

New Providence Senior Citizens Newsletter

"Good things happen here!"

MARCH 2020



Vol. 20, No. 3



COORDINATOR'S CORNER

"It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the lights, and winter in the shade." ~ Charles Dickens

Fingers crossed that spring is right around the corner. We have been lucky so far this winter.

With all the talk and celebrations for the town's 300th anniversary, it makes me realize how fortunate we are to live in a community that supports one another. We are lucky here to partner with local businesses who provide us activities, food, etc.

I wanted to take this opportunity to thank Sunrise Senior Living of Summit for sponsoring the 2 painting activities and lunches in January and February. On March 2nd, they are sponsoring a music program, "Spring, Spring, Spring". It should be fun, fun, fun! Sign up in advance since they are providing a light lunch.

I also want to thank Spring Grove Rehabilitation and Healthcare Center for sponsoring the Armchair Art Program and our entertainment for St. Patrick's Day.

On another note, our Monday exercise classes, In Control and Chair Yoga, resume on March 9th.

We are also offering a 6-week session on Exercises for Arthritis that begins on March 26th. YOU MUST REGISTER FOR THIS CLASS AS SPACE IS LIMITED.

May the luck of the Irish be with us all this spring—Happy St. Patrick's Day!

VOLUNTEER OPPORTUNITIES:

The Communications Crew needs volunteers to help send out birthday greetings on Tuesday, March 24 @ 10:45am.

Volunteers are needed to check people in at the St. Patrick's Day Luncheon on Wednesday, March 18.

A SPECIAL THANK YOU TO THE FOLLOWING CLUB MEMBERS...

- **Christine Napolitano and Kathy Hendrickson** for the fun Hootenanny.
- **Anne Fahey** for writing a book review for the February newsletter.
- **Harry Kundrat** for his second installment of "Harry's Babylon".
- **Diane Melinis** for brightening up our day with her jokes at club meetings on Wednesdays!
- **Kathy Hendrickson & Grace Parlapiano** for the yummy Valentine's candy.
- **YOUR NAME** here if you volunteer.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Vice-Chair: Grace Parlapiano
Secretary: Bette Schmitt
Trustees: Kathy Hendrickson, Barbara Koslap, Sal Ligammari, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Bill Wehrle

Club Officers

President: Peggy Brodeur
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Delores Felezzola
2nd Treasurer: Lidia Astapova
Sergeants-at-Arms: Don Kern, Mike Ferlige

Contact these members with any questions regarding your club.

Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Co-Coordinators

Therese Dalton
Michelle Zack

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

- ShopRite - Tuesday mornings (call between 8:30-9:00am).
- Club Meetings - Wednesday mornings (call by 10:00am).
- Livingston Mall or Blue Star Mall - Friday mornings except 1st Friday (call between 8:30-9:00am).

Trips, Activities & Meetings

Tickets for events may be purchased at the Center on Wednesdays from 9:45 to 10:45.

Please visit or call the Center at 908-665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

Check calendar for ongoing activities & schedule changes.

