

New Providence Senior Citizens Newsletter

"Good things happen here!"



OCTOBER 2022



Vol. 22, No. 10

COORDINATOR'S CORNER

The weather turned cooler in the last few days, and it seems that the leaves will soon be changing... I hope you enjoy this beautiful season and all that it has to offer. We have many programs and activities going on at the Center this month and look forward to seeing you here! Please see below for highlights, and the following pages for more information.

Highlights of October Programs and Activities Include:

- Club meeting and "Coffee with A Cop"
- Club meeting and NP School District Presentation
- Bingo every Friday and a special Wednesday Halloween-themed bingo with Brandywine Living
- Art Program – Make and decorate Diyas
- Activities Committee bus trips to Oktoberfest and the Airport Cafe
- Knitting club resumes
- "Game Day" – bring friends and play Wizard or your favorite game!
- Walking Club
- Bus to Blue Star Shopping Center
- Reservations for Senior Bus transportation to early voting at the Center
- Atlantic Health virtual programs

Important Safety Protocols for In-Person Programs:

- * The wearing of masks in Borough of New Providence Municipal Buildings, including the DeCorso Center, is no longer required. Social distancing is still recommended.
- * Please note that the Department of Health encourages residents to make individual decisions within the guidelines in place. Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living at home with them. Masks are also strongly recommended when riding the Senior Bus, and for Bridge, Mah Jongg, Game Day, and other activities when seniors may not be socially distanced. If you are concerned about disease transmission or you are not fully vaccinated, you are encouraged to wear a mask.
- * We continue to encourage everyone to stay up to date with their vaccinations.
- * If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

Please note the following schedule updates:

- Italian classes will resume on Tuesday, October 4.
- Mah Jongg will change their start time to 12:30pm on Thursdays beginning in October.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bert Abbazia
Vice-Chair: Grace Parlapiano
Secretary: Bette Schmitt
Trustees: Peggy Brodeur, Barbara Koslap, Sal Ligammari, Peggy Macneal, Pat Malicher, Bill Wehrle

Club Officers

President: Christine Napolitano
Vice President: Bill Wehrle
Treasurer: Sal Ligammari
1st Treasurer: Dolores Felezzola
Sergeants-at-Arms: Mike Ferlise
Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.
New Providence, NJ 07974
908-665-0046
www.newprov.org/seniors
www.facebook.com/NPSeniors

Hours

Monday-Friday: 9:30am - 2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Arthi Shri Selvaraj

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to ShopRite on Tuesday mornings, to shopping malls as scheduled, and to several Club activities. Call in advance to reserve your ride.

OKTOBERFEST AT FOREST LODGE**Saturday, October 8**

Take the New Providence Senior Citizens Club bus to Oktoberfest at Forest Lodge in Warren on **Saturday October 8 at 11:00am**. Socialize with friends and indulge in delicious German food while listening to the oom-pah band. Local vendors will be there with handcrafted items for sale. **Cost is \$12 plus cost of food.** Tickets are on sale now! **Bus limit is 28 riders.** If you drive yourself, cost is \$10 plus cost of food.

AIRPORT CAFÉ TRIP**Thursday, October 20**

On **Thursday, October 20, 12:00noon**. We are returning to the Airport Café to enjoy delicious food and delightful friends while watching planes take off and land. **Cost is \$2 plus cost of food.** Tickets are on sale now!

MAKE YOUR OWN DIYA'S!

Diya's are a small type of lamp, lit on the Indian holiday of Diwali for worship and decorative purposes. Diya's can be plain, colorful, simple, fancy, big or small! On **Thursday, October 6 at 11am** we will make Diya's out of air-dried clay. Once they dry for a couple of days, we will paint and decorate them on **Monday, October 10 at 11am**. Let these Diya's bring light to your family and friends. E-mail decorsocenter@newprov.us or call (908) 665-0046 two days in advance to register.

