

# New Providence Senior Citizens Newsletter

"Good things happen here!"



APRIL 2025

Vol. 25. Issue 4

## COORDINATOR'S CORNER

"I think music in itself is healing... It's something we are all touched by."

– Billy Joel

Join us this month for three wonderful musical performances, including the Navesink Brass Quintet, NPMS Band Small Ensembles, and the NPHS Jazz Band, as well as a special speaker brought to us through Kean University's Holocaust Resource Center, the Club's trip to Wind Creek Casino, two craft programs, sandwich making for the OLP Sandwich Ministry, and much more!

### Highlights of April Programs and Activities include:

- Club Meeting, Birthdays, and Navesink Brass – Wed, 4/2, 11am
- Blue Star Shopping Trip – Thurs, 4/3, 8:30am and 11:30am
- Pizza Bingo with FREE pizza provided by Spring Grove – Fri, 4/4, 11am
- Meet with representatives of Mayor and Council – Wed, 4/9, 10am
- Club Meeting and NPMS Band Small Ensembles – Wed, 4/9, 11am
- Card Making with Linda Kale – Thurs, 4/10, 11:30am
- Club Meeting and speaker from Kean University's Holocaust Resource Center – Wed, 4/16, 11am
- Casino Trip – Thurs, 4/17, bus departs the Center at 10am
- Library Hours – Wed, 4/23, 10am
- Club Meeting and Special Bingo with Amber Court – Wed, 4/23, 11am
- Special Bus Trip to Target and Walmart – Thurs, 4/24, 9am
- Shell Decoupage craft program – Thurs, 4/24, 11:30am
- Sandwich Making Service Project – Mon, 4/28, 12:15pm
- Book Club – Tues, 4/29, 11am
- Club Meeting & NPHS Jazz Band, and Games after the meeting ends – Wed, 4/30, 11am
- Tax return assistance by appt only - Tues & Wed through 4/15

### Important Safety Protocols for In-Person Programs:

- We encourage everyone to stay up to date with vaccinations, including Covid-19, flu, and RSV.
- Masks are strongly recommended for individuals who are immunocompromised or who have immunocompromised individuals living at home with them.
- If you are not feeling well, we ask that you please do not attend our in-person programs. Thank you.

### Please note the following schedule updates:

- There will be NO Balance & Conditioning on April 1.
- There will be NO Stretch, Strength, Stability on April 2.
- There will be NO Table Tennis on April 11 and April 18.
- There will be NO Chair Yoga on Monday, April 14.
- Italian classes will be held on Tuesdays beginning at 12:15pm for the Advanced class and beginning at 1:15 for the Beginner class. There will be NO classes on Tuesday, April 22.

## NP Senior Citizens Club

Dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

### Trustees

Chair: Bill Wehrle

Secretary: Nina Pardi

Trustees: Peggy Brodeur, Carol Dunn, Allan Igo, Barbara Koslap, Christine Napolitano, Sal Ligammari, Grace Parlapiano, Nancy Whipple

### Club Officers

President: Linda Kale

Vice-President: Bill Wehrle

Treasurer: Sal Ligammari

1<sup>st</sup> Treasurer: Dolores Felezzola

Sergeants-at-Arms: Mike Ferlise, Allan Igo

DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

[www.newprov.us/278/Seniors](http://www.newprov.us/278/Seniors)

[www.facebook.com/NPSeniors](http://www.facebook.com/NPSeniors)

### Hours

Monday-Friday 9:30am-2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Beth Conti

Public Health Nurse

Jenn Aranda, 908-743-1049

## Bus Service

Bus transportation is available to Shop-Rite on Tuesday mornings, to shopping malls as scheduled and to several Club activities. Call in advance to reserve your ride.

