

# New Providence

## Senior Citizens Newsletter

JANUARY 2016

Volume 16, Issue 1



### COORDINATOR'S CORNER

Happy 2016! I wish you all a very happy and healthy New Year. We are right back into the swing of things in January.

We will have the following presentations at our Wednesday meetings:

- Cathy Balsamo from **Berkeley Heights Nursing and Rehabilitation Center** will give a presentation on their new dementia lock down unit and their inpatient and outpatient rehab on Wednesday, January 6<sup>th</sup> at 11:00am. Cookies will be provided.
- Our new **Trustees and Club Officers** will be sworn in on Wednesday, January 6<sup>th</sup>. Thank you to our retiring Trustees: Maxine Hirsch, Kay DeMarco, Enid Doyle, and Ed Len. Congratulations to our new Trustees: Joe Masino, Bette Schmidt, and Bill Wehrle.
- **NP Elementary Strings** will entertain us on Wednesday, January 13<sup>th</sup>.
- Amy Wagner, Deputy Director of Economic Development for Union County will tell us about **Union County's Senior Home Improvement Grant Program** on Wednesday, January 20th. The Union County Home Improvement Program is funded by Union County with Community Development Block Grant Funds. The purpose of the program is to help you rehabilitate your home. The program is available to low and moderate income homeowners. This should be a very informative meeting so I hope many of you will attend to see if you can take advantage of this program.
- Celebrate the Year of the Monkey at the **NPSCC "Chinese New Year Luncheon"** on Wednesday, January 20<sup>th</sup> after the club meeting. The luncheon will be held at Szechuan Delight. Purchase tickets in advance. Bingo will not be played on the 20<sup>th</sup>.
- Natali Mitevski from **Chatham Hills** will join us at our meeting on Wednesday, January 27<sup>th</sup> and give a presentation on **Fall Prevention, Managing at Home and What Happens If You Can No Longer Manage at Home**. We will play gift card bingo following the meeting with the Activities Director from Chatham Hills.

Additional Events to Note:

- Juniper Village would like to invite 10 people to lunch at their facility at Noon on January 14<sup>th</sup>. It will be on a first-come-first-served basis so please see me to sign up if you are interested. Transportation will be provided.
- Union County College Class resumes on Monday, January 25th at 11:00am.

**Please remember when school are closed for rain, snow or ice, the center is closed. If schools have a delayed opening the center opens at Noon.**

### THANK YOU...

- The NPSCC members who helped to address holiday greeting cards.
- The NPSCC members who decorated the center for the holiday season.
- Christine Napolitano for planning and organizing a wonderful Holiday Dinner with great food and fantastic entertainment.
- Bill and Rita Wehrle for running the New Year's Eve Party with flair, fun, and good friends sharing festive times as they rang in the New Year.

### NP Senior Citizens Club

*An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.*

#### Trustees

Chair: Carolyn Foran  
Pat Connolly, Rosalie Hamaty, Kathy Hendrickson, Jean Holmes, Peggy MacNeil, Joe Masino, Grace Parlapiano, Bette Schmidt, Bill Wehrle

#### Club Officers

President: Christine Napolitano  
Vice Pres.: Harry Kundrat  
Treasurer: Sal Ligammar  
1<sup>st</sup> Treasurer: Clara DelMonte  
2<sup>nd</sup> Treasurer: Delores Felezzola  
Sergeants-at-Arms: Don Kern, Mike Ferlise

*Contact these members with any questions regarding your club!*

### DeCorso Community Center

15 East Fourth St.  
New Providence, NJ 07974  
908-665-0046

[www.newprov.org/seniorcenter](http://www.newprov.org/seniorcenter)

*A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.*

#### Center Coordinator

Stacey Kinum

#### Hours

Monday-Friday: 9:30 – 2:30

#### Newsletter Staff

Stacey Kinum  
Clara DelMonte  
Kay DeMarco  
Barbara Koslap  
Doris Velez

## Trips, Activities & Meetings

*Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.*

*Please visit or call the center at 665-0046 if you need to cancel a reservation.*

*Do not transfer a reservation. It will not be honored.*

Check the calendar  
for ongoing activities  
& schedule changes!

