

# New Providence

## Senior Citizens Newsletter



**FEBRUARY 2016**

**Volume 16, Issue 2**

### COORDINATOR'S CORNER

In January, Union County's Department of Economic Development spoke about the Senior Home Improvement Grant and Loan Program. If you meet certain eligibility requirements, you may qualify for a \$5,000 grant to rehabilitate your home. The grant does not have to be paid back. Additionally, you may also be eligible for a deferred interest loan up to \$24,999. If you are interested in this program, please pick up a flyer on the table. If you have questions, you may call (732)382-8100.

I would like to call your attention to a few new initiatives at the NPSCC:

- **MOVIES, MOVIES, MOVIES.** Two Tuesdays a month we will be hosting a movie afternoon. February can be a long cold month so bring your lunch and maybe some popcorn and join your friends at 11am. In honor of St. Valentine, February's theme will be Romance. Please see the voting slips on the table. Choices are: Casablanca, The Way We Were, Love Story, An Affair to Remember, Roman Holiday, My Big Fat Greek Wedding and Moonstruck. Winners will be announced at the Valentine's Luncheon.
- **BE CALM AND COLOR ON.** When you think of "coloring" you may think of traditional color by numbers or basic coloring books for toddlers. However, many studies show coloring offers great benefits for adults. Intricate adult coloring books stimulate both hemispheres of our brains, triggering fine motor skills as well as problem solving. Art therapists suggest that coloring can offer stress relief and promote organizational skills. In light of this new research, we will have a supply of coloring gel pens and adult coloring pages available in the library. Stop in the library if you have some time before or after a meeting, an exercise class or if you are just looking to get out of the house for a bit. I look forward to seeing some beautiful pictures.
- **COMMITTEES, COMMITTEES, COMMITTEES.** What makes most clubs or organizations successful? PARTICIPATION! As many of you know the Board of Trustees has worked diligently to update the bylaws. Next on the agenda is reviewing the Clubs' Committees. Please see page 3 for a list of committees. Over the next few months we will be explaining the responsibilities of each committee. Once that is complete, we will be asking members to join a committee, if they are interested. Our goal is to get more members involved and make this great club even greater.

### NP Senior Citizens Club

*An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.*

#### Trustees

Chair: Carolyn Foran  
Pat Connolly, Rosalie Hamaty,  
Kathy Hendrickson, Jean Holmes,  
Peggy MacNeil, Joe Masino,  
Grace Parlapiano, Bette Schmitt,  
Bill Wehrle

#### Club Officers

President: Christine Napolitano  
Vice Pres.: Harry Kundrat  
Treasurer: Sal Ligammari  
1<sup>st</sup> Treasurer: Clara DelMonte  
2<sup>nd</sup> Treasurer: Delores Felezzola  
Sergeants-at-Arms: Don Kern,  
Mike Ferlise

*Contact these members with any questions regarding your club!*

### DeCorso Community Center

15 East Fourth St.  
New Providence, NJ 07974  
908-665-0046

[www.newprov.org/seniorcenter](http://www.newprov.org/seniorcenter)

*A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.*

### Center Coordinator

Stacey Kinum

#### Hours

Monday-Friday: 9:30 – 2:30

### Newsletter Staff

Stacey Kinum  
Clara DelMonte  
Kay DeMarco  
Barbara Koslap  
Doris Velez

### THANK YOU...

- Mrs. Raiti's and Mrs. Cohen's Salt Brook School Classes for donating the Christmas crafts to the Club.
- Christine Napolitano for running the Chinese New Year luncheon.
- NPHS Future Civic Leaders who helped clean the center as a service project in honor of Martin Luther King, Jr..