**CLUB MEETINGS & SPECIAL PROGRAMS****CLUB MEETING, BIRTHDAYS & NAVESINK BRASS****Wednesday, April 2 at 11:00am**

Join us for a Club meeting, celebrate April birthdays, and enjoy a performance focused on Jazz Appreciation Month by the Navesink Brass Quintet. The Navesink Brass is a professional brass quintet with a wide and varied repertoire.\*

**CLUB MEETING & NPMS BAND SMALL ENSEMBLES****Wednesday, April 9 at 11:00am**

Join us for a Club meeting and enjoy a morning of music with a performance by New Providence Middle School Small Band Ensembles.\*

**CLUB MEETING & SPEAKER FROM KEAN  
UNIVERSITY HOLOCAUST RESOURCE CENTER****Wednesday, April 16 at 11:00am**

Please join us as we welcome third generation Holocaust survivor, Melissa Shore. Melissa's maternal grandparents, Markus and Ella Warshawski, were Holocaust survivors from Zduńska Wola, Poland, a town with about 10,000 Jews before WWII. It is believed that of those 10,000 Jews less than 100 survived. With Kean University's Holocaust Resource & Education Center, Melissa will be sharing the story of her grandfather, as well as her own journey of uncovering her family's past.\*

**CLUB MEETING & SPECIAL BINGO****Wednesday, April 23 at 11:00am**

Join us for a Club meeting followed by Special Bingo with Amber Court Assisted Living Communities. They will bring special prizes for the games.\*

**CLUB MEETING & NPHS JAZZ BAND  
& GAMES AFTER THE MEETING****Wednesday, April 30 at 11:00am**

Join us for a Club meeting and enjoy a morning of music with a special performance by New Providence High School Jazz Band students. Stay after the Club meeting for fun playing games with Club friends. We have Scrabble, UNO, dominoes, cards and more at the Center, or bring your own games to play!\*

\*For bus transportation to Club Meetings, call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) two business days in advance.

**TRIPS & EVENTS****WIND CREEK CASINO TRIP  
BETHLEHEM, PENNSYLVANIA****Thursday, April 17, Bus departs at 10am**

Try your luck at the Wind Creek Casino in Bethlehem, PA. Pay \$50 and get \$25 back in "play money". Tickets are on sale now!

**SAVE THE DATE****ANNIVERSARY LUNCHEON AT PRIMA VERA  
with entertainment provided by Bob Marino****Thursday, May 15, 12noon**

Enjoy a delicious lunch and great entertainment as we celebrate the 66<sup>th</sup> anniversary of the Club. Cost is \$50. Tickets go on sale April 16. Last day to buy your ticket is the Friday before the event. Please contact Michelle or Beth if you need transportation.†

**\*\* SENIOR BUS SHOPPING TRIPS \*\***

**SHOPRITE:** Amy will drive to ShopRite on Tuesdays at 8:00am. If the van reaches capacity, we will add a second trip at 11:30am. Call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) 2 business days in advance to reserve a spot.

**BLUE STAR:** Amy will drive to Blue Star Shopping Center on **Thursday, April 3 at 8:30am and 11:30am.** Call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) 2 business days in advance to reserve a spot. Each trip will be filled on a first come, first served basis.

**SPECIAL OFFERING – TARGET & WALMART****Thursday, April 24 at 9:00am**

This month the Senior Bus will make a special trip to the Target and Walmart in Watchung. Pickups begin at 9:00am. Call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) by Tuesday, April 22 to register.

**BOOK CLUB****Tuesday, April 29 at 11:00am**

The April book selection is *The Magnificent Lives of Marjorie Post* by Allison Pataki. This is an epic novel about the remarkable life of Marjorie Merriweather Post, American heiress and trailblazing leader of the twentieth century. Pick up a copy of the book at the Center.

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**ARTS & CRAFTS****CARD MAKING WITH LINDA KALE****Thursday, April 10 at 11:30am**

Join Linda Kale to make beautiful hand-made cards. For those who participated in our March painting class, Linda will help you take the painting you created and use it to make 4 greeting cards so that you can share your artwork with friends and family. She will have other materials on hand for those who didn't do the painting. Please e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) or call the Center by Friday, April 4 to register. Thank you to the New Providence Lions Club for supporting our card making programs!

