

New Providence Senior Citizens Newsletter

"Good things happen here!"



JULY 2022



Vol. 22. No. 7

COORDINATOR'S CORNER

I'm happy to share that our new furniture has been delivered! We have some lovely new seating areas, and new art tables which we will use for arts and crafts programs in the solarium. Our bookshelves are also in, so we will be working on getting the library set up for browsing as soon as possible. Please come by to see how great everything looks and join us for one of our July programs! Details about all of our programs are inside, but of special note are:

- July 13 Club meeting and Bingo with the New Providence Intergenerational Club, outside on our patio (rain date 7/14).
- Game Day on July 6
- "Art with Masking Tape" on July 12
- Senior Bus transportation to the town's summer concerts in Centennial Park on Thursday evenings July 14, 21 and 28, and for the National Night Out Concert and Fireworks on Tuesday, August 2 – *please register in advance if you'd like Mike to pick you up!*
- Senior Vaccine Booster Clinic on Wednesday, August 17 at 10:00am for COVID-19 booster shots at a at the DeCorso Center– *please reserve your dose by July 29!*

Important Safety Protocols for In-Person Programs:

- The wearing of masks in Borough of New Providence Municipal Buildings, including the DeCorso Center, is no longer required. Seniors are asked to continue to wear their masks while riding the senior bus. Social distancing is still recommended.
- Please note that the Department of Health encourages residents to make individual decisions within the guidelines in place. Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living at home with them. If you are concerned about disease transmission or you are not fully vaccinated, you are encouraged to wear a mask. An individual is considered fully vaccinated when they have the full first course of a vaccine AND the booster at the appropriate time interval.
- If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

Please note the following schedule updates:

- **New Providence Borough offices will close at 1:00p.m. on Fridays through September 2nd.**
- **The Center will be closed on Monday, July 4 for Independence Day. No classes or programs will be held.**
- **Please see page 2 for exercise class schedule updates.**

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Vice-Chair: Grace Parlapiano
Secretary: Bette Schmitt
Trustees: Peggy Brodeur, Barbara Koslap, Sal Ligammari, Peggy Macneal, Pat Malicher, Bill Wehrle

Club Officers

President: Christine Napolitano
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Dolores Felezzola
Sergeants-at-Arms: Mike Ferlise
Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Arthi Shri Selvaraj

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to ShopRite on Tuesday mornings, to shopping malls as scheduled, and to several Club activities. Call in advance to reserve your ride. See the attached calendar for details.

NPSCC CLUB MEETING AND BINGO WITH NEW PROVIDENCE INTERGENERATIONAL CLUB

Come and enjoy a special outdoor meeting of the New Providence Seniors Citizens Club on **Wednesday, July 13 at 11:00am**. Members of the New Providence Intergenerational Club will join us. They will introduce themselves, explain their Club's activities, and then stay after the meeting to socialize and play bingo with us! We are hoping for good weather, but have set a rain date of Thursday, July 14 at 11:00am just in case. Advance registration is requested so that we can set up the outdoor space accordingly. E-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 by Monday, July 11 to register and to sign up for bus transportation.

NURSE'S HOURS July 13

The New Providence Public Health Nurse Jennifer Aranda will be at the DeCorso Center **on Wednesday, July 13 beginning at 10am** (before the Club meeting) to give blood pressure screenings and answer questions. Please stop by to see her in the solarium!

NPSCC CLUB MEETING -

"ALL ABOUT NEW PROVIDENCE" QUIZ PROGRAM

Come and enjoy a meeting of the New Providence Senior Citizens Club on **Wednesday, July 20 at 11 am**. We will have a fun "Quiz Program" on "All About New Providence" and also an opportunity to share your memories about our town. At the end of the Club meeting Joann Jackovino will be here to share a few words about her recent writings. Email decorsocenter@newprov.us or call the Center at (908) 665-0046 by July 18 to register and to sign up for bus transportation.

EXERCISE SCHEDULE UPDATES

- There will be a change of day for Zumba in July, EXCEPT for July 1. Donna will teach Zumba on the following dates: Friday, July 1, at 9am and Wednesdays at 9am on July 6, 13, 20, and 27.
- There will be **NO** In Control class on Monday, July 25 and **NO** Strong You class on Thursday, July 28.

