

New Providence Senior Citizens Newsletter

"Good things happen here!"

JUNE 2023

Vol. 23. No. 6



COORDINATOR'S CORNER

This month we are wishing a fond farewell to our Program Coordinator Arthi Shri Selvaraj, who is resigning effective June 23 and moving out of town. We will miss her! We are also celebrating our long-time Italian teacher Leo Piovano, who is retiring after his last class on June 13. Please come celebrate each of them and wish them the best at farewell celebrations on June 14 for Leo and June 28 for Arthi!

Highlights of June Programs and Activities include:

- Club Meeting/School Music/Birthdays – Wed, 6/7, 11am
- Planting: Flowers and Herbs – Wed 6/7, 10am
- Card Making with the NP Lions – Thurs, 6/8, 11am
- Club Meeting/Leo's Farewell – Wed, 6/14, 11am
- Bus to Blue Star – Thurs, 6/15, 9am
- Club Meeting/Panama Canal – Wed, 6/21, 11am
- Wolf Preserve Trip – Thurs, 6/22, 8:30am
- Accessories Swap – Wed, 6/28 before and after the meeting
- Club Meeting/Arthi's Farewell/Special Bingo – Wed, 6/28, 11am

Important Safety Protocols for In-Person Programs:

- The wearing of masks in the DeCorso Center is no longer required. Social distancing is still recommended. We encourage everyone to stay up to date with vaccinations.
- The Department of Health encourages residents to make individual decisions within the guidelines in place. Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living at home with them, and for activities when seniors may not be socially distanced.
- If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

Please note the following schedule updates:

- Due to Early Voting and Primary Election voting at the Center, there will be NO Bingo on Friday, June 2 and NO Italian classes on June 7. Chair Yoga on June 5 and Balance and Conditioning on June 6 will be held on ZOOM ONLY.
- There will be NO Bingo on Friday, June 9; we will have Bingo on Monday, June 12 at 12:30pm instead.
- Myriam will NOT teach In Control on June 5 or 12, and will NOT teach Strong You! on June 1, 8, 15, or 22.
- There will be NO Chair Yoga on June 19.
- Borough Offices will close at 1:00pm on Fridays through September 1st for "summer hours."
- Please check the calendar for updates on specific activities.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bill Wehrle

Secretary: Bette Schmitt

Trustees: Bert Abbazia, Peggy Brodeur, Barbara Koslap, Sal Ligammar, Pat Malicher, Nina Pardi, Grace Parlapiano

Club Officers

President: Christine Napolitano

Vice President: Bill Wehrle

Treasurer: Sal Ligammar

1st Treasurer: Dolores Felezzola

Sergeants-at-Arms: Mike Ferlise

Newsletter Editor: Barbara Koslap

DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

www.newprov.org/seniors

www.facebook.com/NPSeniors

Hours

Monday-Friday: 9:30am-2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Arthi Shri Selvaraj

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to Shop Rite on Tuesday mornings, to shopping malls as scheduled, and to several Club activities. Call in advance to reserve your ride.

CLUB MEETINGS & SPECIAL PROGRAMS**NPSC CLUB MEETING/BIRTHDAYS &
School Musical Performance**

Wednesday, June 7 at 11:00am

Join us for a Club meeting and enjoy a morning of music with New Providence elementary school students. Members of the Elementary Select Orchestra will perform and share some wonderful instrumental music.*

**NPSC CLUB MEETING &
Celebration of Leo Piovano**

Wednesday, June 14 at 11:00am

This month we will wish a fond farewell to our long-time Italian teacher Leo Piovano. Please join us at the Club meeting to honor and celebrate Leo and to wish him well in his "retirement." Special refreshments will be served. See separate article for information about the new Italian class instructor and class schedule updates.*

**NPSC CLUB MEETING &
"What has transpired with the Panama Canal?"**

Wednesday, June 21 at 11:00am

Join us for a Club meeting and enjoy a presentation about the Panama Canal by our Club member Pat Malicher. It will be a report on the transition of the canal and what recent updates have caused in the United States.*

**NPSC CLUB MEETING &
Farewell to Arthi &
July 4th Themed Bingo by Brandywine Living**

Wednesday, June 28 at 11:00am

Please join us at this Club meeting to wish a fond farewell to Arthi, who is moving out of town. We will celebrate her and wish her well on her next endeavor. Following the celebration, we will have a special July 4th themed Bingo as the program of the Club meeting. **Brandywine Living** will be here to give out special prizes. Special refreshments will be served. RSVPs are not required but appreciated for planning purposes.*

*For bus transportation, call (908) 665-0046 or email decorsocenter@newprov.us two days in advance.