NPSC CLUB MEETING AND "COFFEE WITH A COP"

Please join us on **Wednesday, October 12 at 11:00a.m.** for a Club meeting followed by "Coffee with a Cop," a special opportunity for Club members to talk with officers from the New Providence Police Department. This is a wonderful opportunity to get to know some of the Borough's finest while enjoying refreshments and baked goods provided by Starbucks. Please come to say hello and ask any questions you may have. The meeting and "Coffee with a Cop" will be held at the picnic tables outside the Center, weather permitting. RSVPs are appreciated for planning purposes. For bus transportation, please call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

SPECIAL HALLOWEEN-THEMED BINGO BY BRANDYWINE LIVING

We will have a special Halloween-themed bingo game on **Wednesday, October 26 at 11am**. Brandywine Living will be here to give out special prizes and special pumpkin treats. **Wear a costume and enjoy the prizes!** Bingo cards will be 50 cents each. For bus transportation, please call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

NPSC CLUB MEETING AND NEW PROVIDENCE SCHOOL DISTRICT PRESENTATION

Join us for a club meeting and a presentation by the New Providence School District Board of Education on **Wednesday, October 19 at 11 a.m.** The New Providence School District has been hard at work preparing for a 2022 Referendum that will take place on November 8th, 2022, addressing many important needs that will enhance the instructional environment in our schools. The proposed projects will allow New Providence schools to maintain their excellent reputation, a reputation that directly protects the relative value of homes. There will be an opportunity for discussion with Board of Education representatives following the presentation. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

KNITTING CLUB WILL RESUME

The regular knitting club will resume on **Thursdays at 1pm beginning October 13**. Bring your own project and enjoy the conversation. All are welcome!

GAME DAY

Join Club friends for a fun morning of games on **Wednesday, October 5 at 11am**. Gather your friends to socialize and play any game you'd like. We have cards, Scrabble, and dominoes at the Center, or bring your own game to play! Bert will be leading a game of Wizard, a fun card game that you can try out! We also have a Ping Pong table set up in the back room for those who would like to play. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

WALKING CLUB

Enjoy fresh air and exercise while socializing with friends. Join the Center's "Walking Club" on **Wednesdays in October at 10am**. Meet at the Center and walk in the surrounding neighborhoods. Weather permitting. Wear comfortable clothing and sneakers and bring water. For bus transportation to the Center, please call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

BOOK CLUB

The Book Club will meet on **Tuesday, October 18 at 11am** to discuss the book *Black Cake* by Charmaine Wilkerson. Come join us and share your thoughts!

SENIOR BUS SHOPPING TRIP

On **Thursday, October 13**, Mike will drive the senior bus to the Blue Star Shopping Center including The Dollar Store, ShopRite, and Kohl's. Pickups will begin at 9:00a.m. Seniors are asked to wear their masks while riding the bus. To reserve your spot, call (908) 665-0046 or email decorsocenter@newprov.us by Tuesday, October 11.

NURSE'S HOURS

The New Providence Public Health Nurse, Jennifer Aranda, will be at the DeCorso Center on **Wednesday, October 19 beginning at 10:00a.m.** to give blood pressure screenings and answer questions. Please stop by the Card Room to see her before the Club meeting. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us two days in advance.

THANK YOU NOTES

- Turtle Back Zoo for the live animal presentation.
- Christine Napolitano for organizing the Welcome Back Country-Western Picnic and for the Knitting Lesson.
- Nish Verma, Travel Guru and Guide, for sharing his tips on how to plan a senior-specific travel adventure.
- Bill Wehrle for his generous donation for bingo prizes.
- Dave Malicher for his handiwork to create a box to hold the bingo pieces in place.

PUMPKIN CRAFT

Join Christine on **Thursday, November 3 at 11a.m.** to make a beautiful fall décor craft. Learn a simple technique to wrap fabric around a toilet paper roll to create a fall pumpkin. **Please bring a roll of toilet paper.** Fabric will be provided. Maximum 10 participants. E-mail decorsocenter@newprov.us or call (908) 665-0046 to register.

UPCOMING ACTIVITIES COMMITTEE EVENTS

Save the Date: The NPSCC Holiday Luncheon is scheduled for Thursday, December 15. Details to follow.

SAVE THE DATE!**Diwali Celebration at DeCorso Center**

On **Thursday, November 10 at 11am** we will have a special Diwali celebration for all Club members to enjoy! The event will include Indian classical and Bollywood dances, a fashion show and musical performance along with refreshments. **Advance registration is required.** Bus transportation is available.