## Trips, Activities & Meetings

*Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel a reservation.*

*Do not transfer a reservation. It will not be honored.*

**Check the calendar  
for ongoing activities  
& schedule changes!**

- **Wed., Feb 3, 12:00noon-3:00pm: Valentine's Day Luncheon** – Celebrate Cupid's holiday with delicious food from Bacci's Italian Restaurant and musical entertainment. Tickets must be purchased in advance. Cost: \$17. See Teresa Kropfl for details. Snow date is February 4<sup>th</sup>.
- **Thurs., Feb 4, 10:30am: Sue Fieseler** from the Summit YMCA will provide helpful hints and timely tips on **Emergency Preparedness**. Sign up in advance.
- **Sun., Feb 7, 1:00-4:00pm: Celebrate the year of the monkey at a Chinese New Year Celebration** sponsored by Diversity of New Providence. Bring a snack or fruit. Sign up in advance.
- **Tues., Feb 9, 11:00am: Movie Club.** Movie to be announced.
- **Wed., Feb 10, 11:00am: Janice Fernandez** from **Manor Care** will give a talk on **Vertigo and Balance**. She will teach us how to improve our balance and lessen our chances of falling.
- **Thurs., Feb 11, 7:00-9:30pm: "After Hours" 2<sup>nd</sup> Annual Chili Cook-Off** – Take the chill off a cold winter's night while socializing with fellow NP adults age 50+. Taste and cast your vote for the best chili!
- **Wed., Feb 17, 11:00am: Club Day** - Join in the conversation as we discuss **U.S. Presidents and Vice Presidents**. Where were you when JFK was shot? We will also celebrate members' **February Birthdays**.
- **Thurs., Feb 18, 12:00noon: "Remember When"** - Jenni Andrews will lead a discussion on election memorabilia. Members are encouraged to bring any memorabilia that they would like to share. Pizza will be available at \$1.75 a slice.
- **Tues., Feb 23, 11:00am: Movie Club.** Movie to be announced.
- **Tues., Feb 23, 5:30pm: NPHS Athletic Booster Club Pioneer Potluck Pigout.** Come to the pigout at the NPHS cafeteria and stay for the New Providence vs. Governor Livingston Basketball game. Senior Admission for dinner and the game is \$5.00. The NPSCC bus will provide transportation. Please see Stacey for tickets and bus signup.
- **Wed., Feb 24, 11:00am: Jim Tretola** from **CarePatrol**, the largest Assisted Living Senior Placement service in the nation, will give us tips on how to choose an appropriate Assisted Living facility.
- **Wed., Mar 2, 11:00am: Nicole** from **Brandywine** will give a presentation. Topic to be announced.
- **Wed., Mar 9, 11:00am: Cast members** from the **NPHS Spring Musical, "Mary Poppins"**, will present highlights from the show. Have a "chim chim cheree" good time as we celebrate **March birthdays**.
- **Thurs., Mar 10, 7:00pm: "After Hours" St. Patrick's Irish Sandwich Party.** Details to follow.
- **Wed., Mar 16, 12:00noon: St. Patrick's Day Lunch** - Kick up you heels and join in a jig as we share anecdotes and favorite memories about St. Patrick's Day. Enjoy delicious sandwiches and entertainment provided by Manor Care. Cost to be determined. Sign up in advance.
- **Wed., Mar 23, 11:00am: Dr. Paul J. Carniol, MD FACS** will discuss **Skin Health**.
- **Wed., Mar 30, 11:00am: Chunhong Zhang** of Home Helpers will provide information on **Qualifying for Veteran Aid and Attendance Benefits**.

**IF YOU ARE INTERESTED...****MORRIS MUSEUM:** Senior Admission \$7

- **Text Messages** – Artists explore the many facets of what ‘text messages’ means. Dec 5<sup>th</sup> - Apr 10<sup>th</sup>.
- **Season of Wonder** – Mega Model Trains, Museum Mind Benders, Story Book Forest. Dec 12<sup>th</sup> - Mar 6<sup>th</sup>.
- **Small Wonders** – Handcrafted silver tea sets, exquisite furnishings, and miniature rooms created by master craftsmen. Dec 12<sup>th</sup> - Feb 28<sup>th</sup>.
- **Animal Kingdom: Toying With Art** – Explore the “wild” side of recycled toys through creatures made of LEGO, colored pencils, building blocks, and more! Dec 19<sup>th</sup> - Mar 6<sup>th</sup>.
- **Follow the Thread** – Featuring historic examples of textile art from different cultures, this exhibit examines weaving, quilting, lacemaking, crochet, and beading. Jan 14<sup>th</sup> – May 1<sup>st</sup>.

