

New Providence Senior Citizens Newsletter

APRIL 2013

Volume 13, Issue 4



COORDINATOR'S CORNER

- Help us to spread cheer by bringing in blank **birthday and get well cards** (non-religious) for us to send to our members. You may get them unsolicited from charitable organizations, and we can put them to good use.
- Member Leo Piovano, who teaches Italian at the center, will share his experiences in World War II and in the Korean War in his presentation: **An Italian Journey from War to Peace and from Peace to Diversity**. See him at the NP Memorial Library on Saturday, April 6 at 3PM. Leo will also speak about art in the Easter Season at our April 17 meeting.
- The annual **Seniors Health Fair** is Wednesday, May 8 from 8-11AM. Beginning April 15, paperwork will be available and appointments may be made at the center between 1-4PM for a complete fasting blood chemistry screening. Local healthcare professionals and service providers will be at the fair to speak with you and many will provide demonstrations. Many hands are needed to make the fair a success. If you can help Janice with this busy morning, please sign-up at the center and come to the planning session on April 11 at 1PM.
- With the construction last August, we didn't get a chance to do a "head to toe" cleaning of the center. On April 10 we'll do a good ole' **spring cleaning** and get our place in tip-top shape. We'll have some desserts to help keep everyone's energy up. Sign-up to help at the center.
- It's not too late to join Lucia as she directs us on **"Writing our Memoirs"**. We are like "books in a library," each with a story to tell. Lucia will guide us through the pages for ourselves and the generations that follow us. Come by on Thursdays from 1:30-3PM from April to June 6.
- The **NP Historical Society invites you to celebrate their anniversary** on Thursday, April 11 at 6PM with a dinner hosted by "Martha Washington" at Berkeley Plaza. The cost is \$32. Please see Linda Kale for more information and tickets.
- The April 1 **Cards and Games Party** fund raiser will be rescheduled. See Joan or Rosemarie for more information.
- The UCC class, **Selected Topics in Biology** will take place on **Fridays** in April and May.
- It is almost **time for our gardens** to come alive. Watch for information on ways to participate.



- Pat Connolly helped us celebrate the Irish in all of us with a fabulous St. Patrick's Day dinner.
- We thank Harry for sharing his bird trivia with us and for organizing the trip to Newark. We look forward to Christine adding her "Bird Facts" and bird crafts soon.
- Mary and Ira Krauss donated two large pamphlet and magazine racks that are attractive and useful. Thanks!

NP SENIOR CITIZENS CENTER

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

*A welcoming place for
New Providence residents,
ages 55 and up, to gather
and to enjoy events,
programs and each other.*

Center Coordinator
Peggy Brodeur

HOURS
Mondays: 11 AM-4 PM
Tuesdays-Fridays:
10 AM-4 PM

NP SENIOR CITIZENS CLUB

*An organization dedicated
to providing social &
enriching activities & events for
New Providence seniors.*

Trustees
Chair: *TBA*
*Marty Ammenwerth,
Pat Connolly, Jim Coyne,
Kay DeMarco, Enid Doyle,
Maxine Hirsch, Jean Holmes,
Harry Kundrat,
Grace Parlapiano,
Rosemarie Sommo & Doris Velez*

Club Officers
President: *Bernice Liquori*
Vice Pres.: *Christine Napolitano*
Treasurer: *Lucia Leao*
1st Treasurer: *Clara DelMonte*
2nd Treasurer: *Delores Felezzola*

*Contact these members with any
questions regarding your club!*

TRIPS, ACTIVITIES & MEETINGS

Tickets for events may be purchased at the center on Wednesdays 9:45 to 10:45AM.

Please visit or call the center at 665-0046 if you need to cancel a reservation.

Do not transfer a reservation—it will not be honored.

Check the calendar
for ongoing
activities!