ATLANTIC HEALTH VIRTUAL PROGRAMS***Diet and Cancer Myths: Soy, Dairy and More – Monday, October 3 at 3pm.***

We all look forward to our favorite holiday foods, treats and celebrations. But we don't want to discover unwanted pounds or health setbacks due to over-indulging. Learn some strategies for navigating holiday eating and tips to lighten up celebratory recipes. Email decorsocenter@newprov.us by Friday, September 30 to register and to receive the Zoom link.

Health in a Hurry – Monday, October 17 at 10am

Learn time saving tips to create and enjoy delicious meals and snacks that are good for you too! Join Evelyn Minolfo, MS, RDN as she shows you how to prep healthy food in a hurry! Email decorsocenter@newprov.us by Friday, October 14 to register and to receive the Zoom link.

EARLY VOTING AND ELECTION DAY VOTING AT THE DECORSO CENTER

Early voting will take place at the DeCorso Center from Saturday, October 29 through Sunday, November 6. Voting will also take place at the DeCorso Center on Election Day, Tuesday, November 8.

The Senior Bus will be available on **Wednesday, November 2 from 10:30am to 12:30pm** to bring seniors to the Center for early voting. Call (908) 665-0046 or e-mail decorsocenter@newprov.us at least two days in advance to request bus transportation.

SAVE THE DATE – VETERAN’S DAY

American Legion Post #433 invites veterans, friends, and the community to join them for a Veterans Day Remembrance on **Friday, November 11**. There will be a service at 11:00am at the American Legion Post (next to the New Providence Library). Following the service, “The Cover Girls” will provide a musical tribute to our service men and women. Refreshments will be served. Please join to honor our veterans who gave so much as they also honor those who they lost. RSVP in advance by calling the American Legion Post at (908) 464-9010 and leaving a message.

DEADLINE APPROACHING FOR SENIORS TO APPLY FOR N.J. PROPERTY TAX REDUCTION

While the full SALT property tax deduction has not been reinstated, some New Jerseyans still have a chance to lower their property tax bills. The Senior Freeze program, which reimburses eligible seniors and disabled residents for increases in their property taxes or mobile home fees, is still available. The deadline to apply for the latest year of benefits is Oct. 31, 2022.

ACTIVITIES CORNER – Halloween Jokes

Why didn’t the mummy have any friends? Because he was wrapped up in himself!

What road has the most ghosts haunting it? A dead end!

Do you know how to make a witch itch? You take away the “w”!

What animal is best at baseball? A bat!

Why did the cyclops stop teaching? Because he only had one pupil!

AROUND TOWN

PBA Car Show – Saturday, October 1, 8am-3pm.

Held at the Community Pool. Raffles, giveaways, and delicious food trucks!

Downtown Scarecrow Contest – begins Saturday, October 8. Look out for “Officer S. Crow.” Don’t forget to vote for your favorite!

NP Street Fair – Sunday, October 30, 11am-5pm, rain or shine. Held on Springfield Avenue between South Street and Livingston Avenue. Exhibits, vendors, activities, food, and entertainment.

NEW PROVIDENCE MEMORIAL LIBRARY (NPML)

Annual Craft Fair – Saturday, October 1, 10am-4pm. Handcrafted goods by local artisans. Shop early for unique gifts!

NP Chess Club Lecture – Mon, Oct 3, 17 4:30pm. Learn to play chess with NP Chess Club. Register at least 1 day in advance online through NP Chess Club.

NP Chess Club – Mon, Oct 3, 10, 17, 24, 31, 5:30pm. Play chess with the NP Chess Club tournament! Register at least 1 day in advance online through NP Chess Club.

Knit/Crochet Night – Mon, Oct 3, 7pm & Thurs, Oct 20, 7pm. Bring your latest knitting or crocheting project to work on while you chat with others.

Books & Bagels – Tues, Oct 4, 10:30am

The American Revolution in One Hour – Thurs, Oct 6, 7pm. Historian takes those in a hurry through the founding of our country.*

Intro to Programming with Python – Sat, Oct 8, 15, 29, 10:30am.*

Sumi-e Society Art Reception – Sun, Oct 9, 1pm. The art of Japanese ink painting.