- **Sun., Jan 3, 12:00noon-6:00pm:** **New Providence Amateur Radio Club** will host Kids Day. Designed to give on-the-air experience to young people and foster an interest in getting a license of their own, this day is also intended to give older “hams” a chance to share their station and love for Amateur Radio with children.
- **Wed., Jan 6, 11:00am:** The newly elected Trustees and Club Officers will be sworn in. Cathy Balsamo will give a presentation on **Berkeley Heights Nursing and Rehabilitation Center’s** new dementia lock down unit and their inpatient and outpatient rehab. Cookies will be provided.
- **Thurs., Jan 7, 12:30pm:** **Center De-decoration** - Join us as we take down our holiday decorations and get ready to start a new year.
- **Wed., Jan 13, 11:00am:** Enjoy the sounds of **NP Elementary Strings** and celebrate **January birthdays**.
- **Tues., Jan 19, 7:30pm:** The League of Women Voters will sponsor a talk by F.B.I. Special Agent Brian Salamone on **Human Trafficking in New Jersey: The F.B.I.’s Experience with Underage Teens**.
- **Wed., Jan 20, 11:00am:** Amy Wagner, Deputy Director of Economic Development for Union County will give a presentation on the Union County **Senior Home Improvement Grant Program**. Following the meeting, the **“Chinese New Year’s Luncheon”** will take place at Szechuan Delight. Purchase tickets in advance. Cost: \$15. Tickets will go on sale January 6<sup>th</sup>. See Christine Napolitano for details..
- **Mon., Jan 25, 10:30am:** **Union Country College Class** resumes. Join us as Bill Dunscombe returns for another fascinating semester of “Selected Biology Topics”.
- **Mon., Jan 25 – Fri., Apr 8, 10:30am to 2:00pm:** Call the center, Mondays through Fridays, to schedule **Tax Preparation** appointments or sign up at the center. Tax counselors will be available on Mondays and Saturdays from 9:00am to 3:00pm from Saturday, February 6<sup>th</sup> through Monday, April 11th. 908-665-0046
- **Wed., Jan 27, 11:00am:** Natali Mitevski from **Chatham Hills** will give a presentation on **Fall Prevention, Managing at Home and What Happens When You Can’t Manage at Home**.
- **Wed., Feb 3, 12:00noon-3:00pm:** **Valentine’s Day Luncheon** – Bring your sweetheart and/or some friends to celebrate Cupid’s holiday with delicious food from Bacci’s Italian Restaurant and musical entertainment. Tickets must be purchased in advance. Cost: \$15. See Teresa Kropfl for details. Snow date is February 4<sup>th</sup>.
- **Wed., Feb 10, 11:00am:** Janice Fernandez from **Manor Care** will give a presentation on **Vertigo and Balance**.
- **Wed., Feb 17, 11:00am:** **Club Day** – This month’s topic will be U.S. Presidents and Vice Presidents. Where were you when JFK was shot? We invite you to join in the conversation.
- **Wed., Feb 24, 11:00am:** Jim Tretola from **CarePatrol**, the largest Assisted Living Senior Placement service in the nation, will give a presentation on how to choose an appropriate Assisted Living facility.

## Top 10 Scams Targeting Seniors

If you are age 60 or older you may be a special target of people who sell bogus products and service by telephone. Telemarketing scams often involve offers of free prizes, low-cost vitamins and health care products, and inexpensive vacations.

### Tips for Avoiding Telemarketing Fraud:

- Don't buy from an unfamiliar company.
- Always ask for and wait until you receive written material about any offer or charity. If you get brochures about costly investments, ask someone whose financial advice you trust to review them.
- Obtain a salesperson's name, business identity, telephone number, street address, mailing address, and business license number before you transact business. Verify the accuracy of these items.
- Before you give money to a charity or make an investment, find out what percentage of the money is paid in commissions and what percentage actually goes to the charity or investment.
- Before you send money, ask yourself a simple question. "What guarantee do I really have that this solicitor will use my money in the manner we agreed upon?"
- Don't pay in advance for services.
- Be wary of companies that want to send a messenger to your home to pick up money, claiming it is part of their service to you.
- Always take your time making a decision.
- Don't pay for a "free prize."
- Before you receive your next sales pitch, decide the kinds of financial information you will and won't give out on the telephone.
- Be sure to talk over big investments with a trusted friend, family member, or financial advisor.
- Never respond to an offer you don't understand thoroughly.
- Never send money or give out personal information such as credit card numbers and expiration dates, bank account numbers, dates of birth, or social security numbers to unfamiliar companies or unknown persons.
- Be aware that your personal information is often brokered to telemarketers through third parties.
- If you have been victimized once, be wary of persons who call offering to help you recover your losses.
- If you have information about a fraud, report it to state, local, or federal law enforcement agencies.

