

New Providence Senior Citizens Newsletter

"Good things happen here!"



JANUARY 2026

Vol. 26, Issue 1

COORDINATOR'S CORNER

"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us." — Hal Borland

We wish you a very happy and healthy 2026! We hope that you will join us at the Center this month to socialize with friends, have fun, and maybe try out a new activity! If you are interested in our 2026 exercise classes but have not yet registered/re-registered, please contact the Center to do so as soon as possible. For virtual participants, 2026 Zoom links have been created and sent to those already registered.

Highlights of January Programs and Activities include:

- Club meeting, birthdays, and presentation, "The Land of Fire & Ice: Iceland" – Wed, 1/7, 11am
- Nurse's Hours – Fri, 1/9, Wed 1/14, and Wed, 1/28 at 10:30am
- Pizza Bingo with FREE pizza provided by Spring Grove – Fri, 1/9, 11am
- Club Meeting and NPHS Voice Class students. Games after the meeting. – Wed, 1/14, 11am
- Blue Star Shopping – Thurs, 1/15, 8:30am and 11:30am
- Club Meeting and Braven BCBS presentation, "Focus on Your Feet" – Wed, 1/21, 11am
- "Piece" of Winter Wonderland Art craft with Arbor Terrace – Thurs, 1/22, 11am
- Sandwich Making Service Project – Mon, 1/26, 12pm
- Book Club – Tues, 1/27, 11am
- Club Meeting and Special Bingo with Brandywine – Wed, 1/28, 11am
- Greeting Card Making craft with Linda Kale – Thurs, 1/29, 11:30am
- Painting With Veronica – Thurs, 2/5, 11:30am

Important Safety Protocols for In-Person Programs:

- We encourage everyone to stay up to date with vaccinations.
- Please do not attend our in-person programs if you are not feeling well.

Please note the following schedule updates:

- The Center will be closed on Thursday, January 1 and Friday, January 2 for the New Year's holiday. There will be no programs or activities.
- Martin Luther King, Jr. Day, Monday, January 19, is a Borough holiday. The Center will be closed and there will be no programs or activities.

WEATHER POLICY

When New Providence schools are closed for rain, snow, or ice, senior programs will be cancelled. (Zoom exercise classes may still be held.) When in doubt, call the Center at (908) 665-0046 to check on activities; we will leave a message on the voicemail. Most importantly, if there is snow or ice, please be cautious. It's okay to miss an activity!

NP Senior Citizens Club

Dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Bill Wehrle

Secretary: Nina Pardi

Trustees: Peggy Brodeur, Carol Dunn, Allan Igo, Barbara Koslap, Christine Napolitano, Sal Ligammari, Grace Parlapiano, Nancy Whipple

Club Officers

President: Linda Kale

Vice President: Bill Wehrle

Treasurer: Sal Ligammari

1st Treasurer: Dolores Felezola

Sergeants-at-Arms: Mike Ferlise, Allan Igo

DeCorso Community Center
15 East Fourth St.

New Providence, NJ 07974
908-665-0046

www.newprov.us/278/Seniors
Hours

Monday-Friday 9:30am-2:30pm

Center Coordinator

Michelle Zack

Program Coordinator

Beth Conti

Public Health Nurse

Jenn Aranda, 908-743-1049

Bus Service

Bus transportation is available to Shop-Rite on Tuesday mornings, To shopping malls as scheduled, to Club meetings, and to several Club activities including Friday bingo. Call in advance to reserve your ride.

CLUB MEETINGS & SPECIAL PROGRAMS***CLUB MEETING, BIRTHDAYS, & PRESENTATION,
"THE LAND OF FIRE & ICE: ICELAND"
Wednesday, January 7 at 11:00am**

Professional traveler Chris McCormack returns to talk about his experiences traveling through Iceland. Not only will he share his stories but also the different options you have to explore Iceland. For such a small island, this country has an incredible number of experiences to offer, no matter the season. Don't miss out on the chance to hear about the land of fire and ice.*

**CLUB MEETING & NPHS VOICE CLASS STUDENTS
GAMES AFTER THE MEETING
Wednesday, January 14 at 11:00am**

Join us for a Club meeting and enjoy a morning of music with New Providence High School Voice Class students. They will entertain us with beautiful vocal performances. Stay after the meeting for fun playing games with Club friends. We have Scrabble, UNO, dominoes, cards and more at the Center, or bring your own games to play!*

