

# New Providence Senior Citizens Newsletter

## "Good things happen here!"

MARCH 2025

Vol. 25, Issue 3



### COORDINATOR'S CORNER

"The first blooms of spring always make my heart sing." – S. Brown

I hope for the start of a beautiful spring for you all to enjoy. We have lots going on at the Center this month; come join us for the fun!

### Highlights of March Programs and Activities include:

- Club Meeting, Birthdays, and NPHS Musical Highlights – Wed, 3/5, 11am
- Blue Star Shopping Trip – Thurs, 3/6, 8:30am and 11:30am
- Pizza Bingo with FREE pizza provided by Spring Grove – Fri, 3/7, 11am
- Club Meeting and "Impressionist Art" program – Wed, 3/12, 11am
- St. Patrick's Day Luncheon – Thurs, 3/13, 12:00pm
- Book Club – Tues, 3/18, 11am
- Club Meeting & Special Bingo with Cranford Park Care – Wed, 3/19, 11am
- Painting with Veronica – Thurs, 3/20, 11:30am
- Bingo with refreshments provided by Visiting Angels – Fri, 3/21, 11am
- Club Meeting and special presentation "The Art of Crossword Construction" – Wed, 3/26, 11am
- Tax return assistance by appointment only on Tuesdays and Wednesdays (except March 5).

### Important Safety Protocols for In-Person Programs:

- We encourage everyone to stay up to date with vaccinations, including Covid-19, flu, and RSV.
- Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living at home with them.
- If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

### Please note the following schedule updates:

- There will be NO Italian classes on March 4<sup>th</sup> or 18<sup>th</sup>.
- There will be NO Table Tennis on March 7.

### WEATHER POLICY

When New Providence schools are closed for rain, snow, or ice, senior programs will be cancelled. (Zoom exercise classes may still be held.) When in doubt, call the Center at (908) 665-0046 to check on activities; we will leave a message on the voicemail. Most importantly, if there is snow or ice, please be cautious. It's okay to miss an activity!

### NP Senior Citizens Club

Dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

#### Trustees

Chair: Bill Wehrle

Secretary: Nina Pardi

Trustees: Peggy Brodeur, Carol Dunn, Allan Igo, Barbara Koslap, Christine Napolitano, Sal Ligammari, Grace Parlapiano, Nancy Whipple

#### Club Officers

President: Linda Kale

Vice-President: Bill Wehrle

Treasurer: Sal Ligammari

1<sup>st</sup> Treasurer: Dolores Felezzola

Sergeants-at-Arms: Mike Ferlise, Allan Igo

### DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

[www.newprov.us/278/Seniors](http://www.newprov.us/278/Seniors)

[www.facebook.com/NPSeniors](http://www.facebook.com/NPSeniors)

#### Hours

Monday-Friday 9:30am-2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Beth Conti

Public Health Nurse

Jenn Aranda, 908-743-1049

### Bus Service

Bus transportation is available to Shop-Rite on Tuesday mornings, to shopping malls as scheduled and to several Club activities. Call in advance to reserve your ride.

**CLUB MEETINGS & SPECIAL PROGRAMS****CLUB MEETING, BIRTHDAYS & NPHS MUSICAL HIGHLIGHTS****Wednesday, March 5 at 11:00am**

Join us for a Club meeting, celebrate March birthdays, and enjoy a morning of music with New Providence High School students. Cast members from the NPHS Spring Musical "Freaky Friday" will present highlights from the show.\*

**CLUB MEETING & "IMPRESSIONIST ART" PROGRAM****Wednesday, March 12 at 11:00am**

Join us for a Club meeting and special program "Making a Good Impressionism" with Art Lecturer Dr. Michael Norris to see how French Impressionist painters, rebelling against an ancient state system of art training, created new images quivering with energy and emotion. Dr. Norris, who spent twenty years at the Metropolitan Museum of Art and the Cloisters Museum in New York, will present an "Armchair Art Tour" of art at the Metropolitan Museum of Art, the Princeton University Art Museum, and the Zimmerli Art Museum at Rutgers. (Rescheduled from February 12)\*

**CLUB MEETING & SPECIAL BINGO****Wednesday, March 19 at 11:00am**

Join us for a Club meeting followed by Special Bingo. Cranford Park Care will bring special prizes for the games.\*

**CLUB MEETING & "THE ART OF CROSSWORD CONSTRUCTION"****Wednesday, March 26 at 11:00am**

Have you ever wondered what is involved in producing the small bit of entertainment with which you might start your day? Join us for a Club meeting with Ruth Margolin as she walks through the steps of creating a crossword puzzle, from concept to completion. Follow the process, see the resources used, and gain insight into the attention to detail that is at the foundation of a quality puzzle.\*

\*For bus transportation to Club Meetings, call (908) 665-0046 or e-mail [decorsoccenter@newprov.us](mailto:decorsoccenter@newprov.us) two business days in advance.

