

New Providence Senior Citizens Newsletter

JANUARY 2013

Volume 13, Issue 1



COORDINATOR'S CORNER

- Welcome back, and welcome to 2013! We hope you had a restful and joyous holiday. Make this the year you **take advantage of our many programs**—exercise classes, games, trips, workshops, music, language lessons and more! What would you like to see offered? This is your center, and we want to provide programs that interest you. Would you like to plan evening or weekend events? Email (pbrodeur@newprov.org) or call me with your ideas so we can meet and, with your energy and enthusiasm, we can try to make it happen!
- In Chinese astrology the snake is associated with beauty and wisdom, so on Wednesday, January 23 be smart and join us at 2PM for a **Chinese Luncheon** as we celebrate the Year of the Water Snake at Szechuan Delight on Central Avenue. The cost is \$14.
- **Selected Topics in Biology** begins its spring semester on Monday, January 28 at 10:30AM. Prof. Bill Dunscombe of Union County College welcomes seniors to an informative, interactive and relaxed class with no tests, papers or exams! It runs on Mondays through March and then will move to Fridays through early May (exact dates to follow).
- Get your tax documents together! **AARP's tax preparation service** (TCE) will be available to help seniors and low-income qualifying individuals on Mondays and Saturdays at the center February 11 through April 15. More info to come.
- With winter upon us, remember that the center follows the NP school district's lead for **center closings**. If the schools are closed, the center is closed; if the schools have a delayed opening, the center opens at noon. These news outlets provide NP school closing info: TV35, WABC-TV, WNBC-TV, WKXW radio/101.5 FM and online at www.npsd.k12.nj.us.



- We appreciate the efforts of all those who volunteered to spread holiday cheer. Many "elves" helped decorate the center with lights, trees and other festive items. Several members also prepared holiday cards to send to those who were not able to celebrate the holidays with us.
- The Holiday Dinner was delicious, and the Middle School Girls Ensemble sang beautifully as Santa and his helpers opened the "Grab Bag" of gifts. Another great job by Christine Napolitano and the Activities Committee!
- Thanks to Joan Clark, Marian Rillo and Marty Ammenwerth for stepping up to implement the New Years Eve Party.
- The weather, lunch and entertainment at the Hunterdon Hills Playhouse was fantastic. Many thanks to Pat Connolly for organizing the trip.
- The Trustees always put a lot of time, thought and energy into making the center and club a nice gathering place for us. We thank the outgoing Trustees for their service for the last three or six years: John Dolph, Christine Napolitano and Helen Savitt. We welcome newly elected trustees Pat Connolly, Grace Parlapiano and Rosemarie Sommo.

NP SENIOR CITIZENS CENTER

15 East Fourth St.
New Providence, NJ 07974
908-665-0046

www.newprov.org/seniorcenter

*A welcoming place for
New Providence residents,
ages 55 and up, to gather
and to enjoy events,
programs and each other.*

Center Coordinator
Peggy Brodeur

HOURS
Mondays: 11 AM-4 PM
Tuesdays-Fridays:
10 AM-4 PM

NP SENIOR CITIZENS CLUB

*An organization dedicated
to providing social &
enriching activities & events for
New Providence seniors.*

Trustees
Chair: TBA
Marty Ammenwerth,
Pat Connolly, Jim Coyne,
Kay DeMarco, Enid Doyle,
Maxine Hirsch, Jean Holmes,
Harry Kundrat,
Grace Parlapiano,
Rosemarie Sommo & Doris Velez

Club Officers
President: Bernice Liquori
Vice Pres.: Christine Napolitano
Treasurer: Lucia Leao
1st Treasurer: Clara DelMonte
2nd Treasurer: Delores Felezzola
*Contact these members with any
questions regarding your club!*

TRIPS, ACTIVITIES & MEETINGS

Tickets for events may be purchased at the Center on Wednesdays from 9:45 to 10:45 AM.

Please visit or call the Center at 665-0046 if you need to cancel a reservation. Do not transfer a reservation—it will not be honored.

Check the calendar
for ongoing
activities!