EVENTS**PLANTING: FLOWERS & HERBS**

Wednesday, June 7 at 10:00am

Do you have a "green thumb," or just want to enjoy some time outside in the sunshine? Join our Public Health Nurse Jennifer Aranda to plant flowers and herbs in the planter boxes outside the Center. Help make the Center's entry area look beautiful, and plant herbs that, as they grow, seniors will be able to pick and enjoy cooking with at home!

ACCESSORIES SWAP

Find new treasures at our "Swap It" on **June 28** before and after the club meeting. The swap will be an exchange of items; no money will change hands. Bring accessories (jewelry, scarves, purses, ties) that you no longer use and pick up some "new" items.

TRIPS**LAKOTA WOLF PRESERVE**

Learn about one of nature's most misunderstood creatures on **Thursday, June 22nd**. The bus leaves the Center at 8:30am. When we get to the Preserve, we will take a ride on an old school bus into the woods to learn about the similarities and differences of 4 types of American wolves. We will also see bobcats, red foxes, and other rescued wild animals.

Participants must be aware that there is walking on insecure pathways and there is no place to sit as we hear the animal presentations. This is a wooded natural forested area. There are rocky, uneven pathways. Walker wheels and canes DO NOT TRAVEL WELL on these UNEVEN surfaces. Please consider your safety, it is YOUR responsibility. Cost is \$20 plus cost of lunch. There are a limited number of tickets. **Purchase ticket by June 9.**

SOMERSET PATRIOTS BASEBALL GAME

Enjoy a minor league baseball game and fireworks on **Friday, July 7**. Bus leaves at 6:00pm. Cost is \$17. **Tickets must be purchased before June 1.**

ANNIVERSARY LUNCH HONOREE

The NPSCC membership chose Dolores Felezzola to be this year's honoree at the Anniversary Luncheon. Dolores has for years sold the 50/50 tickets before the NPSC Club meetings and special events, always with a smile and a friendly welcome to all. She has been invaluable in her commitment to the Club and to its members. Thank you Dolores!

ARTS & CRAFTS**CARD MAKING**

Thursday, June 8 at 11:00am

Join Linda Kale and other New Providence Lions Club members to create beautiful hand-made birthday cards for your family or friends. Get in touch with the artist in you to personalize your cards. This class is for men and women. Please email decorocenter@newprov.us or call the Center at (908) 665-0046 by Monday, June 5 to register.

KNITTING CLUB

Thursdays at 1:00pm

Bring your own project and enjoy the conversation on Thursdays at 1:00pm. Also welcome are non-knitters or crocheters who want to learn (we have some supplies at the Center).

CARDS & GAMES**BINGO**

Special Bingo – Join us for bingo with special prizes and special treats provided by **Brandywine Living** on **Wednesday, June 28, after the 11:00am Club meeting**.

Friday Bingo – Join us for weekly bingo Fridays at 11:00am. **There will be NO Bingo on Friday, June 2 or Friday, June 9. Instead there will be bingo on Monday, June 12 at 12:30pm.**

Bingo cards are 50 cents each. For bus transportation, call (908) 665-0046 or e-mail decorocenter@newprov.us two days in advance.

BRIDGE

Mondays at 11:00am

Come play “social bridge” and enjoy the company of Club friends in the Card Room! All levels are welcome.

MAH JONGG

Thursdays at 12:30pm

Join Club friends for a fun afternoon in the Card Room! Play Mah Jongg on Thursdays beginning at 12:30pm.

BUS TO BLUE STAR

Take the bus to Blue Star Shopping Center on **Thursday, June 15**. Pickups begin at 9:00am. E-mail decorocenter@newprov.us or call (908) 665-0046 by Tuesday, June 13 to reserve your spot.

HEALTH & FITNESS

NURSE'S HOURS – New Providence Public Health Nurse Jenn Aranda, will be at the Center before the Club meeting on **Wednesday, June 7, beginning at 10:00am** to plant flowers and herbs with seniors outside the Center. She will also be available to answer questions. For bus transportation, call (908) 665-0046 or e-mail decorocenter@newprov.us.