**We Need You!**

The NPSCClub Trustees invite every member of the club to consider joining one (or more) of the following committees: Refreshments, Hospitality, Sunshine, Activities, Safety, Membership, Union County Council, Newsletter, Program. Most committees do not have regular meetings.

Every person has talents and abilities and we would love for you to share yours with us. You will enjoy the satisfaction that comes from making a contribution to the success of our Club and our Club will be stronger for your participation.

**Pioneer Potluck Pigout**

The NPHS Athletic Booster Club will host a Pioneer Potluck Pigout at 5:30 pm on Tuesday, February 23<sup>rd</sup> in the NPHS Cafeteria. The \$5 admission price for seniors includes dinner and a Varsity boys basketball game between New Providence and Governor Livingston. 100% of the proceeds will directly benefit the student athletes and the NPHS Athletic Program. See Stacey for a ticket and to sign up for the bus.

**Hats & Gloves Given to Bridges**

The items from the “mitten and glove tree” at our Holiday Dinner have been donated to Bridges, an organization whose mission is “to connect the housed and homeless to establish relationships that lead to greater acceptance and understanding, social and economic growth, and well being.”

Thank you for your generosity and outstanding holiday spirit!

**Free Tax Return Help at the Center**

Tax counselors will be available on Mondays and Saturdays from 9:00 a.m. to 3:00 p.m., from Saturday, February 6, 2016, through Monday, April 11, 2016. Taxpayers seeking assistance in preparing and filing their returns may call the NPSCC at 908-665-0046, between the hours of 10:30 a.m. and 2:00 p.m., Mondays through Fridays, for an appointment, or they may sign up at the center. The Internal Revenue Service is again advising taxpayers to file their returns as early as possible to reduce the potential for identity theft.

**MOVIE MARQUEE****FEBRUARY MOVIES AT THE NP MEMORIAL LIBRARY**

The 2 PM showing will have subtitles for the hearing impaired.

**Tuesdays at 9:30am & 2:00pm**

February 2 – *Infinitely Polar Bear*

February 9 – *The Walk*

February 16 – *Sicario*

February 23 – *The Man From U.N.C.L.E.*

**Foreign Films**

Thurs., February 4 at 2:00pm – *Cache (in French with English subtitles)*

Mon., February 22 at 7:00pm – *The Farewell Party (in Hebrew with English subtitles)*

## Top 10 Scams Targeting Seniors

As web use among senior citizens increases, so do their chances to fall victim to internet fraud. Internet Fraud includes non-delivery of items ordered online and credit and debit card scams. This month, we will explore how to avoid internet auction fraud.

### Tips for Avoiding Internet Auction Fraud:

- Understand as much as possible about how the auction works, what your obligations are as a buyer, and what the seller's obligations are before you bid.
- Find out what actions the website/company takes if a problem occurs and consider insuring the transaction and shipment.
- Learn as much as possible about the seller, especially if the only information you have is an e-mail address. If it is a business, check the Better Business Bureau where the seller/business is located.
- Examine the feedback on the seller.
- Determine what method of payment the seller is asking from the buyer and where he/she is asking to send payment.
- If possible, purchase items online using your credit card, because you can often dispute the charges if something goes wrong.
- Be cautious when dealing with sellers outside the United States. If a problem occurs with the auction transaction, it could be much more difficult to rectify.
- Ask the seller about when delivery can be expected and whether the merchandise is covered by a warranty or can be exchanged if there is a problem.
- Make sure there are no unexpected costs, including whether shipping and handling is included in the auction price.
- There should be no reason to give out your social security number or driver's license number to the seller.