- ★ **Wed. Jan. 2 / 11AM:** Meeting—Celebrate 2013 and the January birthdays.
- ★ **Wed. Jan. 9 / 11AM:** Meeting—Jose Rodriguez and the Salt Brook Strings entertain.
- ★ **Wed. Jan. 16 / 11AM:** Meeting—TBA.
- ★ **Wed. Jan 16 / 1-3:30PM:** **Trip to Montclair Art Museum**—See the Georgia O'Keefe exhibit. Bring lunch to the weekly meeting, then hop on the bus for this informative afternoon. Cost: \$15.
- ★ **Thu. Jan 17 / 9-10:30AM:** **Glucose Screenings**—Get your glucose levels checked in Overlook Hospital's Healthy Avenues Van. It will be parked here until 10:30AM. Cost: \$10. Thanks to Janice for arranging this service for us!
- ★ **Wed. Jan. 23 / 11AM:** Meeting—TBA.
- ★ **Wed. Jan. 23 / 2-4PM:** **Chinese Luncheon**—Celebrate the Year of the Water Snake with a delicious and fun luncheon at Szechuan Delight Chinese Restaurant on Central Ave. Cost: \$14.
- ★ **Fri. Jan. 25 / 5-7PM:** **Women's Club Pasta Feast**—Support the Women's Club scholarship fund. Held at the Methodist Church and catered by Coppolla. See Rose Butchko for more information and tickets. Cost: Seniors and children: \$12, Adults: \$15.
- ★ **Mon. Jan. 28 / 10:30AM:** **Selected Topics in Biology Spring Semester**—The spring semester of this Union County College L.I.F.E. (Learning Is Forever) course begins at the center. Pre-registration is not required, and the class is free.
- ★ **Wed. Jan 30 / 11AM:** Meeting—Carol Richards of David Lerner Financial will discuss fixed income.
- ★ **Wed. Feb. 6 / 11AM:** Meeting—Ed Fleschman and the NP Middle and High School Strings perform.
- ★ **Wed. Feb. 13 / 11AM:** Meeting—The Story of and Activities for Valentines Day with Christine & Harry.
- ★ **Mon. Feb. 18 / Noon-4PM:** **Washington's Birthday Card Party**—Join in on cards, dominoes, Scrabble, Mahjongg and other favorite games at this afternoon fund raiser. Cost: \$7.
- ★ **Wed. Feb. 20 / 11AM:** Meeting—TBA.
- ★ **Fri Feb 22. / Noon:** **Remember When with Jennie**—Pocono Ghost stories & hand crafts.
- ★ **Wed. Feb. 27 / 11AM:** Meeting—TBA.

MOVIE MARQUEE

JANUARY'S FREE MOVIES AT THE NP MEMORIAL LIBRARY

Tuesdays at 9:30AM & 2PM

- January 8: *The Lucky One*
- January 15: *State of Play*
- January 22: *Arbitrage*
- January 29: *Premium Rush*

Foreign Films

- Pan's Labyrinth*—Thursday, January 3 at 2PM & Tuesday, January 8 at 7PM (Spanish with English subtitles)
- Rosetta*—Tuesday, January 22 at 7PM (French with English subtitles)

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The Frying Pan

A man was sitting quietly reading his paper one morning, peacefully enjoying himself, when his wife sneaks up behind him and whacks him on the back of his head with a huge frying pan.

Man: "What was that for?"

Wife: "What was that piece of paper in your pants pocket with the name Marylou written on it?"

Man: "Oh honey, remember two weeks ago when I went to the horse races? Marylou was the name of one of the horses I bet on."

The wife apologizes and goes off to do work around the house.

Three days later he is once again sitting in his chair reading, and she repeats the frying pan swatting.

Man: "What was that for this time?"

Wife: "Your horse phoned."

Running On Empty

By Grady L. Duncan

The years have passed by quickly,
and I seem to have lost track.
But then, it's been quite a while
and I stop and start looking back.

Young and full of energy,
I kept my mother on the run,
while I wandered around town,
having what I thought was fun.

Not a worry of burden I bore,
running light and free of care,
one minute I was under foot,
the next, I'd vanish into thin air.
I was running on high octane,
and was carrying a full tank.
But one thing stood in my way;
when daddy would pull his rank.

