

New Providence Senior Citizens Newsletter

MAY 2013

Volume 13, Issue 5



COORDINATOR'S CORNER

- **The Senior Citizen's Health Fair** on May 8 is a wonderful opportunity to learn about medical and health-related information and to talk directly with physicians, nurses, vendors and others in the field. Please make an appointment and complete the paperwork for a fasting blood screening. Stop by the center any day after 1PM. Early appointments go quickly! Join our volunteers to set-up the afternoon of May 7 and to help during the event. Please sign-up at the center.
- It's time to celebrate *us* and recognize a couple of our "Special People", Reggie Polakowski and Ruthie Faragi, at our **54th Anniversary Luncheon** at Berkeley Plaza on Wednesday, May 9 at noon. Reggie and Ruthie have done many things throughout the years, volunteering in our kitchen and "sherriffing" at our meetings to name a few (Ruthie always asks, "Where's your badge?"). Not only is the food delicious, but the entertainment of Bob Marino will get us swinging to the beat. Dancing is not required, however having fun and celebrating our club is. If you wish to take the bus, please sign-up at the center. Let us enjoy one another! Note the reduced price of \$28 for this special occasion.
- **Bingo on a Saturday afternoon:** NP students want to spend some time with us doing something fun. How about Bingo?! Saturday, May 18 from 10:30AM to noon, we will play Bingo and enjoy some snacks and prizes at the American Legion. Bring a friend and enjoy the kids and yourselves!
- New Providence's **Memorial Day** parade is a perennial favorite, as is the reception that we host afterwards at the center. Families gather here as we honor those who served and continue to serve our country. Please contribute to the day by volunteering and/or providing some finger foods. Thanks!

TAKE NOTE!

The center will be closed on Thursday, May 9
so that we may celebrate our 54th Anniversary together.



- Harry once again did a fantastic job planning the Newark trip to see the cherry blossoms and Sacred Heart Cathedral. Lunch was delicious, too!
- Many enjoyed the "Crime of the Century" trip to destinations associated with the Lindberg trial. Thanks to Linda Kale for coordinating it.
- Thanks to Christine for coordinating the Craft Boutique. Many got to show off their talents and sell their special items, while others were able to purchase unique gifts.

NP SENIOR CITIZENS CENTER

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

*A welcoming place for
New Providence residents,
ages 55 and up, to gather
and to enjoy events,
programs and each other.*

Center Coordinator
Peggy Brodeur

HOURS
Mondays: 11 AM-4 PM
Tuesdays-Fridays:
10 AM-4 PM

NP SENIOR CITIZENS CLUB

*An organization dedicated
to providing social &
enriching activities & events for
New Providence seniors.*

Trustees

Chair: Maxine Hirsch
Marty Ammenwerth,
Pat Connolly, Jim Coyne,
Kay DeMarco, Enid Doyle,
Jean Holmes, Harry Kundrat,
Grace Parlapiano,
Rosemarie Sommo & Doris Velez

Club Officers

President: Bernice Liquori
Vice Pres.: Christine Napolitano
Treasurer: Lucia Leao
1st Treasurer: Clara DelMonte
2nd Treasurer: Delores Felezzola

*Contact these members with any
questions regarding your club!*

TRIPS, ACTIVITIES & MEETINGS

Tickets for events may be purchased at the center on Wednesdays 9:45 to 10:45AM.

Please visit or call the center at 665-0046 if you need to cancel a reservation.

Do not transfer a reservation—it will not be honored.

Check the calendar
for ongoing
activities!



Wed. May 1 / 11AM: Meeting—May birthdays with the music of Celeste Zazzali's AWR band.



Tue. May 7 / 1PM: Health Fair Set-up—Many hands are needed to set-up for the May 8 Health Fair. Sign-up at the center. (Tai-chi will be at noon this day only.)



Wed. May 8 / 8-11AM: 15th Annual Senior Citizen's Health Fair—Health-related vendors, doctors and service providers will be on-hand to speak with seniors. Appointments for fasting blood screenings may be made at the center daily after 1PM. Early appointments fill quickly, and paperwork must be completed in advance.



Thu. May 9 / Noon-3PM: Anniversary Luncheon (CENTER CLOSED)—Celebrate our 54th year with lunch, music and entertainment by Bob Marino at Berkeley Plaza. Honor Reggie & Ruthie for their years of volunteering—they are our "Special People" this year! Cost: \$28.