**CLUB MEETING & BRAVEN BCBS PRESENTATION,
"FOCUS ON YOUR FEET"
Wednesday, January 21 at 11:00am**

Join us for Club meeting and presentation from Braven BCBS. They will cover proper foot care, chronic conditions that impact the feet, fall prevention strategies and appropriate footwear.*

**CLUB MEETING & SPECIAL BINGO
Wednesday, January 28 at 11:00am**

Join us for a Club meeting followed by Special Bingo with Brandywine beginning at approximately 11:30am. There will be special prizes for the games.*

*For bus transportation to Club Meetings, call (908) 665-0046 or e-mail decorsocenter@newprov.us two business days in advance.

TRIPS & EVENTS**SAVE THE DATE!
Lunar New Year Luncheon
Thursday, February 19 at 12:00noon****SENIOR BUS SHOPPING TRIPS***

SHOPRITE: Amy will drive to ShopRite on **Tuesdays in January at 8:00am**. If the van reaches capacity, we will add a second trip at 11:30am.*

BLUE STAR: Amy will drive to Blue Star Shopping Center on **Thursday, January 15 at 8:30am and 11:30am**.*

*E-mail decorsocenter@newprov.us or call (908) 665-0046 2 business days in advance to reserve a spot. Trips will be filled on a first-come, first-served basis.

BOOK CLUB**Tuesday, January 27 at 11:00am**

The book selection for the January meeting is *The Old Cape Magic* by Pulitzer Prize-winning author Richard Russo. This novel centers on the life of Jack Griffin, a former LA screenwriter who now lives in New England and works as a professor. Russo's narrative navigates the intricacies of love, loss, and identity, leading to an unexpected conclusion that resonates deeply. Pick up a copy of the book at the Center.

ITALIAN CLASSES

Italian classes meet on Mondays. Advanced classes meet at 12:15pm. Beginner-Intermediate classes meet at 1:15pm. **No classes on 1/19.**

SANDWICH MAKING SERVICE PROJECT**Monday, January 26, at 12:00pm**

Gather with other seniors to make sandwiches for the Our Lady of Peace Sandwich Ministry. Sandwiches will be distributed through OLP to six different local soup kitchens and food pantries.

ARTS & CRAFTS**"PIECE" OF WINTER WONDERLAND ART*****Thursday, January 22 at 11:30am**

Join Arbor Terrace Basking Ridge to create a beautiful piece of snowflake art using puzzle pieces mounted on canvas & decorated with blue glitter! Register by 1/16.*

GREETING CARD MAKING WITH LINDA KALE***Thursday, January 29 at 11:30am**

Join Linda Kale to make beautiful hand-made cards. For those who participated in our November painting class, Linda will help you take the painting you created and use it to make 4 greeting cards so that you can share your artwork with friends and family. She will have other materials on hand for those who didn't do the painting class to also be able to make cards. Register by 1/23.*

PAINTING WITH VERONICA***Thursday, February 5 at 11:30am**

Join art instructor Veronica Dunscombe to create a beautiful painting. Learn something new and create an art project to accent your home. Register by 1/30.*

*E-mail decorsocenter@newprov.us or call the Center at (908) 665-0046 to register. Space is limited for arts and crafts programs.

IN STITCHES**Thursdays at 1:00pm**

Join in the fun at this lighthearted gathering of knitters and crocheters. Bring a project and enjoy the conversation. Beginners who want to learn are also welcome. **No In Stitches on 1/1.**

CARDS & GAMES**BINGO***

SPECIAL BINGO – Join us for Special Bingo with Brandywine on Wednesday, January 28 after the Club meeting beginning at approximately 11:30am. There will be special prizes for the games.*

FRIDAY BINGO – Join us for weekly bingo on Fridays at 11:00am. We will have Pizza Bingo on Friday, January 9 with FREE pizza provided by Spring Grove.* **No Bingo on 1/2.**

*For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us 2 days in advance.

CARDS & GAMES (continued)**BRIDGE****Mondays at 11:00am**

Play "social bridge" and enjoy the company of Club friends in the Card Room! All levels are welcome. **No bridge on 1/19.**

MAH JONGG**Thursdays at 12:00pm**

Come make new friends and have a fun time. Beginners are welcome to watch and learn. **No Mah Jongg on 1/1.**

HEALTH & FITNESS**NURSE'S HOURS**

The New Providence Public Health Nurse, Jenn Aranda, will give blood pressure screenings and answer questions on Friday, January 9 before bingo and on Wednesday, January 14 and January 28 before the Club meetings. For bus transportation, call (908) 665-0046 or e-mail decorsocenter@newprov.us 2 business days in advance.