**SHELL DECOUPAGE****Thursday, April 24, 11:30am**

Join Club member Ann Kettles to make a decoupage scallop shell. Create a nice trinket dish to hold your rings, change, etc. All materials will be provided. Please call the Center at (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) by Friday, April 18 to register. Space will be limited.

**IN STITCHES****Thursdays at 1:00pm**

Join in the fun at this lighthearted gathering of knitters and crocheters. Bring a project and enjoy the conversation. Beginners who want to learn are also welcome.

**ITALIAN CLASSES**

Italian classes, Advanced and Beginner, meet every Tuesday. Advanced class meets at 12:15pm. Beginner class meets at 1:15pm. **No classes on April 22.**

**CARDS & GAMES****BINGO**

**SPECIAL BINGO** – Join us for special bingo on Wednesday, April 23 after the Club meeting, beginning at approximately 11:45am. There will be special prizes for the games provided by Amber Court Assisted Living Communities.

**FRIDAY BINGO** – Join us for weekly bingo on Fridays at 11:00am. We will have Pizza Bingo on Friday, April 4 with FREE pizza provided by Spring Grove.

Bingo cards are 50 cents each. For bus transportation, call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) two days in advance.

**CARDS & GAMES (continued)****BRIDGE****Mondays at 11:00am**

Play "social bridge" and enjoy the company of Club friends in the Card Room! All levels are welcome.

**MAH JONGG****Thursdays at 12:00pm**

Come make new friends and have a fun time. Beginners are welcome to watch and learn.

**HEALTH & FITNESS****NURSE'S HOURS**

The New Providence Public Health Nurse, Jenn Aranda, will give blood pressure screenings and answer questions at 10:00am on Friday, April 11 before Bingo and at 10:00am on Wednesday, April 30 before the Club meeting. Bus transportation is available.†

**EXERCISE CLASSES**

All DeCorso Center exercise classes are free to New Providence residents ages 65+. Please ask your doctor which classes would be appropriate for you and contact the Center to register.

**Regular Classes**

- **In Control** – Mondays at 9:45am – In Person and on Zoom.
- **Chair Yoga** – Mondays at 11:00am – In Person and on Zoom. **No class on 4/14.**
- **Balance and Conditioning** – Tuesdays at 9:40am – In Person and on Zoom. **No class on 4/1.**
- **Strong You!** – Thursdays at 9:30am – In Person and on Zoom.

**Special Offerings**

- **Table Tennis** – Fridays, April 4 and 25 and May 2 from 9:30-10:30am.† **No class on 4/11 and 4/18.**
- **Stretch, Strength, and Stability** – Wednesdays through June at 9:30am – Zoom ONLY. **No class on 4/2.**
- **Bocce** – Mondays, May 5, 12 and 19 and June 2 from 1:30-2:30pm. Learn the game of Bocce, or refresh your skills, outside in the fresh air at **Oakwood Park**. Join instructor Pat Moschetti to learn Bocce rules, strategy, and tactics while playing a game. Space will be limited. Registration for the class will open on Monday, April 7 and spots will be filled on a first come, first served basis; call (908) 665-0046 or email [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) to register.

†For bus transportation, call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) two business days in advance.

**AARP TAX RETURN ASSISTANCE**

New Providence area residents can obtain FREE AARP Foundation Tax-Aide assistance in preparing and filing their 2024 tax returns. **AARP Foundation Tax Aide counselors will be available at the DeCorso Center for appointments from 9:45am-2:30pm on Tuesdays and Wednesdays through April 15.** Trained AARP Foundation Tax-Aide volunteers will provide in-person tax assistance free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Taxpayers with complex returns may be advised to seek paid assistance. Taxpayers may call the Center at (908) 665-0046 between 10:00am and 2:00pm Mondays through Fridays to schedule an appointment or may sign up in person at the Center. Senior Bus transportation is available for Wednesday appointments; please speak to Michelle or Beth to arrange bus transportation.† Clients are encouraged to pick up an Interview Booklet from the Center to fill out in advance.