- **Tax Return Assistance** - AARP Foundation tax aide counselors will be available through Monday, April 13th by appointment only to assist in preparing and filing 2019 tax returns. See article on page 4 for details.
- ↗ **Mon, Mar 2, 11:00am-1:00pm: Music Program** – Musician Joseph Regan will present “**Spring, Spring, Spring!**”, the music of the 40’s, 50’s and 60’s. A light lunch will be provided. Space is limited. Sign up at the Center by February 26. Sponsored by Sunrise Senior Living of Summit.
- **Wed, Mar 4, 11:00am: Program/Meeting** – NPSCC member Patricia Malicher will talk about her delightful travels to and the fascinating history of “**The Panama Canal**”.
- ❖ **Fri, Mar 6, 11:30am: Movie & Pizza** – Join us for a showing of the classic movie musical “**South Pacific**”. Bring your own lunch or buy pizza for \$2 per slice.
- **Mon, Mar 9: In Control** exercise class resumes at 8:30. **Chair Yoga** exercise class resumes at 11:00.
- **Wed, Mar 11, 11:00am: Program/Meeting** – Cast members from the NPHS Spring Musical, “**Little Shop of Horrors**”, will present highlights from the show. Celebrate March birthdays. Chatham Hills will call bingo!
- 📘 **Tues, Mar 17, 10:45am: Book Club** – Join us for a discussion of **The Wife Between Us**.
- **Tues, Mar 17, 11:00am: Set up** for St. Patrick’s Day Luncheon.
- **Wed, Mar 18, 12:00noon: St. Patrick’s Day Luncheon** - Celebrate the holiday at the center with friends, a hot Irish meal and an Irish Song Celebration. Cost: \$17. Purchase ticket by March 12th. Sign up for bus transportation. *Entertainment sponsored by Spring Grove Rehabilitation and Healthcare Center.*
- **Tues, Mar 24, 10:45am: Communications Crew** – Help send birthday greetings to club members.
- **Wed, Mar 25, 11:00am: Program/Meeting** – A representative from Unicity Home Care will give a presentation on “**Myths on Aging**”. Learn the differences between a stereotype and the reality and facts about aging.
- **Thurs, Mar 26, 11:00am: Exercise with Arthritis** begins. Register in advance. See article on page 3.
- **Wed, Apr 1, 11:00am: Morning of Music/Meeting** – Enjoy a marvelous morning of music with a **strings group** from one of the New Providence Schools and the lyrical voices of **The Larks**.
- ♫ **Thurs, Apr 2, Time TBD: Hunterdon Hills Mystery Theater Trip** – Buckingham Palace has been robbed and it’s up to Sherlock Holmes, Dr. Watson and YOU, to find the missing royal treasure! Price includes the show, a table-served meal, dessert buffet, and coffee or hot tea. Cost: \$68. Purchase ticket in advance.
- **Wed, Apr 8, 11:00am: Program/Meeting** – Public Health Nurse Jenn Aranda will update us on plans for the health and live-well fair to be held on May 13th. We will celebrate April birthdays. Chatham Hills will call bingo!

The Center will be closed Friday, April 10th for the Good Friday holiday.

- **Wed, Apr 15, 11:00am: Special Program** – Jim DelGiudice presents “**Gotcha! Snapshots That Made History**,” the accidentally historic photographs that became the icons by which we remember great events.
- **Wed, Apr 22, 11:00am: Program/Meeting** – The New Providence Police Department will give a presentation on “**Safety and Awareness**”.
- **Tues, Apr 28, 9:45am-5:30pm: Casino Trip** - Try your luck at Wind Creek Casino. Pay \$25 and get \$25 in “play money”. Purchase ticket in advance.

ST. PATRICK'S DAY LUNCHEON

Celebrate the St. Patrick's Day holiday with a lucky luncheon at the center on Wednesday, March 18th at 12:00noon. Enjoy a delicious hot Irish meal with all the fixings and an Irish Song Celebration featuring music, movement, and mirth. Come on out and join the party! Cost is \$17. Tickets are on sale before the club meetings on Wednesdays and from Therese or Michelle. Please purchase ticket by March 12th. *Entertainment sponsored by Spring Grove Rehabilitation and Healthcare Center.*

EXERCISE WITH ARTHRITIS

Join us for a 6-week session of Exercise with Arthritis starting Thursday, March 26th at 11:00am. Myriam Gabriel, our experienced exercise instructor, will lead participants through exercises that are suitable for those living with arthritis. Research shows that exercise can help people who have arthritis cope with pain. Register in advance.

HUNTERDON HILLS PLAYHOUSE TRIP

Take a trip to Hunterdon Hills Playhouse on Thursday, April 2nd to see *Sherlock Holmes Returns*, an immersive musical comedy, and enjoy a delicious meal. Buckingham Palace has been robbed and it's up to Sherlock Holmes, Dr. Watson and YOU, the audience, to find the missing royal treasure. Price includes the show, a table-served meal, dessert buffet, coffee or hot tea. Cost is \$68. Tickets are on sale now! Purchase ticket in advance.

AROUND TOWN...**NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

Knitting/Crocheting Group - Mon, Mar 2 & 16, 7pm

Baseball Discussion Group - Mon, Mar 9, 7pm

HMS Pinafore - The Savoy Faire ensemble of the Light Opera of NJ will perform selections from Gilbert & Sullivan's comic opera. Sun, Mar 15, 3pm

Cigar Box Guitar Demo - John Bernyk demonstrates how they are made and played and talks about their history. Sat, Mar 21, 10am

Terracotta Windchime Craft - Make a windchime out of terracotta pots to hang in your garden. Free. Register online via NP Community Pass. Sat, Mar 21, 2pm

Women Defense Workers of WWII - Stacy Roth plays Rosie Niemiec, a housewife who took a job as a welder. The audience may share memories, memorabilia, and personal and family stories of WWII. Tues, Mar 31, 7pm

NEW PROVIDENCE HIGH SCHOOL

Spring Musical, "Little Shop of Horrors" - Dress Rehearsal is Thurs, Mar 12, 5:00pm. Show times are Fri, Mar 13, 7:30pm and Sat, Mar 14, 2:00pm & 7:30pm.