**TRIPS & EVENTS****ST. PATRICK'S DAY LUNCHEON****Thursday, March 13 at 12:00pm**

Join in the fun as we celebrate St. Patrick's Day at Vintage Tavern with great food & entertainment by Nick at Nite. Order off the menu and pay for your meal on the day of the event. Tickets are \$10 which is a refundable deposit that will be returned at the luncheon. **Payment in cash only.** Call (908) 665-0046 or e-mail [decorsoccenter@newprov.us](mailto:decorsoccenter@newprov.us) two days in advance for bus transportation.

**SAVE THE DATE****Thursday, April 17****Casino Trip to Wind Creek Casino  
Bethlehem, Pennsylvania****\*\* SENIOR BUS \*\***

**SHOPRITE:** Amy will drive to ShopRite on Tuesdays at 8:00am. If the van reaches capacity, we will add a second trip at 11:30am. Call (908) 665-0046 or e-mail [decorsoccenter@newprov.us](mailto:decorsoccenter@newprov.us) 2 business days in advance to reserve a spot.

**BLUE STAR:** Amy will drive to Blue Star Shopping Center on **Thursday, March 6 at 8:30am and 11:30am.** Call (908) 665-0046 or e-mail [decorsoccenter@newprov.us](mailto:decorsoccenter@newprov.us) 2 business days in advance to reserve a spot. Each trip will be filled on a first come, first served basis.

**BOOK CLUB****Tuesday, March 18 at 11:00am**

\*Please note: Book Club will be meeting one week earlier this month.\*

The March book selection is *Hello Beautiful* by Ann Napolitano. This historical fiction novel about four sisters in an Italian Catholic family in Chicago explores themes of family, love, and the impact of past traumas. Pick up a copy of the book at the Center.

**ITALIAN CLASSES**

Italian classes, Advanced and Beginner, meet every Tuesday. Advanced class meets at 12:00pm. Beginner class meets at 1:00pm. **No classes on March 4 or 18.**

**ARTS & CRAFTS****PAINTING WITH VERONICA****Thursday, March 20 at 11:30am**

Join art instructor Veronica Dunscombe to create a beautiful painting. Create an art project to accent your home. Please call the Center at (908) 665-0046 or email [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) by Friday, March 14 to register. Space will be limited.

**IN STITCHES****Thursdays at 1:00pm**

Join in the fun at this lighthearted gathering of knitters and crocheters. Bring a project and enjoy the conversation. Beginners who want to learn are also welcome.

**CARDS & GAMES****BINGO**

**SPECIAL BINGO** – Join us for special bingo on Wednesday, March 19 after the Club meeting, beginning at approximately 11:45am. There will be special prizes for the games provided by Cranford Park Care.

**FRIDAY BINGO** – Join us for weekly bingo on Fridays at 11:00am. We will have Pizza Bingo on Friday, March 7 with FREE pizza provided by Spring Grove. On Friday, March 21, Visiting Angels will bring refreshments.

Bingo cards are 50 cents each. For bus transportation, call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) two days in advance.

**BRIDGE****Mondays at 11:00am**

Play “social bridge” and enjoy the company of Club friends in the Card Room! All levels are welcome.

**MAH JONGG****Thursdays at 12:00pm**

Come make new friends and have a fun time. Beginners are welcome to watch and learn.

**HEALTH & FITNESS****NURSE'S HOURS**

The New Providence Public Health Nurse, Jenn Aranda, will give blood pressure screenings and answer questions before the Club meetings on Wednesday, March 5 and Wednesday, March 19 at 10:00am.

**EXERCISE CLASSES**

All DeCorso Center exercise classes are free to New Providence residents ages 65+. Please ask your doctor which classes would be appropriate for you and contact the Center to register.

**Special Offerings**

- **Table Tennis** – Fridays, **March 14, 21, and 28** from 9:45-10:45am. Spots are limited.
- **Stretch, Strength, and Stability** – Wednesdays through April (except 4/2) at 9:30am – Zoom ONLY.

**Regular Classes**

- **In Control** – Mondays at 9:45am – In Person and on Zoom.
- **Chair Yoga** – Mondays at 11:00am – In Person and on Zoom.
- **Balance and Conditioning** – Tuesdays at 9:40am – In Person and on Zoom
- **Strong You!** – Thursdays at 9:30am – In Person and on Zoom.