Wed. May 15 / 11AM: Meeting—The Caring/Sharing Network informs us of their many services.



Thu. May 16 / 12:30-3PM: Prevention Links—Jan Ramos restarts his six week "Take Control of Your Health" program, ending June 20. Lunch included. Sign-up necessary.

BINGO

Sat. May 18 / Time 10:30AM-noon: Bingo—Celebrate our community's Day of Sharing by playing Bingo with NP students at the American Legion. Sign-up at the center.



Tue. May 21 / 9AM-6PM: Trip to Mt. Airy—Enjoy a day at this popular and beautiful Pennsylvania destination. Cost: \$20.



Wed. May 22 / 11AM: Meeting—Chatham Brass prepares us for Memorial Day with their Armed Services Concert.



Fri. May 24 / 1PM: Set-up for Memorial Day Remembrance—Help prepare the center for our honorees and guests.



Mon. May 27 / 10:30AM-1PM: Memorial Day Remembrance—We'll host our annual reception after the parade. Please contribute "finger goodies" for our guests.



Wed. May 29 / 11AM: Meeting—Learn about energy sources available from Viridian Energy.



Wed. June 5 / 11AM: Meeting—Mike Niedziejko leads the NPHS band. Celebrate June birthdays.



Fri. June 7 / 11:3AM: Remember When...—Share your vacation memories with Jennie and the gang. Pizza will be served, as well as lots of laughs. Sign-up in advance.



Wed. June 12 / 11AM: Meeting—Carolyn Foran presents "Bits and Pieces of our Wonderful World", a talk about her travels around the world illustrated by rocks and minerals she has collected.



Thu. June 13 / Time TBA: Movie Afternoon/Evening—More info to come.



Fri. June 14 / 10AM-6:30PM: Trip to Mt. Airy—Visit Mt. Airy Lodge & Casino. Cost: \$20.



Fri. June 14 / Noon: Cooking Demo, Lunch & Bingo—Provided at the center by Brandywine at Mountain Ridge. Register in advance.



Fri. June 14 / 6:30PM: Flag Retirement Ceremony—At the American Legion. Bring the family!



Wed. June 19 / 11AM: Meeting—TBA.



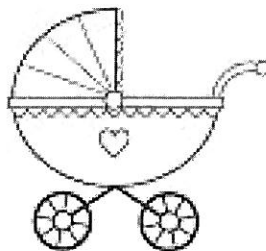
Wed. June 26—11AM: Meeting—TBA.



Wed. June 26 / 8:30AM-6PM: Blueberry Tour Trip—A full day of fun on a guided tour of blueberry farms in southern NJ. More info to come.

New Baby

When a woman found out that she was pregnant, she lit up the phone lines telling everyone the good news. One day later that week, she took her four year old son, Sam, out shopping. A woman asked the boy if he was excited about the



baby. "Yes", she said. "I know what we are going to name it. If it is a girl, we're calling her Molly, and if it's a boy, we're going to call it quits."

THE RUBBER DUCKY RACE... BE IN IT TO WIN IT! Saturday, June 1, 3:00-4:00PM



The \$5 adoption tickets for the Saturday, June 1 race are now on sale. The Berkeley Heights Rotary Club, which hosts the Rubber Ducky Race, has designated the NP Senior Citizens Club as a "Soliciting Sponsor". This means that the Club will receive 49% of the price of each ticket that it sells.

June 1 is not far away, so let us all put forth a good effort to make May a big sales month!

Each ticket purchased corresponds to a rubber ducky which will "race" on the Passaic River on June 1. The first fifty to cross the finish line all win prizes donated by local vendors. So purchase a ticket, or two, or three, because in addition to helping our club, you may be a winner! The festival begins at noon and features a car show, music, moonwalk, games and more! Visit their website: www.bhrubberducky.org for more details.

See you at the race!

A tribute to all Grandmas and Grandpas who have been fearless and learned to use a computer...

The computer swallowed Grandma,
Yes honestly it's true!
She pressed "control" and "enter"
And disappeared from view.
It devoured her completely,
The thought just makes me squirm.
She must have caught a virus
Or got eaten by a worm.
I've searched through the recycle bin
And files of every kind;
I've even used the Internet,
But nothing did I find.
In desperation I asked Mr. Google
My searches to refine.
The reply from him was negative,
Not a thing was found online.
So, if inside your Inbox
My grandma you should see,
Please copy, scan and paste her
And send her back to me!