DECORSO CENTER

League of Women Voters Great Decisions - Program developed by the Foreign Policy Institute to discuss world affairs. Mar 4, 12, 18, 25, 7:30pm, \$20 per session.

- U.S. Relations with the Northern Triangle, Wed, Mar 4
- China's Road into Latin America, Thurs, Mar 12
- The Philippines and the U.S.", Wed, Mar 18
- Artificial Intelligence and Data, Wed, Mar 25

CSA Pasta Dinner & Basket Raffle

Community fund raising event to benefit NP residents with financial needs. Cost \$15. Sun, Mar 1, 3-7pm.

AMERICAN LEGION

St. Pat's Dinner - Saturday, March 14, \$20 per adult.

MOVIE MARQUEE

MARCH MOVIES AT THE NP MEMORIAL LIBRARY

The Tuesday movies have closed captioning.

Tuesdays at 1:00pm

- March 3 - *Jojo Rabbit*
- March 10 - *The Goldfinch*
- March 17 - *Adopt a Highway*
- March 24 - *Official Secrets*
- March 31 - *Wonderstruck*

Foreign Film

- Mon., Mar 23, 7:00pm - *A Sunday in the Country (In French with English subtitles)*

TAX RETURN ASSISTANCE

Through Monday, April 13, 2020, AARP Foundation Tax Aide counselors will be available on Saturdays and Mondays by appointment only. Appointments must be scheduled in advance. To schedule an appointment, call the DeCorso Center at 908-665-0046 between 10:00am and 2:00pm Mondays through Fridays or sign up at the Center.

CSA PASTA DINNER

The Community Service Association will host their Annual Pasta Dinner on Sunday, March 1st from 3pm-7pm at the DeCorso Center. Enjoy a delicious dinner for \$15 and participate in a basket raffle fundraiser that benefits New Providence residents with financial needs.

CSA's counsels individuals and families in need of help and guides them to the proper governmental or other social agencies when eligible. When eligibility does not exist, they aid the distressed. They can help with utility bills, rent, food, insurance, medical bills, transportation and clothing. For information, call (908) 665-8254.

NEW PROVIDENCE, NICE PEOPLE, NICE PLACE

The New Providence Historical Society is looking for details on the contest that decided the town motto. They would like to know when the motto was created. They are also looking for a copy of the picture of the winner that appeared in the newspaper.

TRICENTENNIAL TRIVIA

Q: What happened in 1737 to change the name of the town from Turkey to New Providence?

A: The Presbyterian Church's balcony collapsed, and no one was injured.

SAGE ELDERCARE

SAGE Eldercare is a nonprofit organization committed to providing programs and services to meet the changing needs of older adults, their families, and caregivers. New Providence Borough has contracted with SAGE and their services are available to all New Providence residents. Kathy Larkin, LCSW, the liaison for New Providence residents, may be reached at 908-598-5509.

BOOK REVIEW

by Therese Dalton

The Paris Orphan

by Natasha Lester

I read this book at the suggestion of one of our seniors (thanks Barbara M), and I am glad I did! It was an engaging story and it has gotten me thinking about women's roles in World War II and afterwards. Times certainly have changed. The book is based on the true story of a female journalist who defied all the rules while covering the war.

New York City/Paris, 1942: When American model Jessica May arrives in Europe to cover the war as a photojournalist for *Vogue*, most of the soldiers are determined to make her life as difficult as possible. But three friendships change that. Journalist Martha Gellhorn encourages Jess to bend the rules. Captain Dan Hallworth keeps her safe in dangerous places so she can capture the stories that truly matter. And, most important of all, the love of a little orphan named Victorine gives Jess strength to do the impossible. But her success will come at a price...

France, 2005: Decades after World War II, D'Arcy Hallworth arrives at a beautiful chateau to curate a collection of famous wartime photos by a reclusive artist. It's the opportunity of a lifetime, but D'Arcy has no idea that this job will uncover decades of secrets that, once revealed, will change everything she thought she knew about her mother, Victorine, and alter D'Arcy's life forever.