EXERCISE CLASSES*

All DeCorso Center exercise classes are free to New Providence residents ages 65+. Please ask your doctor which classes would be appropriate for you and contact the Center to register. **If you have not yet registered/re-registered for 2026 classes, please contact the Center to do so as soon as possible.**

Regular Classes*

- **In Control** – Mondays at 9:45am – In Person and on Zoom. **No class on 1/19.**
- **Chair Yoga** – Mondays at 11:00am – In Person and on Zoom. **No class on 1/19.**
- **Balance and Conditioning** – Tuesdays at 9:40am - In Person and on Zoom.
- **Strong You!** – Thursdays at 9:30am – In Person and on Zoom. **No class on 1/1.**

Special Offerings*

Stretch, Strength, & Stability – Wednesdays at 9:30am - ZOOM ONLY. Instructor Mike Czech.

Table Tennis – Six Fridays at 9:30am - January 9, 16, 23 and 30 and February 6 and 13. Instructor Howard Lee. Limited number of spots available.

*Email decorsocenter@newprov.us or call (908) 665-0046 to register for exercise classes.

ATLANTIC HEALTH VIRTUAL PROGRAMS*

Fuel Your Health: The Power of Whole, Unprocessed Foods - Tuesday, January 13, 12:00pm to 1:00pm, on ZOOM

Join us for an engaging discussion on the benefits of eating less processed foods and simple, practical ways to make it part of your daily life. Explore how nourishing your body with whole foods can boost overall health, enhance well-being, and lower the risk of certain cancers and chronic diseases.

*Email decorsocenter@newprov.us to register and receive the Zoom link for Atlantic Health Programs.

AARP TAX RETURN ASSISTANCE

New Providence area residents can obtain FREE AARP Foundation Tax-Aide assistance in preparing and filing their 2025 tax returns. AARP Foundation Tax Aide counselors will be available at the DeCorso Center for appointments on Tuesdays and Wednesdays from February through mid-April.

Trained AARP Foundation Tax-Aide volunteers will provide in-person tax assistance free of charge, with a focus on taxpayers who are over 50 and have low to moderate income. Taxpayers with complex returns may be advised to seek paid assistance. Beginning Tuesday, January 20, taxpayers may call the DeCorso Center at (908) 665-0046 between 10:00am and 2:00pm Mondays through Fridays to schedule an appointment, or they may sign up in person at the Center.

REMEMBERING THOSE WE LOST

NPSCC lost many good friends in 2025. As we look into a new year, let us remember with gratitude all of the good times and memories that we shared.

Mike Allocco	Maureen Klebaur
Leonard Blessing	Vincent Lombardo
Carmela D'Angelo	Peggy Macneal
Angelo Del Monte	Barbara McMahon
Paul Dionne	Pete Medina
Richard Emmons	Tina Morielli
Maria Ferrante	Joe Museck
Jim Flood	Claire Occhiogrosso
James Gallo	Griffith Smith
Anne Galluzzo	Gerry Spencer
Ed Gaudette	Victoria Williams
Robert Hasbrouck	

THANK YOU NOTES

- A special thank you to Jersey Joe's for donating the bagels for the Club meeting every week!
- Violet Musso for the beautiful cross-stitch craft.
- Christine Napolitano for organizing the festive holiday luncheon.
- Club members who made sandwiches for the OLP Sandwich Ministry and those who made donations to support this project.
- Club members who wrote holiday greeting cards.
- Salt Brook Fifth Grade Students for the beautiful winter and holiday-themed bookmarks – please pick one up when you are at the Center!
- AWR Fifth Grade STEM Club students for sending holiday greetings to NP seniors.
- NPMS Art Club Students for helping us decorate the trees and the Center for the holidays.
- NPMS Chorale Students for the delightful musical performance.

NEW YEAR'S TOAST

Here's to the year past and the friends we've made. Here's to the year ahead and the friends we have yet to make. Here's to new beginnings, good friends, and great memories.