## Free Tax Return Help at the New Providence Senior Citizens Center

New Providence, Berkeley Heights, and other area residents can obtain free assistance in preparing and filing their individual 2015 tax returns. There are no age or income limitations for participation in the program, but taxpayers with complex returns may be advised to seek paid assistance. Free assistance will be provided at the New Providence Senior Citizens Center (NPSCC), 15 East Fourth Street, New Providence, by volunteer tax counselors under a program sponsored jointly by the AARP, the Internal Revenue Service, and the New Jersey State Division of Taxation.

Assistance will cover individual federal and NJ state income taxes, the NJ Homestead Property Tax Rebate, and the Property Tax Reimbursement Program (PTR – 1 & 2), as applicable. Emphasis will be on filing returns electronically, resulting in refunds being received typically in about two weeks after filing. Any taxes due would not be payable until April 15, 2016. Taxpayers will be provided with vouchers to be submitted by that date with any payments due.

Tax counselors will be available on Mondays and Saturdays from 9 a.m. to 3:00 p.m., from Saturday, February 6, 2016, through Monday, April 11, 2016. Beginning January 25, 2016, taxpayers seeking assistance in preparing and filing their returns may call the NPSCC at 908-665-0046, between the hours of 10:30 a.m. and 2:00 p.m., Mondays through Fridays, for an appointment, or they may sign up at the center. The Internal Revenue Service is again advising taxpayers to file their returns as early as possible to reduce the potential for identity theft.

Taxpayers must bring photo identification, social security cards of persons filing the return and of any dependents listed on the return; copies of their 2014 federal and state returns, and any 2015 federal forms W-2, 1099-R, 1099-INT, 1099-DIV, 1099-B, SSA-1099, etc.; documentation of the amount of rent or real estate taxes paid in 2015 and of other expenses if the taxpayers wish to itemize deductions; and, if they wish to have any refund directly deposited to their bank account, a check showing their bank's routing number and their account number. In the case of taxpayers filing joint returns, both taxpayers should be present to authorize the electronic filing.

## Holiday Thank You

*A very special thank you to the following people who made our holidays merry and bright: Joe Eberle, Roxanne Giacalone, Aisha Kaloshi, Marjorie Callahan, Ceil Kreder, Julie Sondhi, Kyle Coleman, Jenny Brigante, Michaela Rupp, Marie McNally, Angelique Freudbeg, Susan Ecker, Marcia Coviello, MaryAnn Cantor, Ms. Flynn and NPMS Girls Choir, Katie, Riley and Lindsay Kinum, Ali Pitaressi, Julia Haas, and Janice Fernandez.*

**IF YOU ARE INTERESTED...****MORRIS MUSEUM:** Senior Admission \$7

- **Text Messages** – Artists explore the many facets of what 'text messages' means. Dec 5<sup>th</sup> - Apr 10<sup>th</sup>.
- **Season of Wonder** – Mega Model Trains, Museum Mind Benders, Story Book Forest. Dec 12<sup>th</sup> - Mar 6<sup>th</sup>.
- **Small Wonders** – Handcrafted silver tea sets, exquisite furnishings, and miniature rooms created by master craftsmen. Dec 12<sup>th</sup> - Feb 28<sup>th</sup>.
- **Animal Kingdom: Toying With Art** – Explore the "wild" side of recycled toys through creatures made of LEGO, colored pencils, building blocks, and more! Dec 19<sup>th</sup> - Mar 6<sup>th</sup>.
- **Follow the Thread** – Featuring historic examples of textile art from different cultures, this exhibit examines weaving, quilting, lacemaking, crochet, and beading. Jan 14<sup>th</sup> – May 1<sup>st</sup>.

**Murphy's Laws and Others****Law of Mechanical Repair**

After your hands become coated with grease,  
your nose will begin to itch and you'll have to pee.

**Law of Gravity**

Any tool, nut, bolt, screw, when dropped,  
will roll to the least accessible place in the universe.

**Law of Probability**

The probability of being watched is directly proportional to the stupidity of your act.