IRISH HUMOR

A lawyer inquired, 'Paddy, why is it that whenever I ask an Irishman a question, he answers with a question?' 'Who told you that?' asked Paddy. An Irish lass asked a shopkeeper, 'Could I be trying on that dress in the window?' The shopkeeper replied, 'I'd prefer that you use the dressing room.'

MARCH FACTS

Birthstone: Aquamarine, Bloodstone, Jade

Flower: Daffodil

Holidays and Observances:

Daylight Saving begins – Mar 8

St. Patrick's Day – Mar 17

Spring Equinox – Mar 19

NEW PROVIDENCE SENIOR CITIZENS CLUB

~ MARCH 2020 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CSA Pasta Dinner 3-7pm	2 Tax Appts (by appointment only) ³ 10:00 Trustee Meeting 11:00 Music Program 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	3 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 1:00 Tai Chi 2:00 Converse Italian 3:00 Beginners Italian	4 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – “Panama Canal” 12:30 Bingo	5 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 12:30 Partner Bridge 12:30 Mah Jongg	6 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 11:30 Movie & Pizza – South Pacific 12:30 <u>NO</u> Pizza Bingo	7 Tax Appts. (by appointment only) ³
8	9 Tax Appts (by appointment only) ³ 8:30 In Control Exercise 11:00 Chair Yoga 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	10 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 10:00 Activities Meeting 1:00 Tai Chi 2:00 Converse Italian	11 Happy Birthdays! 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – “Little Shop of Horrors” 12:30 Bingo – Chatham Hills	12 9:30 <u>NO</u> Strong YOU! 10:00 Bridge Lessons - \$10 12:30 Duplicate Bridge 12:30 Mah Jongg 5:00 “Little Shop of Horrors” Dress Rehearsal @ NPHS	13 9:00 Bus to Blue Star* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo**	14 Tax Appts. (by appointment only) ³
15 HMS Pinafore @ NPML 3:00pm	16 Tax Appts (by appointment only) ³ 8:30 <u>NO</u> In Control Exercise 11:00 Chair Yoga 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	17 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 10:45 Book Club 11:00 Setup for St. Pat's 1:00 Tai Chi 2:00 Converse Italian 3:00 Beginners Italian	18 St. Patrick's Day Lunch ² 12:00 noon (Purchase ticket by March 12th)	19 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 12:30 Duplicate Bridge 12:30 Mah Jongg	20 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo**	21 Tax Appts. (by appointment only) ³
22	23 Tax Appts (by appointment only) ³ 8:30 In Control Exercise 11:00 Chair Yoga 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	24 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 10:45 Communication Crew 1:00 Tai Chi 2:00 Converse Italian	25 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – “Myths on Aging” 12:30 Bingo	26 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 11:00 Exercise w/Arthritis ¹ 12:30 Partner Bridge 12:30 Mah Jongg	27 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 Pizza Bingo**	28 Tax Appts. (by appointment only) ³
29	30 Tax Appts (by appointment only) ³ 8:30 In Control Exercise 11:00 Chair Yoga 11:00 Newsletter Meeting 12:00 Knitting Group 12:30 Bridge	31 9:00 Bus to ShopRite* ⁴ 9:45 Balance & Conditioning 1:00 Tai Chi 2:00 Converse Italian 3:00 Beginners Italian 7:00 Women Defense Workers of WWII @ NPML	Apr 1 10:00 Blood Pressure 10:00 Bus to Club* ⁵ 11:00 Program/Meeting – “Musical Morning” 12:30 Bingo	Apr 2 9:30 Strong YOU! Exercise 10:00 Bridge Lessons - \$10 11:00 Exercise w/Arthritis ¹ 12:30 Partner Bridge 12:30 Mah Jongg	Apr 3 9:00 Bus to Mall* ⁴ 9:15 Zumba 10:00 Bridge 10:30 Wizard Card Game 12:30 <u>NO</u> Pizza Bingo	Apr 4 Tax Appts. (by appointment only) ³

¹Sign up in advance

²Buy ticket in advance

³Schedule appointment in advance

⁴Call between 8:30-9:00am

⁵Call before 10:00am

*Weather Permitting

**Caller needed

Weather Policy: When schools are closed due to weather, the center is also closed. If schools have a delayed opening, the center has a delayed opening. When in doubt, call the center at 908-665-0046. Most importantly, if there is snow or ice, please be cautious. It's okay to miss an activity!