Batter Up – Let’s Talk Baseball – Mon, Oct 10, 7pm



Movie & Discussion: “American Underdog” – Tues, Oct 11, 1pm

Hickory Tree Chorus Concert – Sun, Oct 16, 3pm. Come hear some of your favorite songs performed in four-part harmony.

Sewing Machine Workshop – Sat, Oct 22, 2pm.*

Cookbook Club: 30 Minute Meals – Tues, Oct 25, 1pm.*

*To register, email rsvp@newprovidencelibrary.org or call (908) 665-0311 ext.4

	NEW PROVIDENCE SENIOR CITIZENS CLUB ~ October 2022 ~					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Saturday 1 Sunday 2	3 9:00 In Control ¹ 11:00 Trustee Mtg 11:00 Chair Yoga ¹ 11:00 Bridge 3:00 Diet and Cancer Myths¹	4 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	5 10:00 Walking Club ^{***} 11:00 Game Day^{***}	6 9:30 Strong YOU w/Myriam ¹ 11:00 Make Your Own Diya's² 12:30 Mah Jongg	7 9:00 Zumba ¹ 11:00 Bingo ^{***}	8 Oktoberfest at Forest Lodge³ – Bus leaves @ 11:00am
9	10 <i>Columbus Day</i> 9:00 In Control ¹ 11:00 Decorate Diya's² 11:00 Chair Yoga ¹ 11:00 Bridge	11 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 10:00 Activities Committee 1:00 Tai Chi ¹ 1:00 Advanced Italian	12 10:00 Walking Club ^{***} 11:00 Club Meeting – Coffee with a Cop^{***}	13 9:00 Bus to Blue Star^{**} 9:30 Strong YOU w/Myriam ¹ 12.30 Mah Jongg 1:00 Knitting Club	14 9:00 Zumba ¹ 11:00 Bingo ^{***}	15
16 <i>Hickory Tree Chorus @ NPML 3:00pm</i>	17 9:00 In Control ¹ 10:00 Health in a Hurry¹ 11:00 Chair Yoga ¹ 11:00 Bridge	18 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 11:00 Book Club 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	19 10:00 Walking Club ^{***} 10:00 Nurse's Hours^{***} 11:00 Club Meeting – NP Board of Education Presentation^{***}	20 9:30 Strong YOU w/Myriam ¹ 12:00 Airport Café³ – Bus leaves @ 12:00 12.30 Mah Jongg 1:00 Knitting Club	21 9:00 Zumba ¹ 11:00 Bingo ^{***}	22
23	24 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 Bridge	25 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian	26 10:00 Walking Club ^{***} 11:00 Halloween Bingo^{***}	27 9:30 Strong YOU w/Myriam ¹ 12.30 Mah Jongg 1:00 Knitting Club	28 9:00 Zumba ¹ 11:00 Bingo ^{***}	29 Early Voting 10am-8pm
30 Early Voting 10am-6pm <i>NP Street Fair 10am - 4pm</i>	31 Early Voting 9:00 In Control ¹ 11:00 Chair Yoga ¹ 11:00 Bridge <i>Happy Halloween!</i>	Nov 1 Early Voting 8:00 Bus to ShopRite* 9:45 Balance & Cond. ¹ 1:00 Tai Chi ¹ 1:00 Advanced Italian 2:00 Beginner Italian	Nov 2 Early Voting 10:00 Walking Club ^{***} 11:00 Game Day^{***} 10:30-12:30 Bus to Center for Early Voting ^{***}	Nov 3 Early Voting 9:30 Strong YOU w/Myriam ¹ 11:00 Pumpkin Craft⁴ 12.30 Mah Jongg 1:00 Knitting Club	Nov 4 Early Voting 9:00 Zumba ¹ 11:00 Social Hour 11:00 <u>NO</u> Bingo ^{***}	Nov 5 Early Voting 10am-8pm

¹ Virtual class via Zoom. Pre-registration required.

² Register by 2 days in advance.

³ Purchase your ticket in advance.

⁴ Register in advance. Space is limited.

Note: Masks are recommended for any activity when social distancing is not possible.

Bus Transportation

* Call MONDAY MORNINGS to reserve your spot

** Call 2 days in advance to reserve your spot.

*** Call 2 days in advance to reserve your ride.