biology 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm In CONTROL	9:00am BUS to Shoprite 11:00am ACTIVITIES Meeting 11:00am TENNIS w/ DICK 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes 2:15pm SETUP FOR Lunch	11:00am BUS to CLUB 12:00pm VALENTINES LUNCH 1:15pm EXERCISE w/MIKE	9:45am EXERCISEw/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg	9:00am FOUR CITIES BRIDGE 9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE	9:00am AARPincomeTaxes
10	11	12	13	14	15
9:00am AARPincomeTaxPrep 10:00am Chair YOGA 10:30am UCClass: Biology 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm In CONTROL	9:00am BUS to Shoprite 11:00am TENNIS w/ DICK 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes 2:00pm Roundtable Discussion: EndofLife	9:30am BloodPressureScreenin 10:00am BUS to CLUB 11:00am MEETING: Understanding MEMORY LOSS? 12:30pm BINGO & Cards 1:15pm EXERCISE w/MIKE	9:45am EXERCISEw/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:00pm Jennie:REMEMBER BabyPictures 1:00pm SCRABBLE	9:00am AARPincomeTaxes
17	18	19	20	21	22
9:00am AARPincomeTaxPrep 10:00am Chair YOGA 10:30am UCClass: Biology 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm President CARD & GAME Party	9:00am BUS to Shoprite 11:00am TENNIS w/ DICK 12:15pm Libet HaliluseumTour \$10 - BrownBagLunch 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes	9:30am BloodPressureScreenin 10:00am BUS to CLUB 11:00am MEETING: AGING in PLACE 12:30pm BINGO & Cards 1:15pm EXERCISE w/MIKE	9:45am EXERCISEw/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE	
24	25	26	27	28	
9:00am AARPincomeTaxPrep 10:00am Chair YOGA 10:30am UCClass: Biology 11:00am NEWSLETTER 12:30pm BRIDGE 12:30pm In CONTROL	9:00am BUS to Shoprite 11:00am TENNIS w/ DICK 12:15pm Libet HaliluseumTour \$10 - BrownBagLunch 1:00pm TaiChi w/AYRIEL 2:00pm Italian Classes	9:30am BloodPressureScreenin 10:00am BUS to CLUB 11:00am MEETING: AGING in PLACE 12:30pm BINGO & Cards 1:15pm EXERCISE w/MIKE	9:45am EXERCISEw/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE	
24	25	26	27	28	