EXERCISE CLASSES

All DeCorso Center exercise classes are free to New Providence residents ages 65+. Please ask your doctor which classes would be appropriate for you and contact the Center to register. Our class schedule is as follows:

- **In Control** – Mondays at 9:30am - Zoom only. **NO class on June 5 or 12.**
- **Chair Yoga** – Mondays at 11:00am – In Person and on Zoom. **ZOOM ONLY on June 5. NO class on June 19.**
- **Balance and Conditioning** – Tuesdays at 9:45am – In Person and on Zoom. **ZOOM ONLY on June 6.**
- **Stretch & Strength (May 24 – June 28)** – Wednesdays at 9:30am – Zoom only.
- **Strong You** – Thursdays at 9:30am – In Person and on Zoom. **NO class on June 1, 8, 15 or 22.**
- **Tai Chi** – Thursdays at 1:00pm - Zoom only.
- **Zumba** – Fridays at 9:00am – Zoom only.

DONATIONS APPRECIATED

We are collecting items to include in care packages for homebound New Providence seniors. The following NEW items would be appreciated: soap, shampoo, lotion, hot chocolate packets or small packages of coffee, gloves or scarves, puzzle books, pens, socks, small crafts, puzzles, pre-packaged cookies or snacks, journals/notebooks, and decks of cards. Please leave items in the collection bin in the DeCorso Center lobby. All donations are appreciated! If you have any questions, or know someone who would benefit from a package, please call the Public Health Nurse Jennifer Aranda at (908) 743-1049.

There is also a separate collection bin in the lobby to donate eyeglasses. Donated glasses will be brought to the Lions Club collection site to share the gift of sight with those in need. Thank you for your donations!

SCHOLARSHIP WINNER

Maxwell Wozinski is the recipient of this year's Edward H. Lieder Student/Athlete Scholarship Award given by the Club. The NPSCC Board of Trustees chose Max from a pool of applicants based on his GPA, athletic experience, and volunteer work with senior citizens in town. Max also did his Eagle Scout project renovating the outdoor garden at the DeCorso Center, including planting trees and grass, and creating two planter boxes. He is heading to the University of Rochester to major in chemical engineering. Congratulations Max!

Ed Lieder was the first Athletic Director at NP High School. The football field was named after him. When he retired from the NP school system, the Borough of New Providence hired him to direct and coordinate activities for WWII veterans and other seniors at the 'new' New Providence Senior Center. In 1998, the New Providence Senior Citizens Club voted to honor a graduating high school senior from NPHS with a scholarship award in honor of their first Senior Citizens Coordinator.

ITALIAN CLASS

We are excited to announce that Patrizia Gerace will be the new Italian class instructor, beginning with the Advanced class on June 20. Patrizia comes from Italy, has taught Italian to all ages and levels, and is currently an Italian instructor at Seton Hall University. Please see her note below to all current and prospective students:

"Buongiorno. My name is Patrizia Gerace and I'm very excited to begin teaching your Italian class. I was born and raised in Italy and moved to the USA in 2000. Teaching Italian has been my passion for more than 20 years. I believe that learning a language should be fun and engaging, focusing more on practical usage rather than more academic approaches. I look forward to meeting you in our first session. A presto."

There will be NO Italian classes on Tuesday, June 6. Leo will teach his last class on June 13. Beginning on June 20, the Advanced class will meet every Tuesday at 12:00pm. The Beginner Italian class will meet every other Tuesday at 1:00pm beginning June 27. New students are welcome!

A farewell celebration will be held for Leo at the June 14 Club meeting.

THANK YOU NOTES

- Public Health Nurse Jennifer Aranda and all of the senior volunteers who helped to make the Senior Health Fair a success!
- Christine Napolitano for organizing the wonderful Anniversary Luncheon.

EARLY AND PRIMARY DAY VOTING TO BE HELD AT DECORSO CENTER

Early Voting will take place at the DeCorso Center from Friday, June 2 through Sunday, June 4. Voting will also take place at the DeCorso Center on Primary Election Day, Tuesday, June 6.

There will be NO Indoor Bingo on Friday, June 2 and NO Italian classes on Tuesday, June 6. Chair Yoga class on June 5 and Balance and Conditioning class on June 6 will be held on ZOOM ONLY. On Monday, June 5, the Trustees will meet in the Solarium, and Bridge will be held in the card room, both as regularly scheduled.

AROUND TOWN

Special Bulk Collection – Bulk collection will take place in June. All materials for disposal must be placed curbside by 2 AM on the designated MONDAY for your zone. Check pages 3 and 4 of the 2023 Borough of New Providence Calendar for dates and street listings by zone.