MAY

May is named after the Greek goddess, Maia. The Anglo-Saxon name for May was Tri-Milchi, in recognition of the fact that with the lush new grass, cows would be milked three times a day. It was first called May about 1430. Before then it was called Maius, Mayes, or Mai.

May's birthstone is the emerald, and its flower is the lily.



MOVIE MARQUEE

MAY'S FREE MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30AM & 2PM

- May 14—*Lincoln*
- May 21—*Les Miserables*
- May 28—*The Impossible*

Foreign Films

- May 2 at 2PM & May 14 at 6PM—*Like Stars on Earth* (Hindi & English with English subtitles)
- May 28 at 7PM—*Italian for Beginners* (Danish & Italian with English subtitles)

May 2013

| May 2013 | | | | | | | June 2013 | | | | | | |
|----------|----|----|----|----|----|----|-----------|----|----|----|----|----|----|
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| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 26 | 27 | 28 | 29 | 30 | 31 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | | | | | 30 | | | | | | |

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Sat/Sun | |
|--------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------------|--------|-------------------------------------------------------------------------------------------------------------------|---------|----|
| | | | | | May 1 | | 2 | | 3 | | 4 |
| | | | | | HAPPY BIRTHDAY 10:00am BUS to MEETING 11:00am MEETING: AWR BAND 12:30pm BINGO & CARDS | | 9:45am EXERCISE w/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 1:30pm "WritingOurMemories" | | 9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:00pm UCCClass: BIOLOGY 1:00pm SCRABBLE 1:00pm TAI CHI | | |
| 6 | 9:30am Trustee Meeting 10:00am CHAIR YOGA 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:00pm In Control EXERCISE 12:30pm BRIDGE 1:00pm Music & Song | 7 | 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 12:00pm TAI CHI w/Ayriel 1:00pm Setup HEALTH FAIR | 8 | HEALTH FAIR 8AM-11AM 8:00am BLOOD SCREENINGS & Other TESTS & VENDORS until 11:00AM 8:00am Blood Screenings, Vendors & Information | 9 | 11:00am Bus Pickup 12:00pm ANNIVERSARY Luncheon ((Center Closed)) 12:00pm Berkeley Plaza Luncheon-\$28 | | 9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE | 10 | 11 |
| 13 | 10:00am CHAIR YOGA 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:00pm In Control EXERCISE 12:30pm BRIDGE 1:00pm Music & Song | 14 | 9:00am BUS to Shoprite 9:30am MAirycASINO 9:45am EXERCISE w/MIKE 11:00am ACTIVITIES Meeting 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel | 15 | 10:00am BUS to CLUB 11:00am MEETING:Caring/Shari Network 12:30pm BINGO | 16 | 9:45am EXERCISE w/MYRIAM 12:30pm DUPLICATE Bridge 12:30pm TakeControlOfYourHea 1:00pm Mah Jongg 1:30pm "WritingOurMemories" | | 9:00am 4 Cities BRIDGE 9:00am BUS to MALL 10:00am ZUMBA w/TONYA 1:00pm SCRABBLE | 17 | 18 |
| 20 | 10:00am CHAIR YOGA 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:00pm In Control EXERCISE 12:30pm BRIDGE 1:00pm Music & Song | 21 | 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel | 22 | 9:30am BloodPressureScreenin 10:00am BUS to MEETING 11:00am MEETING:Chatham Brass: ArmedServiceConcert 12:30pm BINGO & CARDS | 23 | 9:45am EXERCISE w/MYRIAM 12:30pm PARTNER Bridge 12:30pm TakeControlOfYourHea 1:00pm Mah Jongg 1:30pm "WritingOurMemories" | | 9:00am BUS to MALL 10:00am ZUMBA w/TONYA 12:30pm PIZZA BINGO 1:00pm SCRABBLE 2:00pm MemorialDay SETUP | 24 | 25 |
| 27 | Remember MEMORIAL DAY 9:30am NP PARADE 11:00am HotDog Reception after PARADE | 28 | 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel | 29 | 10:00am BUS to MEETING 11:00am MEETING: ENERGY&Utilities 12:30pm BINGO & CARDS | 30 | 9:45am EXERCISE w/MYRIAM 12:30pm BRIDGE or POKER 12:30pm TakeControlOfYourHea 1:00pm Mah Jongg 1:30pm "WritingOurMemories" | | 9:00am BUS to MALL 10:00am ZUMBA w/TONYA 1:00pm SCRABBLE | 31 | |