**\*\* TABLE TENNIS\*\***

Back by request, we will offer a third “special” 6-week session of Table Tennis on **Fridays from 9:30-10:30am on March 14, 21 and 28, April 4 and 25, and May 2.** Space will be limited. Registration for the class has begun and spots will be filled on a first come, first served basis; call (908) 665-0046 or email [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) to register.

**ATLANTIC HEALTH VIRTUAL PROGRAMS\***

**Stroke and High Blood Pressure** – Tuesday, March 18, 12:00-1:00pm on ZOOM

Learn how hypertension can affect your risk of a stroke, what to do if you or a loved one has a stroke, and how to BE FAST!

**Healthy Eating for Colon Cancer Prevention** –

Thursday, March 20, 1:00-2:00pm on ZOOM

Learn about diet and lifestyle habits that reduce the risk for colorectal cancer.

\*Email [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) to register and receive the Zoom link.

### AARP TAX RETURN ASSISTANCE

New Providence area residents can obtain FREE AARP Foundation Tax-Aide assistance in preparing and filing their 2024 tax returns. **AARP Foundation Tax Aide counselors will be available at the DeCorso Center for appointments from 9:45am-2:30pm on Tuesdays and Wednesdays from February 5 through April 15 (with the exception of Wednesday, 3/5 when there will not be appointments).** Trained AARP Foundation Tax-Aide volunteers will provide in-person tax assistance free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Taxpayers with complex returns may be advised to seek paid assistance. Taxpayers may call the Center at (908) 665-0046 between 10:00am and 2:00pm Mondays through Fridays to schedule an appointment or may sign up in person at the Center. Senior Bus transportation is available for Wednesday appointments; please speak to Michelle or Beth to arrange bus transportation.

When coming for scheduled tax appointments, AARP asks that taxpayers bring with them:

- Photo Identification for you and your spouse, if married (for a married couple filing jointly, both spouses should be present)
- Social Security cards for you, your spouse, and all dependents
- Copy of last year's return
- All tax forms: W2, 1099, 1098
- 1095 forms if you purchased health insurance through the Marketplace
- Information for all deductions (contributions, taxes paid, mortgage interest, medical out of pocket expenses)
- For direct deposit of refund, proof of bank account number and routing number

Clients are also encouraged to pick up an Interview Booklet in advance from the Center, so that they may fill it out in advance to bring to their appointment.

### NEEDED: GREETING CARDS

Please help us continue the important NPSCC tradition of sending cards to our members. We would appreciate donations of birthday cards for our members celebrating 90+ years and thinking-of-you cards. *The free cards from charitable organizations are welcome and appreciated. Thank you!*

### THANK YOU NOTES

- Ms. Zazzali, Mr. Ziegler and AWR Jazz Band students for their wonderful performance
- Spring Grove for providing pizza for a Friday bingo
- Christine for the beautiful and fun terrarium craft
- Emily Bassiacos, Nicole Beeney, and Life Hospice for the delicious Valentine's Day treats and for calling bingo
- Linda Kale for organizing the sandwich making community service program and all those who participated
- Prestige Diner for donating the delicious pancakes for our program about maple syrup

### AROUND TOWN

**10<sup>th</sup> Annual CSA Pasta Dinner** – Delicious dinner of pasta, salad, and dessert, including gluten-free pasta options. Proceeds provide temporary financial assistance to New Providence neighbors. Event will take place at the DeCorso Community Center on Sunday, March 2 from 4:00-7:00pm with dinner served from 4:00-6:30pm. \$15 per person. There will also be a basket raffle, a silent auction, and a 50/50. Snow date March 9<sup>th</sup>.

**New Providence Wellness Challenge** - Sign up with the NP Recreation Department to receive weekly emails about small changes you can try at home to meet your own wellness goals. There are also some free activities planned to help you along the way, and they've partnered with local businesses to make this a community-wide event! The Challenge runs February 23 - March 30.

**NPHS Musical “Freaky Friday”** - Thursday, March 6 at 7:30pm, Friday, March 7 at 7:30pm, and Saturday, March 8 at 2:00pm and 7:30pm. Senior tickets are \$10 and can be purchased online through the link at the NPHS website: [nphs.npsd.k12.nj.us](http://nphs.npsd.k12.nj.us)

**Ice Cream Social** with Band, Orchestra and Choir students from NPMS, AWR and Salt Brook performing - Wednesday, March 26 at 6:45pm at New Providence High School. Music is free; ice cream is \$5/ticket.