NATIONAL CURMUDGEON DAY

National Curmudgeon Day is celebrated on January 29th to honor grumpy and cantankerous people. The day was established in honor of the actor W.C. Fields, who often played curmudgeonly characters and whose birthday is also on January 29th.

W.C. Fields' most famous quotes include "I am free of all prejudice. I hate everyone equally," "A rich man is nothing but a poor man with money," and "Never work with kids and animals."

AROUND TOWN**NEW PROVIDENCE MEMORIAL LIBRARY**

Movie: "Downton Abbey: The Grand Finale" - Tues, Jan 6, 1pm

Concert: Four the Record – Sun, Jan 11, 3pm

Movie: "Springsteen: Deliver Me from Nowhere" - Tues, Jan 20, 1pm

Concert: Deni Bonet and Chris Flynn - Sun, Jan 25, 3pm

See library website for additional programming.

NEW PROVIDENCE SENIOR CITIZENS CLUB

JANUARY 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Dec 28	Dec 29 9:45 <u>NO</u> In Control ² 11:00 Chair Yoga ² 11:00 Bridge <u>NO</u> Italian classes	Dec 30 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² 12:00 Mah Jongg	Dec 31 <i>New Year's Eve</i> 9:30 Stretch Strength, Stability ¹ 10:30 Nurse's Hours* 11:00 Club Meeting & New Year's Special Bingo*	1 <i>New Year's Day</i> Center closed – No programs or activities	2 <i>Borough Holiday</i> Center closed – No programs or activities	3
4	5 9:45 In Control ² 9:45 Trustees Mtg 11:00 Chair Yoga ² 11:00 Bridge 12:15 Advanced Italian 1:15 Beg/Int Italian	6 8:00 Bus to ShopRite* 9:40 Balance & Cond. ²	7 9:30 Stretch Strength, Stability ¹ 11:00 Club Meeting, Birthdays & presentation, "The Land of Fire & Ice: Iceland"*	8 9:30 Strong You! ² 12:00 Mah Jongg 1:00 In Stitches	9 9:30 Table Tennis ⁴ 10:30 Nurse's Hours* 11:00 Bingo with FREE pizza provided by Spring Grove*	10
11	12 9:45 In Control ² 11:00 Chair Yoga ² 11:00 Bridge 12:15 Advanced Italian 1:15 Beg/Int Italian	13 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² 10:00 Activities Mtg 12:00 Fuel Your Health¹	14 9:30 Stretch Strength, Stability ¹ 10:30 Nurse's Hours* 11:00 Club Meeting & NPHS Voice Class Students. Stay for games after the meeting.*	15 8:30 Bus to Blue Star* 9:30 Strong You! ² 11:30 Bus to Blue Star* 12:00 Mah Jongg 1:00 In Stitches	16 9:30 Table Tennis ⁴ 11:00 Bingo*	17
18	19 <i>Martin Luther King, Jr. Day</i> Center closed – No programs or activities	20 8:00 Bus to ShopRite* 9:40 Balance & Cond. ²	21 9:30 Stretch Strength, Stability ¹ 11:00 Club Meeting & Braven BCBS presentation, "Focus on Your Feet"*	22 9:30 Strong You! ² 11:30 Snowflake Craft⁴ 12:00 Mah Jongg 1:00 In Stitches	23 9:30 Table Tennis ⁴ 11:00 Bingo*	24
25	26 9:45 In Control ² 11:00 Chair Yoga ² 11:00 Bridge 12:00 Sandwich Making 12:15 Advanced Italian 1:15 Beg/Int Italian	27 8:00 Bus to ShopRite* 9:40 Balance & Cond. ² 11:00 Book Club	28 9:30 Stretch Strength, Stability ¹ 10:30 Nurse's Hours* 11:00 Club Meeting & Special Bingo with Brandywine*	29 <i>National Curmudgeon Day</i> 9:30 Strong You! ² 11:30 Card Making Craft⁴ 12:00 Mah Jongg 1:00 In Stitches	30 9:30 Table Tennis ⁴ 11:00 Bingo*	31

¹ Virtual class via Zoom. Pre-registration required.

² Hybrid class offered both in person at the Center and on Zoom. Pre-registration required.

³ Purchase tickets in advance. ⁴ Register in advance.

⁵ Held in the Yoga Studio at the Municipal Center and on Zoom.

BUS TRANSPORTATION

*Call 2 business days in advance to reserve a spot.

Shop-Rite – If needed, a second trip will be added at 11:30am.