- ★ **Wed. April 3 / 11AM: Meeting**—One of Gerry Polci's Middle School band ensembles helps us celebrate the April birthdays.
- 😊 **Sat. April 6 / 3PM: Diversity Presentation**—Our own Leo Piovano presents "An Italian Journey from War to Peace and from Peace to Diversity" at the NP Memorial Library.
- ★ **Wed. April 10 / 11AM: Meeting**—Awareness presentation by Bill Daley on living well after a stroke.
- 🏥 **Thu. April 11 / 1PM: Health Fair Planning meeting** with Janice. **6PM / NP Historical Society Anniversary Dinner**—At Berkeley Plaza. Contact Linda Kale for tickets. Cost: \$32.
- 🎨 **Fri. April 12 / 5-8PM: Art Opening/Reception**—The Child Within: Art About Children and Childish Things at the Summit Medical Group in Berkeley Heights. Performances by the NJ Youth Symphony and Wharton Music Center, a face painter and snacks will be available. Member Linda Howe is the story teller as well as an artist. No registration needed.
- 🚌 **Mon. April 15 / 9:30AM: Trip to Newark Destinations**—Excursion to see Branch Brook Park's beautiful cherry blossoms, Sacred Heart Cathedral and to the Spanish Manor for lunch. Cost \$30.
- ★ **Wed. April 17 / 11AM: Meeting**—Leo shares information about Easter-themed art.
- 🚌 **Thu. April 18 / 8:45AM-5PM: Lindbergh Trip**—Explore the "Crime of the Century"—the Lindbergh kidnapping case. Includes the Police Museum in West Trenton, lunch at Paulie's Restaurant and a tour of the Flemington Court House and Jail. Co-sponsored by the NP Historical Society. Cost: \$25.
- 🎨 **Sat. April 20 / 10AM-4PM: Craft Boutique**—Tables are available for \$25 so that you can sell your specialties, or just come by to pick-up unique items. Volunteers needed: set-up/7AM & clean-up/4PM.
- 🎵 **Sun. April 21 / 3PM: The Discovery Orchestra**—Maestro Maull and the Jerry Vezza Quintet present Discover Gershwin at Drew University. Sign-up in advance. Cost: \$15.
- ★ **Wed. April 24 / 11AM: Meeting**—Learn how to protect yourself from mail, phone and email fraud.
- 😊 **Fri. April 26 / Noon: Remember When... Jewelry and Hats**—Bring your friends and join Jennie for a fun afternoon showing and discussing your jewelry and hats. Sign-up in advance and prepare to laugh.
- ★ **Wed. May 1 / 11AM: Meeting**—Celebrate the May birthdays with Celeste Zazzali's AWR band.
- 🏥 **Tue. May 7 / 1PM: Health Fair Set-up**—Hands are needed to set-up the center for the May 8 Health Fair. Sign-up at the center. (Tai-chi will be at noon this day only.)
- 🏥 **Wed. May 8 / 8-11AM: 15th Annual Senior Citizen's Health Fair**—Health-related vendors, doctors and service providers will be on-hand to speak with seniors. Fasting blood screening paperwork must be completed in advance and will be available beginning April 15 at 1PM.
- 🎨 **Thu. May 9 / Noon-3PM: Anniversary Luncheon (CENTER CLOSED)**—Celebrate our 54th year with lunch, music, entertainment by Bob Marino and friend, and dancing at Berkeley Plaza. Cost: \$32.
- ★ **Wed. May 15 / 11AM: Meeting**—TBA.
- 🏥 **Thu. May 16 / 12:30-3PM: Prevention Links**—Jan Ramos restarts his six week "Take Control of Your Health" program ending June 20. Lunch included. Sign-up is necessary.
- ★ **Wed. May 22 / 11AM: Meeting**—Chatham Brass prepares us for Memorial Day with their Armed Services Concert.
- 🇺🇸 **Mon. May 27 / 11AM: Memorial Day Remembrance**—We'll host our annual reception after the parade with hot dogs and other refreshments. Please contribute "finger goodies" for our guests.
- ★ **Wed. May 29 / 11AM: Meeting**—Learn about energy sources available from Viridian Energy.

The Good Old Days

Do you remember the good old days? Well I sure do! If your memory needs a little nudge, some of these things will take you right back, and I hope bring a smile to your face.

Pick-up the phone and you heard, "Number please?" and you said, "Randolph 4-3381." You picked up the phone and heard voices! Remember party lines? You had to remember your ring before you answered the phone!



Playing tag and hide and go seek on a summer evening. Catching lightening bugs in a jar. Sometimes we pinched off the glowing end and put it on our finger for a glorious glowing ring! How could we do that?

More to come next month...

THE RUBBER DUCKY RACE IS COMING SOON!



The \$5 Duck Adoption tickets for this mid-June event will soon be available. The NP Senior Citizens Club has been designated by the Berkeley Heights Rotary Club as a "Soliciting Sponsor." This means that our Club will receive 49% of the price of each ticket that it sells. WOW!

Our treasury appreciates funds, and we want all of our members, active and inactive, to pitch in and agree to sell 2 tickets (or more!) at a total cost of \$10 to friends, neighbors, family or themselves. If you're inactive or a member with a Medic Alert, please call Jack Spencer at 908-665-1342 to learn how you can do your part. Remember that while you're helping to boost the Club treasury, you also have a chance for a prize (all are donated by Berkeley Heights merchants) if your duck is one of the first 50 to cross the finish line.

See you at the race!

CASINO MAGIC TOUR

FOXWOODS GREAT CEDAR HOTEL

June 5-7, 2013

\$270/pp double occ.; \$369/pp single occ.

The package includes:

- 3 days and 2 nights at Great Cedar Hotel
- 2 breakfasts & 2 dinners
- Foxwoods Casino Bonus—\$20 Slot Play
- Visits to Mohegan Sun Casino & MGM Grand Casino
- Submarine Base Museum, Olde Mystic Village
- Guided tour Newport, RI
- Visit a Newport mansion
- Souvenir gift
- Luggage handling, taxes and meal gratuities
- Motor coach transportation.

