

# New Providence Senior Citizens Newsletter

## "Good things happen here!"

APRIL/MAY 2020



Vol. 20, No. 4



### COORDINATOR'S CORNER

"This too shall pass. It might pass like a kidney stone, but it will pass."

-Unknown

It certainly hasn't been a normal spring, but I do hope that it finds you and your families safe and healthy. Michelle and I have tried and will continue trying to speak with as many of you as possible. If we have missed you, please know that we are thinking of you. You can always call the center and one of us will get back to you.

- A special thanks to Barbara Koslap for continuing to bring us information and fun with this newsletter
- Thanks to Christine N. for making face masks for seniors (see page 2)
- The Health Fair scheduled for May 13<sup>th</sup> is cancelled with hope to reschedule
- The Memorial Day Parade will look different this year – there will NOT be a parade, but a group is working on a video to be played on the local TV channels
- "Senior Buddies" is a program that we started where we call seniors who would like us to touch base with them regularly. If this is something you would like, please call the Center
- Please look for a mailing from "New Providence Our Community for All"

To my fellow exercisers: I constantly try to remain physically active and have noticed I have been going back to "old school" exercise – hop scotch (with an added twist of jumping jacks and push-ups), jumping rope, bike riding and lots of walking. How about you?

Let's try a **CALL IN BINGO** May 1<sup>st</sup> at 11am. Fingers Crossed... Steps:

1. Leave a message at center to let us know you want to play no later than Tuesday, April 28th
2. Mike will drop off 2 bingo cards to your home
3. Call 1-855-747-8824 code 303736 on May 1<sup>st</sup> at 11am
4. We will play 4 regular games of bingo and 1 full card game
5. Winners will receive Dunkin Donuts gift cards that were donated

**The letter we sent earlier this month remains posted on our website. All the pertinent phone numbers are listed there. Stay Healthy!**

**NP Senior Citizens Club**  
*An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.*

#### Trustees

Chair: Bert Abbazia  
Vice-Chair: Grace Parlapiano  
Secretary: Bette Schmitt  
Trustees: Kathy Hendrickson, Barbara Koslap, Sal Ligammari, Peggy Macneal, Joe Masino, Tina Morielli, Christine Napolitano, Bill Wehrle

#### Club Officers

President: Peggy Brodeur  
Vice President: Bill Wehrle  
Treasurer: Sal Ligammari  
1<sup>st</sup> Treasurer: Delores Felezzola  
2<sup>nd</sup> Treasurer: Lidia Astapova  
Sergeants-at-Arms: Don Kern, Mike Ferlise

*Contact these members with any questions regarding your club.*

Newsletter Editor: Barbara Koslap

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#### DeCorso Community Center

15 East Fourth St.  
New Providence, NJ 07974  
908-665-0046  
[www.newprov.org/seniors](http://www.newprov.org/seniors)

#### Hours

Monday-Friday: 9:30am - 2:30pm

#### Center Co-Coordinators

Therese Dalton  
Michelle Zack

#### Public Health Nurse

Jenn Aranda, 908-743-1049

#### Bus Service

ShopRite – Tuesday mornings.  
Please call on Mondays to reserve your spot.

### COMPLETE THE 2020 CENSUS

Census 2020 has started. Everyone should already have received their mailed invitation to respond to the Census. You can respond online at <https://2020census.gov/>, by phone at 844-330-2020 or by mail, all without leaving the safety of your own home.

It's very important for New Jersey that every resident gets counted, regardless of age or immigration status. Our Congressional representation depends on it. Over \$1 trillion in Federal funding is allocated nationally based wholly or in part on Census counts. In these challenging times, it is especially true that continued funding for healthcare, health insurance, and emergency response resources is critical. Let's make sure that New Jersey gets our fair share by achieving a complete count of all our residents.

If you have lost or misplaced your user ID, please call 1-800-354-7271 for assistance. Press "0" to speak with a U.S. Census Bureau representative. Please have your mailing address available.

Need more information? Go to <https://nj.gov/state/census.shtm>

### REMEMBER TO WEAR FACE COVERINGS

On Wednesday, April 8, 2020, Governor Phil Murphy signed Executive Order No. 122 requiring New Jersey shoppers to wear a face covering while on a store's premises except where doing so would inhibit that individual's health. The use of simple cloth face coverings slows the spread of the virus and keeps people who may have the virus and do not know it from transmitting it to others.

Residents are reminded to continue to keep about 6 feet between themselves and others. The cloth face cover is not a substitute for social distancing. It is also important to keep washing your hands!

