

# New Providence

## Senior Citizens Newsletter

JUNE 2015

Volume 15, Issue 6



### COORDINATOR'S CORNER

It is hard to believe that May has come and gone and that Peggy has officially handed over the reins of Center Coordinator to me. I have thoroughly enjoyed meeting and getting to know many of you over the past month. For those of you whom I have not met, I would like to introduce myself. My name is Stacey Kinum and I will be taking over for Peggy as of June 1<sup>st</sup>.

I have lived in New Providence for 16 years with my husband Chris. We have five daughters; Katie (16), Riley (14), Lindsay (11), Grace (9) and Mae (6). They keep us very busy with many school and sports activities. I am sure that you will see them occasionally around NPSCC.

May was a very busy month with the Anniversary Luncheon, Health Fair and Memorial Day celebration and I feel so fortunate that Peggy was here to show me the ropes. As Peggy begins her new retirement adventure, I ask for your help and patience as I begin my new adventure as the Center Coordinator. I will be at the center from 9:30 to 2:30 Monday through Friday. I know many activities end after 2:30 and we will work on a plan for closing the center at those times.

Finally I would like to wish Peggy well on her retirement and thank her for all the help and support that she has given me. Although I have only worked with her for a month, it is apparent to me that she is one of the most kind and caring individuals that I have ever met. She seems to always have a smile and an ear for everyone and we all know she will be missed. Best of luck Peggy!

### Thank you to...

- Peggy MacNeil and her committee for planning our fabulous Anniversary Luncheon. The food was delicious and everyone had a great time.
- Hats off to the Anniversary Luncheon Honorees Clara Del Monte, Garrett Gray, Sal Ligammari, and Ed Len for their many contributions to the Club.
- Janice Gironda and the wonderful service providers and vendors who helped to make our Annual Health Fair a success.
- Prestige Diner for generously providing the yummy hot dogs and buns that we enjoyed on Memorial Day.
- Peggy Brodeur for 17 years of fun, friendship, guidance, and leadership. Her caring concern and positive attitude brightened many a day.
- Mike Ferlise for safely getting us where we needed to go. His cheerful greetings and good humor made every trip a treat.

### NP Senior Citizens Club

*An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.*

#### Trustees

Chair: Maxine Hirsch  
Pat Connolly, Kay DeMarco,  
Enid Doyle, Carolyn Foran,  
Rosalie Hamaty, Kathy  
Hendrickson, Jean Holmes,  
Ed Len, Peggy MacNeil, and Grace  
Parlapiano

#### Club Officers

President: Christine Napolitano  
Vice Pres.: Harry Kudrat  
Treasurer: Sal Ligammari  
1<sup>st</sup> Treasurer: Clara DelMonte  
2<sup>nd</sup> Treasurer: Delores Felezzola  
Sergeant-at-Arms: Don Kern

*Contact these members with any questions regarding your club!*

### DeCorso Community Center

15 East Fourth St.  
New Providence, NJ 07974  
908-665-0046

[www.newprov.org/seniorcenter](http://www.newprov.org/seniorcenter)