**MEET WITH LOCAL GOVERNMENT REPRESENTATIVES**  
**Wednesday, April 9 from 10:00am to 11:00am**

Come to the Center before the Club meeting for a chance to meet with representatives from the Mayor and Borough Council. Bring your questions and enjoy informal conversations with them in observance of 2025 Local Government Week. Bus transportation is available.†

**“LIBRARY HOURS” AT THE CENTER**
**Wednesday, April 23 from 10:00am to 11:00am**

Stop into the DeCorso Center’s library before the Club meeting to chat with a New Providence Memorial Library Adult Services Librarian, get information about the library’s programs and services, and/or sign up for a library card. Bus transportation is available.†

**SANDWICH MAKING SERVICE PROJECT**
**Monday, April 28 at 12:15pm**

Gather with other seniors at the DeCorso Center to make sandwiches for the Our Lady of Peace Sandwich Ministry. Sandwiches will be distributed through OLP to six different local soup kitchens and food pantries.

**CHESS**

Are you interested in playing Chess at the Center? Please let Michelle or Beth know; we are considering offering a weekly time for chess.

**ATLANTIC HEALTH VIRTUAL PROGRAM****Mind Your Meds – Safe Medication Use –**

Tuesday, April 8, 12:00-1:00pm on ZOOM

Learn general safety principles for medication and strategies you can take to prevent adverse reactions. Email [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) to register and receive the Zoom link.

**SENIOR HEALTH FAIR – SAVE THE DATE!**

The New Providence Department of Health and DeCorso Community Center will host a Senior Health Fair on **Wednesday, May 14 from 9:30am-12:00pm** at 15 East 4th Street. All New Providence residents 55+ are invited to attend. The health fair will be informational along with some basic screenings and will bring together other local service providers and medical professionals. †

**THANK YOU NOTES**

- Mr. Duke, Mr. Mango, and students from the NPHS Spring Musical cast for their wonderful performance of highlights from “Freaky Friday”
- Spring Grove for providing pizza for a Friday bingo
- John Bale and Bill Wehrle for organizing the delicious and fun St. Patrick’s Day luncheon
- Cranford Park Care for bringing great prizes for our March Special Bingo
- Visiting Angels for providing refreshments and prizes for a Friday bingo
- Linda Kale for making chocolate pretzels to fundraise for sandwich making community service projects

**AROUND TOWN****New Providence Lions Easter Egg Hunt -**

Saturday, April 12 at Oakwood Park. Festivities begin at 9am. Easter Bunny arrives at 9:15am. Rain or shine.

**New Providence Community Pool** – Early bird discount rate for Senior Citizens is \$135 if payment is received by April 15.

**New Providence Memorial Library**

Movie Matinee: “Wicked” – Tues, 4/1, 1:00pm

Movie Matinee: “September 5” – Tues, 4/15, 1:00pm

Concord Singers – Sun 4/27, 3:00pm

*See library website for additional programming.*

†For bus transportation, call (908) 665-0046 or e-mail [decorsocenter@newprov.us](mailto:decorsocenter@newprov.us) two business days in advance.