### NEW PROVIDENCE MEMORIAL LIBRARY

**Movie Matinee: “Conclave”** – Tues, 3/4, 1:00pm

**Patrick Kerssen Trio** – Sun, 3/9, 3:00pm

**Movie Matinee: “A Real Pain”** – Tues, 3/18, 1:00pm

*See library website for additional programming.*

**NEW PROVIDENCE SENIOR CITIZENS CLUB**  
**MARCH 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 9:45 In Control <sup>2</sup> <b>10:00 Trustee Mtg</b> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	<b>4 Tax return assistance by appointment only</b> 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> <u>NO</u> Italian classes	<b>5 NO tax return assistance</b> 9:30 Stretch, Strength, Stability <sup>1</sup> <b>10:00 Nurse's Hours*</b> 11:00 Club Meeting, Birthdays, & <b>NPHS Musical Highlights*</b>	6 <b>8:30 Bus to Blue Star*</b> 9:30 Strong You! <sup>2</sup> <b>11:30 Bus to Blue Star*</b> 12:00 Mah Jongg 1:00 In Stitches	7 9:45 <u>NO</u> Table Tennis <sup>4</sup> <b>11:00 Pizza Bingo with FREE Pizza provided by Spring Grove*</b>	8
9 <i>Daylight Saving Begins</i>	10 9:45 In Control <sup>2</sup> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	<b>11 Tax return assistance by appointment only</b> 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> <b>10:00 Activities Mtg</b> 12:00 Advanced Italian 1:00 Beginner Italian	<b>12 Tax return assistance by appointment only*</b> 9:30 Stretch, Strength, Stability <sup>1</sup> 11:00 Club Meeting & "Impressionist Art" program*	13 9:30 Strong You! <sup>2</sup> <b>12:00 St. Patrick's Day Luncheon<sup>3*</sup></b> 12:00 Mah Jongg 1:00 In Stitches	14 9:30 Table Tennis <sup>4*</sup> 11:00 Bingo*	15
16	17 St. Patrick's Day 9:45 In Control <sup>2</sup> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	<b>18 Tax return assistance by appointment only</b> 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> <b>11:00 Book Club</b> <u>NO</u> Italian classes <b>1:00 "Stroke...!"<sup>1</sup></b>	<b>19 Tax return assistance by appointment only*</b> 9:30 Stretch, Strength, Stability <sup>1</sup> <b>10:00 Nurse's Hours*</b> 11:00 Club Meeting & <b>Special Bingo with Cranford Park Care*</b>	20 <b>Start of Spring</b> 9:30 Strong You! <sup>2</sup> <b>11:30 Painting with Veronica<sup>4</sup></b> 12:00 Mah Jongg 1:00 In Stitches <b>1:00 "Healthy Eating...!"<sup>1</sup></b>	21 9:30 Table Tennis <sup>4*</sup> <b>11:00 Bingo with refreshments provided by Visiting Angels*</b>	22
23	24 9:45 In Control <sup>2</sup> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	<b>25 Tax return assistance by appointment only</b> 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> 12:00 Advanced Italian 1:00 Beginner Italian	<b>26 Tax return assistance by appointment only*</b> 9:30 Stretch, Strength, Stability <sup>1</sup> 11:00 Club Meeting & "The Art of Crossword Construction"**	27 9:30 Strong You! <sup>2</sup> 12:00 Mah Jongg 1:00 In Stitches	28 9:30 Table Tennis <sup>4*</sup> 11:00 Bingo*	29
30	31 9:45 In Control <sup>2</sup> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	<b>Apr 1 Tax return assistance by appointment only</b> 8:00 Bus to ShopRite* 9:40 <u>NO</u> Balance & Cond. <sup>2</sup> 12:00 Advanced Italian 1:00 Beginner Italian	<b>Apr 2 Tax return assistance by appointment only*</b> 9:30 <u>NO</u> Stretch, Strength, Stability <sup>1</sup> 11:00 Club Meeting & TBD*	Apr 3 9:30 Strong You! <sup>2</sup> 12:00 Mah Jongg 1:00 In Stitches	Apr 4 9:30 Table Tennis <sup>4</sup> 11:00 Bingo*	Apr 5

<sup>1</sup>Virtual class Via Zoom. Pre-registration required.

<sup>2</sup>Hybrid class offered both in person at the Center and on Zoom. Pre-registration required.

<sup>3</sup>Purchase ticket in advance.

<sup>4</sup>Register in advance.

**BUS TRANSPORTATION**

\*Call 2 business days in advance to reserve a spot.

ShopRite – If needed, a second trip will be added at 11:30am.