GAME DAY

Join Club friends for a fun morning of games on **Wednesday, July 6 at 11:00am**. Gather your friends to socialize and play any game you'd like. We have cards, Scrabble, and dominoes at the Center, or bring your own game to play! **Bert will also be leading a game of Wizard, a fun card game that you can try out!** We also have a Ping Pong table set up in the back room for those who would like to play. *Since social distancing may not be possible, masks are recommended.* The picnic tables on the patio will also be available if the weather is nice! For bus transportation, please call 2 days in advance.

ART WITH MASKING TAPE

Have you ever wondered that art is always beautiful even with masking tape on?? Want to know how? Join Sarika Divate **on Tuesday, July 12 at 11.30 am in the DeCorso Center Solarium** to learn the fun and easy art techniques. Create a wonderful art project all by yourself. E-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 two days in advance to register.

SPECIAL BINGO WITH CHATHAM HILLS

We will have a "special" bingo with Chatham Hills on **Wednesday, July 27 at 11am** in the Main Room of the DeCorso Center. Bingo cards will be 50 cents each. Chatham Hills will bring special prizes! E-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 two days in advance to register and to sign up for bus transportation.

VOLUNTEERS NEEDED FOR BINGO!

We are looking for volunteers to help call bingo on Fridays at 11am over the summer. If you are interested, please email decorsocenter@newprov.us or call (908) 665-0046 to volunteer. Your help, even for just one date, would be greatly appreciated!

Thank You...

- Christine Napolitano for the Paper Stars craft
- Jenn Aranda for resuming Nurse's Hours
- Brandywine Living for the BBQ cooking program
- Joe Eberle for the Housing Market presentation
- Paige from Chatham Hills for calling bingo

SENIOR VACCINE BOOSTER CLINIC

On **Wednesday, August 17 at 10:00 am**, there will be a special COVID-19 vaccine booster clinic for seniors at the DeCorso Center. Moderna and Pfizer boosters will be available. *This event will be for seniors only.* Please contact Jenn Aranda (Public Health Nurse) at Newprovphn@gmail.com or (908)743-1049 to reserve a dose of vaccine. You can leave a message to reserve a booster, but please leave your name and the brand of booster you prefer. Walk-ins welcome but extra supply may be limited. Please reserve your dose by no later than July 29.

GREETING CARD DONATIONS

If you have extra greeting cards at home, please consider donating them to the Club (free ones from charitable organizations are welcome). Birthday cards, get well cards and thinking-of-you cards would be appreciated. Feel free to drop them off at the Center any time we're open!

SENIOR BUS SHOPPING TRIPS

On **Thursday, July 7**, Mike will drive the senior bus to the Blue Star Shopping Center including The Dollar Store, ShopRite, and Kohl's.

On **Thursday, July 21**, Mike will go to the Watchung Square Mall including Target, Walmart, and Bed Bath and Beyond.

Pickups will begin at 9:00a.m. Seniors are asked to wear their masks while riding the bus. To reserve your spot, call (908) 665-0046 or email decorsocenter@newprov.us by Tuesday, July 5 for the July 7 trip and Tuesday, July 19 for the July 21 trip.

ED LIEDER SCHOLARSHIP WINNER

Rohan Gudwani is the recipient of this year's Edward H. Lieder Student/Athlete Scholarship Award given by the Club. The NPSCC Board of Trustees chose Rohan from a pool of applicants who had at least a 3.7 GPA, 4 years of varsity athletic experience and who volunteered with senior citizens in town. Rohan excelled in each of these areas. He is heading to the University of Maryland to major in Biomedical Engineering. Congratulations Rohan!

ATLANTIC HEALTH VIRTUAL PROGRAM

How to Eat Healthy When You Have No Time - Wednesday, July 13, 12pm - Join us and learn how to eat healthy when you have no time. Whatever the reason - limited time to cook or no desire to prepare meals - there is hope! Come learn how to whip up healthy delicious meals without investing tons of time. Presented by Cathy Olmstead MS, RDN, CDCES, BC, ADM, Diabetes and Nutrition Center. E-mail decorsocenter@newprov.us by Monday, July 11 to register and receive the Zoom link.