NEW PROVIDENCE SENIOR CITIZENS CLUB						
APRIL 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar 30	Mar 31 9:45 <u>NO</u> In Control <sup>2</sup> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	1 <b><i>Tax return assistance by appointment only</i></b> 8:00 Bus to ShopRite* 9:40 <u>NO</u> Balance & Cond. <sup>2</sup> 12:15 Advanced Italian 1:15 Beginner Italian	2 <b><i>Tax return assistance by appointment only*</i></b> 9:30 <u>NO</u> Stretch, Strength, Stability <sup>1</sup> 11:00 Club Meeting, Birthdays, & <b>Navesink Brass Quintet*</b>	3 8:30 Bus to Blue Star* 9:30 Strong You! <sup>2</sup> 11:30 Bus to Blue Star* 12:00 Mah Jongg 1:00 In Stitches	4 9:30 Table Tennis <sup>4*</sup> 11:00 <b>Pizza Bingo with FREE Pizza provided by Spring Grove*</b>	5
6	7 9:45 In Control <sup>2</sup> 10:00 <b>Trustee Mtg</b> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	8 <b><i>Tax return assistance by appointment only</i></b> 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> 10:00 <b>Activities Mtg</b> 12:00 <b><i>"Mind Your Meds"</i></b> <sup>1</sup> 12:15 Advanced Italian 1:15 Beginner Italian	9 <b><i>Tax return assistance by appointment only*</i></b> 9:30 Stretch, Strength, Stability <sup>1</sup> 10:00 <b>Local Government Representatives*</b> 11:00 Club Meeting & <b>NPMS Band Small Ensembles*</b>	10 9:30 Strong You! <sup>2</sup> 11:30 <b>Card Making</b> <sup>4</sup> 12:00 Mah Jongg 1:00 In Stitches	11 9:30 <u>NO</u> Table Tennis <sup>4</sup> 10:00 <b>Nurse's Hours*</b> 11:00 Bingo*	12
13	14 9:45 In Control <sup>2</sup> 11:00 <u>NO</u> Chair Yoga <sup>2</sup> 11:00 Bridge	15 <b><i>Tax return assistance by appointment only</i></b> 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> 12:15 Advanced Italian 1:15 Beginner Italian	16 9:30 Stretch, Strength, Stability <sup>1</sup> 11:00 Club Meeting & <b>Speaker from Kean University Holocaust Resource Center*</b>	17 10:00 <b>Casino Trip</b> <sup>3</sup> 9:30 Strong You! <sup>2</sup> 12:00 Mah Jongg 1:00 In Stitches	18 9:30 <u>NO</u> Table Tennis <sup>4</sup> 11:00 Bingo*	19
20	21 9:45 In Control <sup>2</sup> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge	22 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> 12:15 <u>NO</u> Advanced Italian 1:15 <u>NO</u> Beginner Italian	23 9:30 Stretch, Strength, Stability <sup>1</sup> 10:00 <b>Library Hours*</b> 11:00 Club Meeting & <b>Special Bingo with Amber Court*</b>	24 9:00 <b>Special Shopping Trip*</b> 9:30 Strong You! <sup>2</sup> 11:30 <b>Shell Decoupage</b> <sup>4</sup> 12:00 Mah Jongg 1:00 In Stitches	25 9:30 Table Tennis <sup>4*</sup> 11:00 Bingo*	26
27	28 9:45 In Control <sup>2</sup> 11:00 Chair Yoga <sup>2</sup> 11:00 Bridge 12:15 <b>Sandwich Making</b>	29 8:00 Bus to ShopRite* 9:40 Balance & Cond. <sup>2</sup> 11:00 <b>Book Club</b> 12:15 Advanced Italian 1:15 Beginner Italian	30 9:30 Stretch, Strength, Stability <sup>1</sup> 10:00 <b>Nurse's Hours*</b> 11:00 Club Meeting & <b>NPHS Jazz Band. Stay for games after the meeting.*</b>	May 1 8:30 Bus to Blue Star* 9:30 Strong You! <sup>2</sup> 11:30 Bus to Blue Star* 12:00 Mah Jongg 1:00 In Stitches	May 2 9:30 Table Tennis <sup>4*</sup> 11:00 Bingo*	May 3

<sup>1</sup>Virtual class Via Zoom. Pre-registration required.

<sup>2</sup>Hybrid class offered both in person at the Center and on Zoom. Pre-registration required.

<sup>3</sup>Purchase tickets in advance.

<sup>4</sup>Register in advance.

#### BUS TRANSPORTATION

\*Call 2 business days in advance to reserve a spot.

ShopRite – If needed, a second trip will be added at 11:30am.