*A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.*

**Center Coordinator**  
Stacey Kinum

**Hours**  
Mondays-Fridays: 9:30 – 2:30

**Newsletter Staff**  
Stacey Kinum  
Clara DelMonte  
Kay DeMarco  
Barbara Koslap  
Doris Velez

## Trips, Activities & Meetings

*Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel a reservation.*

*Do not transfer a reservation. It will not be honored.*

**Check the calendar  
for ongoing activities  
& schedule changes!**

- **Tues., Jun 2, 6:00am-8:00pm: Primary Election Day** – The DeCorso Center will serve as a polling location for NP Districts #1, 3, 4, & 5. Salt Brook School is no longer used for these districts. Normal NPSCC activities will take place in the Card Room today.
- **Wed. , Jun 3, 11:00am:** Jane Mason Lombardo, a former FBI agent, will speak about **“Personal Elder Fraud”**
- **Wed., Jun 10, 11:00am:** The **New Providence High School Band** under the direction of Michael Niedziejko will serenade us as we celebrate June birthdays.
- **Thurs., Jun 11, 10:00am:** **Health Fair Wrap Up Meeting** with Janice.
- **Thurs., Jun 11, 12:30pm:** Trip to **Paper Mill Playhouse** to see the world premiere of a sparkling new musical, **“Ever After”**. Cost is \$45. Limited number of tickets available – purchase yours early from Christine!
- **Sun., Jun 14, 6:00pm:** **Flag Day** – The American Legion will hold a **Flag Retirement Ceremony** at their hall.
- **Tues., Jun 16, 9:45am-6:30pm:** **Casino Trip** – Try your luck at the Sands **Casino** in Bethlehem, Pennsylvania. Purchase tickets in advance. Cost: \$20. Receive \$20 in “play money” and \$5 for food. See Phyllis Winters.
- **Wed., Jun 17, 11:00am:** Manor Care will give Part 1 of a presentation on **“Health Care Changes and Planning”**.
- **Thurs., Jun 18, 12:15pm:** **Remember When** – Join Jennie Andrews as we share memories about “things that have changed our lives for good or bad and why”. Pizza is available at \$1.75 per slice. Register in advance.
- **Fri., Jun 19, 6:00pm:** **Somerset Patriots Baseball Game**. Get a professional-like baseball experience without the professional sports price! Includes transportation to/from the game, your ticket and a fireworks show. Cost is \$10. See Christine Napolitano to purchase tickets.
- **Fri., Jun 19 - July 31, 10:00am-12:30pm:** **Lunch & Learn** - Jan Ramos from Prevention Links will present a six week workshop on **“Chronic Care Control”**. Lunch will be provided. Please pre-register so that we will have enough food. Those who attend 5 or more sessions will receive a \$25 ShopRite gift card.
- **Wed., Jun 24, 11:00am:** Anne Arbolino from **Summit Oaks Hospital** will speak about services they provide to our community.
- **Thurs., Jun 25, 7:00pm-9:30pm:** **After Hours – BBQ.** Socialize and enjoy the company of friends 50+. If you plan on attending please sign up and let us know if you will bring a salad or dessert.
- **Wed., Jul 1, 11:00am:** Frank Frenda will present **“American Monuments: Sculptures and Their Artists”**.
- **Fri., Jul 3 – 4:** **CENTER CLOSED FOR INDEPENDENCE DAY**
- **Wed., Jul 8, 11:00am:** **Meeting** Topic to be determined.
- **Thurs, Jul 9, 9:00am-11:00am:** Manor Care will present Part 2 of **“Health Care Changes and Planning”**. Breakfast will be included and sign ups are a must.
- **Wed., Jul 15, 12:00pm:** **Western Picnic** – Club picnic with Western style music and dance. Wear your hat and boots! Cost: To be determined. See Harry Kundrat.
- **Tues., Jul 21, 10:00am-4:30pm:** Travel to Hunterdon Hills Playhouse to see a brand new musical celebration of the sensational sixties, **“Twist and Shout”**. Price includes the show, a delicious lunch, and a room full of desserts including some sugar free ones. Cost is \$59. Tickets go on sale June 9<sup>th</sup>. See Pat Connolly.

**IF YOU ARE INTERESTED.....**

Tuesday, June 9, 7am – 7pm  
 Atlantic Rehabilitation – Celebrates 1 Year Anniversary with  
**“Community Appreciation Day”**  
 Raffles, Free Giveaways, Refreshments and More  
 550 Central Avenue, New Providence

Wednesday, June 17, 8am – 4pm  
 Atlantic Hearing Center  
**Free hearing screening**  
 550 Central Avenue, New Providence

Wednesday, June 24, 2:45pm  
 Brandywine  
**Cooking with Class – Picnic Recipes: Traditional Summer Fare**  
 680 Mountain Blvd, Watchung, NJ

Thursday, June 25, 2:45pm  
 Brandywine  
**Lifelong Learning – Women in the Military: A History That Extends Over 3000 Years**  
 680 Mountain Blvd, Watchung

**Flag Day Ceremony**

On Sunday, June 14<sup>th</sup> at 6:00 p.m., American Legion Post 433 will hold a Flag Retirement Ceremony at their hall on Elkwood Avenue. The Ceremony for Disposal of Unserviceable Flags is a dignified tribute to the U.S. flag and to its symbolism. It is designed to enhance respect to the flag and to provide a much-needed service to those who have flags needing to be retired.

**Chronic Care Workshop**

Prevention Links will be conducting a “Take Control of Your Health” program. The program is a workshop that will give individuals with chronic conditions and/or their caregivers the knowledge, skills and confidence to take more active role in their healthcare. The program runs for six sessions from 10:00 to 12:30 on the following dates: June 19, June 26, July 10, July 17, July 24, and July 31. Lunch will be provided. Those who attend 5 or more sessions will receive a \$25 ShopRite gift card!