\$140 due on April 15 ~ Balance due on April 26

For more info contact Phyllis Winters: 464-3039.

Senior Moment

An elderly gent was invited to his old friend's home for dinner one evening. He was impressed by the way his buddy preceded every request to his wife with endearing terms: Honey, My Love, Darling, Sweetheart, Pumpkin, etc. The couple had been married almost 70 years and, clearly, they were still very much in love.

While the wife was in the kitchen, the man said to his host, "I think it's wonderful that after all these years you still call your wife those loving pet names."

The older man hung his head. "I have to tell you the truth," he said, "I forgot her name about ten years ago."

MOVIE MARQUEE

APRIL'S FREE MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30AM & 2PM

- April 2—*Argo*
- April 9—*The Words*
- April 16—*Hitchcock*
- April 23—*Zero Dark Thirty*
- April 30—*Life of Pi*

Foreign Films

- *Chicken with Plumbs*—April 4 at 2PM & April 9 at 7PM (French with English subtitles)
- *Hara-Kiri: Death of a Samurai*—April 23, 6:30PM (Japanese with English subtitles)

April 2013

Monday		Tuesday		Wednesday		Thursday		Friday		Sat/Sun	
April 1		2		3		4		5		6	
9:30am Trustee Meeting 11:00am NEWSLETTER 12:30pm BRIDGE 1:00pm Music & Song		9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel 2:00pm Italian Classes		HAPPY BIRTHDAY 10:00am BUS to MEETING 11:00am MEETING: NPMS-Jazz Ensemble 12:30pm BINGO & CARDS 1:00pm BIRD treats		9:45am EXERCISE w/MIYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 1:30pm "WritingOurMemories"		9:00am BUS to MALL 10:30am UCCClass: BIOLOGY 12:30pm PIZZA BINGO 1:00pm SCRABBLE 1:00pm TAI CHI		9:00am AARP- Taxes 3:00pm LEO at the NP Memorial Library	
9:00am AARP- Taxes 10:00am CHAIR YOGA 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:00pm In Control EXERCISE 12:30pm BRIDGE 1:00pm Music & Song	8	9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am ACTIVITIES Meeting 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel 2:00pm Italian Classes 3:00pm SPEAK ITALIAN	9	9:30am BloodPressureScreenin 10:00am BUS to MEETING 11:00am MEETING: StrokeAWARENESS 12:30pm BINGO & CARDS 1:30pm "CLEAN-Up" TIME	10	9:45am EXERCISE w/MIYRIAM 12:30pm DUPLICATE Bridge 1:00pm JANICE: HealthFairMee 1:00pm Mah Jongg 1:30pm "WritingOurMemories"	11	9:00am BUS to MALL 10:30am UCCClass: BIOLOGY 12:30pm PIZZA BINGO 1:00pm SCRABBLE 5:00pm ART OPENING @ SUMedicalGroup	12	9:00am AARP- Taxes	13
9:00am AARP- Taxes 10:00am CherryBlossom Trip 10:00am CHAIR YOGA 11:00am NEWSLETTER 12:00pm In Control EXERCISE 12:30pm BRIDGE 1:00pm Music & Song	15	9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel 2:00pm Italian Classes	16	9:30am BloodPressureScreenin 10:00am BUS to MEETING 11:00am MEETING: ART in EASTER 12:30pm BINGO & CARDS	17	9:00am NJ "Trial of the Century" Trip - \$25 9:45am EXERCISE w/MIYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg 1:30pm "WritingOurMemories"	18	9:00am BUS to MALL 9:00am ZUMBA w/TONYA 10:00am 4 Cities BRIDGE 10:30am UCCClass: BIOLOGY 1:00pm SCRABBLE 1:00pm TAI CHI	19	CRAFT SHOW 10am - 4pm 7:00am SetUP CRAFT SHOW 4:00pm Cleanup	20
10:00am CHAIR YOGA 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:00pm In Control EXERCISE 12:30pm BRIDGE 1:00pm Music & Song	22	9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel 2:00pm Italian Classes 3:00pm SPEAK ITALIAN	23	9:30am BloodPressureScreenin 10:00am BUS to MEETING 11:00am MEETING: PostOffice FRAUD 12:30pm BINGO & CARDS	24	9:45am EXERCISE w/MIYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 1:30pm "WritingOurMemories"	25	9:00am BUS to MALL 10:00am ZUMBA w/TONYA 10:30am UCCClass: BIOLOGY 12:00pm "REMEMBER Jewelry&Hats"	26	3:00pm DiscoveryOrchestra	27
10:00am CHAIR YOGA 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:00pm In Control EXERCISE 12:30pm BRIDGE 1:00pm Music & Song	29	9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/Ayriel 2:00pm Italian Classes	30								28