Additional information and instructions on how to make a face covering, including a no-sew method, can be found at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus). One of our members has been making masks and giving them to seniors who want one. There is a bag of masks near the front door of the center. If you need one, stop by and pick one up.

### VOTE BY MAIL

As American citizens, it is our privilege and our duty to vote. Union County Clerk, Joanne Rajoppi, advises voters-at-risk to plan ahead and use Vote-by-Mail to participate in the upcoming Primary Election, in accordance with guidance from health officials regarding the coronavirus COVID-19.

Voters who have never used a Vote-by-Mail ballot can apply for one now, by visiting the County Clerk's elections website at [unioncountyvotes.com](https://unioncountyvotes.com) for a downloadable version. To have an application sent by mail, call the County Clerk's Elections Division at 908-527-4996.

After the Vote-by-Mail application is approved, the voter will receive their ballot prior to Election Day.

#### Important Dates:

- Tuesday, June 16 - Last day to register to vote for the Primary Election. Your *Voter-Registration-Application* must be filed by this date.
- Tuesday, June 30 - Last day to apply by mail for a Mail-In-Ballot for the Primary Election. Your *Application-For-Vote-By-Mail-Ballot* must be received by the County Clerk by this date.
- Tuesday, July 7 - Primary Election Day. If returning your *Mail-in Ballot* by mail, it must be postmarked no later than Election Day and received by the County Board of Elections no later than 48 hours after the time of the closing of the polls for the election.

[unioncountyvotes.com](https://unioncountyvotes.com)

### PRIMARY ELECTION DATE CHANGED

On Wednesday, April 8, 2020, Governor Phil Murphy signed Executive Order No. 120 postponing primary elections to Tuesday, July 7<sup>th</sup> in response to the ongoing COVID-19 pandemic. This includes primaries for President, the U.S. Senate, the U.S. House of Representatives, the 25<sup>th</sup> District of the New Jersey Legislature and county and municipal elections, as well as county committee elections.

<https://covid19.nj.gov/>

**Riddles**

1. I am made firm by what you breathe. I will be with you on your journeys until I go bald and retire.
2. My skin is made of bone. My hands can grip you tight. I have two eyes. I have no head. I travel left or right.
3. I tell the world that you were here. Sometimes I'm hard to see. Sometimes I'm clear. I show your skip, your jump, your run and when the rain descends I'm quickly gone.
4. No mouth but many teeth I have. I tumble mighty giants from on high.
5. When you're down I'm up. When you're up I'm down. Until our dance is over I go round and round.

**What We Did While Sheltering-in-Place**

NPSCC members have been busy cleaning, crafting, and contributing. We have been cultivating our talents and enjoying entertainment.

We've been reading and doing yard work. One of our crafty members has been making wind chimes from clay flowerpots and beads. Another member has been doing Chair Yoga and playing Mahjong online.

One of our members has been helping to cut fabric to be made into masks for healthcare workers. Another member has been making masks and giving them to any senior who would like one.

For entertainment, we've been watching barbershop quartets and Andre Rieu concerts. One of our members has been enjoying Morning MeditOceans on the Monterey Bay Aquarium Facebook Page.

We'd love to hear what you've been up to. Please give the center a call or send an email to [Decorsocenter@newprov.org](mailto:Decorsocenter@newprov.org) and let us know what you've been doing.

**Free Books and DVDs**

The New Providence Memorial Library has free books and DVDs available to the public while the library is closed. These books and DVDs are from their AfterWords Bookstore. For the duration of the library closure, they will stock carts outside the front and side entrances of the library.

**Coronavirus Humor**

Because there's always something, however small, to smile about.

Why don't chefs find coronavirus jokes funny?  
Because they're in bad taste.

Nail salons, hair salons, waxing centers and tanning places are closed. It's about to get ugly out there.

Did you hear the joke about the germ? Never mind, I don't want to spread it around.

If there's a baby boom nine months from now, what will happen in 2033? There will be a whole bunch of quaranteens.

So many coronavirus jokes out there, it's a pandemic.

<https://www.fatherly.com/play/best-coronavirus-jokes/>

**Shout Out**

To everyone who feels drained  
Despite just sitting around,  
Empty despite being physically  
Full, and lonely despite  
Having people nearby.  
None of this is easy,  
But we'll get through it!  
~ Lori Deschene

**Riddle Answer Key**

1. Tire
2. Crab
3. Footprints
4. Saw
5. Jump rope