Cleri-Who?

Edmund Clerihew Bentley found a passion for writing early in his life. After attending Merton College, he worked as a journalist for newspapers like the Daily Telegraph and the Outlook in London. He began publishing poetry in 1905 at the age of 30, and it was then he introduced the world to his eponymous short poems, clerihews. The clerihew is generally considered to be a short, biographical verse that often begins with the name of the subject on the first line. It consists of just four lines with an AABB rhyming style, meaning the first two lines rhyme and the third and the fourth lines rhyme. There is no definitive number of syllables per line, so you can make each line as long or short as you like in order to land on the rhyme. Here are two examples:

My grandson keeps mixing up his words,
Trying to decipher him is for the birds.
"Grandma, did you know people die from salami?"
It took me an hour – he'd meant "tsunami."

The Fourth of July is fun, I guess,
But the fireworks show is always a mess.
My dog responds like the house is on fire
Before trying to hide in my clothes dryer.

BOROUGH FIREWORKS SHOW

The borough will be sponsoring a fantastic fireworks show on Sunday, July 3. The fireworks will be launched near South Street beginning at 9:30 PM and should be visible from most locations within the borough, so grab your lawn chair and settle into your favorite viewing spot around town. **South Street WILL NOT be closed this year for viewing.**

THE LIONS' DEN

The Lion's Den is a newly created reading area for seniors located near the art display at the New Providence Memorial Library. This senior reading area has two comfortable chairs specially designed for stability and ease of access, and two combination light/magnifying glass stanchions which allow for reading a whole page at one time with focused lighting and magnification of type face.

The New Providence Lions club along with the Friends of the New Providence Library donated funds to create this area for New Providence seniors.

SUMMER FAMILY CONCERTS

New Providence Business is proud to present three FREE summer concerts at Centennial Park offering music and entertainment for the whole family. The free concerts start at 7 PM and will also feature a magician. Prestige Diner is generously donating free hot dogs that the NP Lions Club will cook and serve, and Zita's Homemade Ice Cream is generously donating free ice cream for all to enjoy. **The senior citizens bus will be available for transportation to and from these concerts.** Please e-mail decorsocenter@newprov.us or call (908) 665-0046 by the Tuesday before each concert to reserve a spot on the bus.

The 2022 concert dates are:

Thursday, July 14 – Asbury Fever Band

Thursday, July 21 – Kinderhook

Thursday, July 28 – Kootz

NATIONAL NIGHT OUT, CONCERT AND FIREWORKS – TUESDAY, AUGUST 2

Sponsored by New Providence PBA Local 132 and the New Providence Business Community. This event is at 7 PM at the NP High School. National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie. First responders including police, firefighters, and EMS display their equipment and interact with the community. This is an opportunity for the entire family to meet not only the people who serve and protect them, but also the local businesses and organizations that help our town thrive. **The senior citizens bus will be available for transportation to and from this event.** Please e-mail decorsocenter@newprov.us or call (908) 665-0046 by Friday, July 29 to reserve a spot on the bus.

NEW PROVIDENCE MEMORIAL LIBRARY (NPML)

Art of the Mask – Community Art Show, June & July

DIY Terracotta Windchimes – Thursday, Jul 7, 7pm. Make your own windchime to hang in your garden using terracotta pots. Registration required.*

Batter Up – Let's Talk Baseball – Monday, Jul 11, 7pm. Discuss teams, players, and issues of the sport with other baseball fans.*

Movie & Discussion "Dog" – Tuesday, Jul 12, 1:00pm. The 2022 comedy about two former Army Rangers – a difficult dog and a damaged war veteran - paired against their will on the road trip of a lifetime. In English with subtitles for the hearing impaired.

Metal Detecting: NJ History Revealed – Saturday, Jul 16, 10:30am. East Coast Research & Discovery Association, a New Jersey-based metal detecting group, will present historical artifacts and other finds uncovered last year.*

Knit/Crochet Night – Thursday, Jul 21, 7pm. Bring you latest knitting or crocheting project to work on while you chat with others.