Mother was not neglectful.
It was an impossible task,
to corral my wanderlust ways,
was more than anyone should ask.
The years have mastered that problem.
My life has had its ups and downs.
I've taken on a full load of baggage,
and now I can easily be found.

There's nobody chasing after me,
so I move at a much slower pace.
If pitted against a snail or turtle,
I'm afraid I'd lose the race.
The tank finally reads, "Empty".
But, for that I have no fear
It's all down hill grade ahead,
And I can coast home from here.

Making resolutions is a cleansing ritual of self assessment and repentance that demands personal honesty, and ultimately reinforces humility. Breaking them is part of the cycle.

~ Eric Zorn

January 2013

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
	January 1, 2013 HAPPY NEW YEAR! (Center Close)	HAPPY BIRTHDAY 8:00am YOGA w/LARONDA 10:00am BUS to MEETING 11:00am MEETING 12:30pm BINGO & CARDS	2 9:45am EXERCISE w/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg 1:00pm Music & Song w/ERNIE	3 9:00am BUS to MALL 9:00am Walking @NPHS 10:00am ZUMBA w/TONYA 1:00pm SCRABBLE 1:00pm TAI CHI w/AYRIEL	4 NPED Foundation "Casino Royal
	7 9:30am Trustee Meeting 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:30pm BRIDGE	8 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am ACTIVITIES Meeting 11:00am TENNIS w/DICK 1:00pm TAI CHI w/AYRIEL 2:00pm Italian Classes 3:00pm Converse Italian	9 8:00am YOGA w/LARONDA 9:30am BloodPressureScreenin 10:00am BUS to MEETING 11:00am MEETING: SaltBrook ST 12:30pm BINGO & CARDS	10 9:45am EXERCISE w/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg	11 9:00am BUS to MALL 9:00am Walking @NPHS 10:00am ZUMBA w/TONYA 1:00pm SCRABBLE 1:00pm TAI CHI w/AYRIEL
	14 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:30pm BRIDGE	15 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/AYRIEL 2:00pm Italian Classes 3:00pm Converse Italian	16 8:00am YOGA w/LARONDA 9:30am BloodPressureScreenin 10:00am BUS to MEETING 11:00am MEETING 12:30pm BINGO & CARDS 1:00pm Georgia O'Keefe Exhibit	17 GlucoseSCREENING-\$10 9:00am Healthy Van TIL:10:30 (Center Closed) 9:45am EXERCISE w/MYRIAM 12:30pm DUPLICATE Bridge 1:00pm Mah Jongg	18 9:00am 4 Cities BRIDGE 9:00am BUS to MALL 9:00am Walking @NPHS 10:00am ZUMBA w/TONYA 1:00pm SCRABBLE 1:00pm TAI CHI w/AYRIEL
	21 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:30pm BRIDGE	22 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/AYRIEL 2:00pm Italian Classes 3:00pm Converse Italian	23 8:00am YOGA w/LARONDA 9:30am BloodPressureScreenin 10:00am BUS to MEETING 11:00am MEETING 12:30pm BINGO & CARDS 2:00pm CHINESE Lunch @ Szechuan	24 9:45am EXERCISE w/MYRIAM 12:30pm PARTNER Bridge 1:00pm Mah Jongg	25 9:00am BUS to MALL 9:00am Walking @NPHS 10:00am ZUMBA w/TONYA 1:00pm SCRABBLE 1:00pm TAI CHI w/AYRIEL 5:00pm WomensCLUB PASTA Dinner
	28 10:30am UCC Class: Biology 11:00am BRIDGE Lesson 11:00am NEWSLETTER 12:30pm BRIDGE	29 9:00am BUS to Shoprite 9:45am EXERCISE w/MIKE 11:00am TENNIS w/DICK 1:00pm TAI CHI w/AYRIEL 2:00pm Italian Classes	30 8:00am YOGA w/LARONDA 10:00am BUS to MEETING 11:00am MEETING: FixedINCOMEdiscussic 12:30pm BINGO & CARDS	31 9:45am EXERCISE w/MYRIAM 1:00pm Mah Jongg	