[www.fbi.gov](http://www.fbi.gov)

## Love Poem of The Jilted Grammarian

Is her went?  
Am she gone?  
Did her leave I all alone?

Oh, cruel fate  
To be so blind,  
To take she 'way  
And leave I 'hind.

Darn she!  
Me hate she!  
Me wish her were died!  
To them is in love, may heart forbid  
That they be done like I been did!

Author Unknown

## Murphy's Laws and Others

### Law of Random Numbers

If you dial a wrong number, you never get a busy signal;  
Someone always answers.

### Variation Law

If you change lines (or traffic lanes), the one you were  
in will always move faster than the one you are in now.

### Law of the Bath

When the body is fully immersed in water,  
The telephone rings.

## February Facts

Birthstone: Amethyst

Flower: Violet

Astrological Signs: Aquarius (Jan 20 – Feb 18) and Pisces  
(Feb 19 – Mar 20)

Other Notable Dates & Events:


February 2 – Groundhog Day

February 5 – National Wear Red Day

February 14 – Valentine's Day

February 15 - Presidents Day

<http://www.wincalendar.com>

	~ February 2016 ~					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Jan 31	<b>1</b> 9:30 Trustee Meeting 10:30 UCC Class 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge	<b>2 Ground Hog Day</b> 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel <b>1:00 Setup Luncheon</b> 2:00 Converse Italian	<b>3</b> <b>Valentine's Day Luncheon</b> <b>12:00-3:00</b>	<b>4</b> 9:30 Fit & Healthy Exercise w/Myriam <b>10:30 Emergency Preparedness</b> 12:30 Partner Bridge 1:00 Mah Jongg	<b>5</b> 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>6</b> <b>Tax Appts. 9:00-3:00</b>
<b>7</b> <b>Diversity Club Chinese New Year</b> <b>1:00-4:00</b>	<b>8</b> <b>Tax Appts. 9:00-3:00</b> <b>10:30 UCC Class</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge	<b>9</b> 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike <b>10:00 Activities Meeting</b> <b>11:00 Movie Club</b> 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	<b>10</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Vertigo &amp; Balance</b> 12:30 Bingo/Cards	<b>11</b> 9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg  <b>7:00pm "After Hours" Chili Night</b>	<b>12</b> 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>13</b> <b>Tax Appts. 9:00-3:00</b>
<b>14</b> 	<b>15 Presidents' Day</b> <b>Tax Appts. 9:00-3:00</b> <b>10:30 UCC Class</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge	<b>16</b> 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	<b>17 Happy B'days!</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 U.S. Presidents / February Birthdays</b> 11:00 Four Cities Bridge 12:30 Bingo/Cards	<b>18</b> 9:30 Fit & Healthy Exercise w/Myriam <b>12:00 Remember When</b> 12:30 Duplicate Bridge 1:00 Mah Jongg	<b>19</b> 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>20</b> <b>Tax Appts. 9:00-3:00</b>
<b>21</b>	<b>22</b> <b>Tax Appts. 9:00-3:00</b> <b>10:30 UCC Class</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge	<b>23</b> 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike <b>11:00 Movie Club</b> 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian <b>5:30pm Pigout @ NPHS</b>	<b>24</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 CarePatrol</b> 12:30 Bingo/Cards	<b>25</b> 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	<b>26</b> 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>27</b> <b>Tax Appts. 9:00-3:00</b>
<b>28</b>	<b>29 Happy Leap Year!</b> <b>Tax Appts. 9:00-3:00</b> <b>10:30 UCC Class</b> 11:00 Newsletter 11:00 Chair Yoga 12:30 Bridge	<b>Mar 1</b> 9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	<b>Mar 2</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Brandywine</b> 12:30 Bingo/Cards	<b>Mar 3</b> 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	<b>Mar 4</b> 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>Mar 5</b> <b>Tax Appts. 9:00-3:00</b>