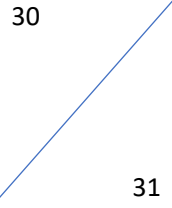
Cookbook Club – Tuesday, Jul 26, 10:30AM. Come to the first Cookbook Club meeting with a recipe to share and to give input into the group.*

Garden State: Living Off the Land in 19th Century New Jersey – Thursday, July 28, 7pm. Virtual program.*

*To register, email rsvp@newprovidencelibrary.org or call (908) 665-0311 ext.4.

FARMERS' MARKET VOUCHER PROGRAM

Due to ongoing concerns regarding COVID-19, Farmers Market vouchers will be distributed only by mail. Eligible seniors can obtain five, \$6-dollar vouchers for a total of \$30.00 to purchase "Jersey Fresh" fruits, vegetables and herbs at participating Farmers Markets in Cranford, Elizabeth, Kenilworth, Linden, Plainfield, Rahway, Roselle Park, Scotch Plains, Springfield, Summit, Union, and Westfield. To be eligible, seniors must be age 60 and older. A single person's annual income cannot exceed \$2,095 per month and a couple's combined income may not exceed \$2,823 per month. Eligible seniors can request a voucher application form by calling the Union County Division on Aging at 908-527-4870 or 888-280-8226. The Division on Aging office is open on weekdays from 8:00 A.M. to 4:00 P.M.

	NEW PROVIDENCE SENIOR CITIZENS CLUB ~ July 2022 ~					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jun 26	Jun 27 9:00 In Control ¹ 11:00 Chair Yoga ¹ 12:00 Bridge ⁴	Jun 28 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	Jun 29 11:00 Club Meeting – Brandywine Living: Easy Recipes to Bring to Your Summer BBQ^{2***}	Jun 30 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg <i>Rain date for Brandywine program</i>	1 9:00 Zumba ¹ 11:00 Indoor Bingo ^{***}	2
3 <i>Borough Fireworks Show 9:30pm</i>	4 Independence Day CENTER CLOSED – NO EXERCISE CLASSES OR ACTIVITIES	5 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian	6 9:00 Zumba ¹ 11:00 Game Day^{***}	7 9:00 Bus to Blue Star^{**} 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg	8 11:00 Indoor Bingo ^{***}	9
10	11 9:00 In Control ¹ 11:00 Chair Yoga ¹ 12:00 Bridge ⁴	12 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 10:00 Activities Committee 11:30 Masking Tape Art ² 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	13 9:00 Zumba ¹ 10:00 Nurse's Hours 11:00 Club Meeting – NP Intergenerational Club^{2***} 12:00 "How to Eat Healthy When You have No Time"¹	14 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg <i>7:00 Summer Concert @ Centennial Park^{***}</i> <i>Rain date for Club Mtg</i>	15 11:00 Indoor Bingo ^{***}	16
17	18 9:00 In Control ¹ 11:00 Chair Yoga ¹ 12:00 Bridge ⁴	19 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 11:00 Book Club 1:00 Tai Chi ¹ 1:00 Advanced Italian	20 9:00 Zumba ¹ 11:00 Club Meeting – "All About New Providence" Quiz Program^{2***}	21 9:00 Bus to Watchung Square Mall^{**} 9:30 Strong YOU with Myriam ¹ 1:00 Mah Jongg <i>7:00 Summer Concert @ Centennial Park^{***}</i>	22 11:00 Indoor Bingo ^{***}	23
24	25 9:00 <u>NO</u> In Control ¹ 11:00 Chair Yoga ¹ 12:00 Bridge ⁴	26 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	27 9:00 Zumba ¹ 11:00 Special Bingo with Chatham Hills^{2***}	28 9:30 <u>NO</u> Strong YOU with Myriam ¹ 1:00 Mah Jongg <i>7:00 Summer Concert @ Centennial Park^{***}</i>	29 11:00 Indoor Bingo ^{***}	30  31

All NPSCC activities are held at the Decorso Center unless otherwise noted.

¹ Virtual class via Zoom. Pre-registration required.

² Registration required.

³ Held outside. Registration required.

⁴ Masks required.

Bus Transportation

* Call MONDAY MORNINGS to reserve your spot

** Call 2 days in advance to reserve your spot.

*** Call 2 days in advance to reserve your ride.