NEW PROVIDENCE MEMORIAL LIBRARY (NPML)

Creative Writing – Thurs, Jun 1, 8, 15, 22, 29, 10:30am

Basic Principles of Ayurveda – Sat, June 3, 2:00pm

Knit/Crochet Night – Mon, Jun 5 & Thurs, Jun 15, 7:00pm

Books & Bagels – Tues, Jun 6, 10:30am

Paint Your Own Indian Tea Coasters – Sat, June 10, 10:30am*

Batter Up: Let's Talk Baseball – Mon, Jun 12, 7:00pm*

Monthly Movie "A Man Called Otto" – Tues, Jun 13, 1:00pm

See library website for additional programming.

*Email rsvp@newprovidencelibrary.org to register.

NEW PROVIDENCE SENIOR CITIZENS CLUB						
June 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 28	May 29 Memorial Day Center Closed – No programs or exercise classes.	May 30 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² 1:00 <u>NO</u> Italian Classes	May 31 9:30 Stretch & Strength ¹ 11:00 Club Meeting & NPHS Jazz Band & Care One Nachos***	1 9:30 <u>NO</u> Strong You! ² 12:30 Mah Jongg 1:00 Knitting Club 1:00 Tai Chi ¹	2 Early Voting 10:00am-8:00pm 9:00 Zumba ¹ 11:00 <u>NO</u> Bingo***	3 Early Voting 10:00am–8:00pm
4 Early Voting 10:00am – 6:00pm	5 9:30 <u>NO</u> In Control ¹ 11:00 Trustee Mtg. 11:00 Chair Yoga ² - (Zoom only) 11:00 Bridge	6 Primary Election Day 6:00am-8:00pm 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² - (Zoom only) 1:00 <u>NO</u> Italian classes	7 9:30 Stretch & Strength ¹ 10:00 Planting flowers and herbs 11:00 Club Meeting & Birthdays & Elementary School Orchestra***	8 9:30 <u>NO</u> Strong You! ² 11:00 Card Making with NP Lions 12:30 Mah Jongg 1:00 Knitting Club 1:00 Tai Chi ¹	9 9:00 Zumba ¹ 11:00 <u>NO</u> Bingo***	10
11	12 9:30 <u>NO</u> In Control ¹ 11:00 Chair Yoga ² 11:00 Bridge 12:30 Bingo***	13 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² 10:00 Activities Mtg. 1:00 Advanced Italian 2:00 Beginner Italian	14 Flag Day 9:30 Stretch & Strength ¹ 11:00 Club Meeting & Celebration of Leo Piovano***	15 9:00 Bus to Blue Star** 9:30 <u>NO</u> Strong You! ² 12:30 Mah Jongg 1:00 Knitting Club 1:00 Tai Chi ¹	16 9:00 Zumba ¹ 11:00 Bingo***	17
18 <i>Happy Father's Day!</i>	19 9:30 In Control ¹ 11:00 <u>NO</u> Chair Yoga ² 11:00 Bridge	20 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² 12:00 Advanced Italian	21 Summer Solstice 9:30 Stretch & Strength ¹ 11:00 Club Meeting & Presentation on the Panama Canal***	22 8:30 Wolf Preserve Trip³ 9:30 <u>NO</u> Strong You! ² 12:30 Mah Jongg 1:00 Knitting Club 1:00 Tai Chi ¹	23 9:00 Zumba ¹ 11:00 Bingo***	24
25	26 9:30 In Control ¹ 11:00 Chair Yoga ² 11:00 Bridge	27 8:00 Bus to ShopRite* 9:45 Balance & Cond. ² 12:00 Advanced Italian 1:00 Beginner Italian	28 9:30 Stretch & Strength ¹ 10:00 Accessories Swap 11:00 Club Meeting & Farewell to Arthi & July 4th Themed Bingo by Brandywine Living***	29 9:30 Strong You! ² 12:00 Mah Jongg 1:00 Knitting Club 1:00 Tai Chi ¹	30 9:00 Zumba ¹ 11:00 Bingo***	Jul 1

¹Virtual class via Zoom. Pre-registration required.

²Hybrid class offered both in -person at the Center and on Zoom. Pre-registration required.

³Purchase ticket in advance.

Note: Masks are recommended for any activity when social distancing is not possible.

BUS TRANSPORTATION

* Call MONDAY MORNINGS to reserve your spot.

** Call 2 days in advance to reserve your spot.

*** Call 2 days in advance to reserve your ride.