**2015 Health Fair Thank You**

A very big thank you from Janice Gironda to the following:

- New Providence Lions Club for generously providing the bagels and accompanying spreads, as well as beverages and coffee.
- Coldwell Banker for the fruit platters.
- Juniper Village for the vegetable platter.
- Lantern Hill for providing several fruit platters.
- Manor Care for the fruit platters.
- Dr. Lake and Dr. Robinson who both generously gave of their time and effort to offer oral health checks.

And, of course, the Health Fair would not be possible without the assistance and support from the wonderful senior volunteers. The Health Fair is possible because of the many people who generously give of their time and effort.

**MOVIE MARQUEE****JUNE MOVIES AT THE NP MEMORIAL LIBRARY****Tuesdays at 9:30am & 2:00pm**

- June 2 – *Still Alice*
- June 9 – *Magic in the Moonlight*
- June 16 – *Selma*
- June 23 – *American Sniper*
- June 30 – *Great Expectations*

**Foreign Films**

- Thur., June 4 at 2:00pm – *The Time That Remains* (In Arabic, Hebrew and English with English subtitles)
- Tues., June 23 at 7:00pm – *Horses of God* (In Arabic and French with English subtitles)

~ June 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>May 31</b>	<b>1</b> <b>9:30 Trustee Meeting</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 12:30 In Control	<b>2 Primary Election</b> <b>6:00 Polls Open</b> 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	<b>3</b> 10:00 Bus to Club <b>11:00 Personal Elder Fraud</b> 12:30 Bingo & Cards	<b>4</b> 9:45 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	<b>5</b> 9:00 Bus to Mall 10:00 Zumba w/Tonya 12:30 Pizza Bingo	<b>6</b>
<b>7</b>	<b>8</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 12:30 In Control	<b>9</b> 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike <b>10:00 Activities Meeting</b> 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginning Italian	<b>10 Happy Birthdays!</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 NPHS Band</b> 12:30 Bingo & Cards	<b>11 Paper Mill Trip</b> 9:45 Fit & Healthy Exercise w/Myriam <b>10:00 Health Fair Wrap Up Meeting</b> 12:30 Duplicate Bridge 1:00 Mah Jongg	<b>12</b> 9:00 Bus to Mall 10:00 Zumba w/Tonya 12:30 Pizza Bingo	<b>13</b>
<b>14</b> <b>Flag Day</b>  <b>6:00pm - Flag Retirement Ceremony at American Legion</b>	<b>15</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 12:30 In Control	<b>16 Casino Trip</b> 9:00 Bus to Shoprite <b>9:45 Bus to Sands</b> 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 12:00 Tai Chi w/Ayriel 2:00 Converse Italian	<b>17 Health Care Changes &amp; Planning</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 "Health Care Changes &amp; Planning"</b> 12:30 Bingo & Cards	<b>18 Remember When</b> 9:45 Fit & Healthy Exercise w/Myriam <b>12:15 Remember When</b> 12:30 Duplicate Bridge 1:00 Mah Jongg	<b>19 Chronic Care/ Somerset Patriots</b> 9:00 Bus to Mall 9:00 Four Cities Bridge 10:00 Zumba w/Tonya <b>10:00 "Chronic Care"</b> 12:30 Pizza Bingo <b>6:00 Somerset Patriots</b>	<b>20</b>
<b>21</b> <b>Happy Father's Day!</b>	<b>22</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 12:30 In Control	<b>23</b> 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginning Italian	<b>24</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Summit Oaks</b> 12:30 Bingo & Cards	<b>25</b> 9:45 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg <b>7:00 After Hours BBQ</b>	<b>26 Chronic Care</b> 9:00 Bus to Mall 10:00 Zumba w/Tonya <b>10:00 "Chronic Care"</b> 12:30 Pizza Bingo	<b>27</b>
<b>28</b>	<b>29</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge 12:30 In Control	<b>30</b> 9:00 Bus to Shoprite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	<b>Jul 1</b> 10:00 Bus to Club <b>11:00 "American Monuments: Sculptures and Their Artists"</b> 12:30 Bingo & Cards	<b>Jul 2</b> 9:45 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	<b>Jul 3</b> <b>CENTER CLOSED</b>	<b>Jul 4</b> 