**January Facts**

Birthstone: Garnet

Flower: Carnation

Zodiac Signs: Capricorn (Dec 22 – Jan 19) and Aquarius (Jan 20 – Feb 19)

Holidays and Observances:

January 1 – New Year's Day

January 18 – Martin Luther King Day

**Heard 'Round the Center**

"Rich people are just poor people with money."  
~ Carolyn Foran

**Why English is So Hard**

We'll begin with a box, and the plural is boxes,  
But the plural of ox should be oxen, not oxes.  
Then one fowl is a goose, but two are called geese,  
Yet the plural of moose should never be meese,  
You may find a lone mouse or a whole nest of mice,  
But the plural of house is houses, not hice.

If the plural of man is always called men,  
Why shouldn't the plural of pan be called pen?  
The cow in the plural may be cows or kine,  
But a bow if repeated is never called bine,  
And the plural of vow is vows, never vine.

If I speak of a foot and you show men your feet,  
And I give you a boot would a pair be called beet?  
If one is a tooth, and a whole set are teeth,  
Why shouldn't the plural of booth be called beeth?

If the singular's this and the plural is these,  
Should the plural of kiss ever be nicknamed keese?  
Then one may be that and three would be those,  
Yet hat in the plural would never be hose,  
And the plural of cat is cats, not cose.

We speak of a brother, and also of brethren,  
But though we say mother, we never say methren.  
Then the masculine pronouns are he, his and him,  
But imagine the feminine she, shis and shim.

So the English, I think, you all will agree,  
Is the queerest language you ever did see.

<http://www.worldwidewords.org/articles/ar-eng1.htm>

**MOVIE MARQUEE****JANUARY MOVIES AT THE NP MEMORIAL LIBRARY****Tuesdays at 9:30am & 2:00pm**

January 5 – *Mission Impossible: Rogue Nation*  
January 12 – *San Andreas*  
January 19 – *Testament of Youth*  
January 26 – *The Martian*

**Foreign Films**

Thurs., January 7 at 2:00pm – *Manon of the Spring* (in French with English subtitles)  
Mon., January 25 at 7:00pm – *Intacto* (in Spanish, English and French with English subtitles)

~ January 2016 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Dec 27</b> <b>CENTER CLOSED</b>	<b>Dec 28</b> <b>CENTER CLOSED</b>	<b>Dec 29</b> <b>CENTER CLOSED</b>	<b>Dec 30</b> <b>CENTER CLOSED</b>  1:00 Set up for Party	<b>Dec 31</b> <b>CENTER CLOSED</b>  8:00pm New Year's Eve Party	<b>1 Happy New Year!</b> <b>CENTER CLOSED</b>	<b>2</b> <b>CENTER CLOSED</b>
<b>3</b>  NP Amateur Radio Club 12:00-6:00	<b>4 Center Reopens</b>  11:00 Newsletter 12:30 Bridge	<b>5</b>  9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi 2:00 Converse Italian	<b>6</b>  10:00 Bus to Club <b>11:00 Officers Sworn In / BH Rehab</b> 12:30 Bingo/Cards	<b>7</b>  9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge <b>12:30 Center De-decoration</b> 1:00 Mah Jongg	<b>8</b>  9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>9</b>
<b>10</b>	<b>11</b> <b>9:30 Trustee Meeting</b> 11:00 Newsletter 12:30 Bridge	<b>12</b>  9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike <b>10:00 Activities Meeting</b> 11:00 Tennis w/Dick 1:00 Tai Chi 2:00 Converse Italian	<b>13</b>  9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Elementary Strings / B'days</b> 12:30 Bingo/Cards	<b>14</b>  9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg	<b>15</b>  9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>16</b>
<b>17</b>	<b>18 Martin Luther King Day</b>  <b>CENTER CLOSED</b>	<b>19</b>  9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi 2:00 Converse Italian 7:30pm Human Trafficking in NJ	<b>20</b>  9:30 Blood Pressure 10:00 Bus to Club 11:00 Four Cities Bridge <b>11:00 Home Improvement Loans</b> 12:30 No Bingo/Cards <b>2:00 Chinese New Year's Luncheon</b>	<b>21</b>  9:30 Fit & Healthy Exercise w/Myriam 12:30 Duplicate Bridge 1:00 Mah Jongg	<b>22</b>  9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>23</b>
<b>24</b>	<b>25</b>  11:00 Newsletter 12:30 Bridge	<b>26</b>  9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi 2:00 Converse Italian	<b>27</b>  9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Chatham Hills</b> 12:30 Bingo/Cards	<b>28</b>  9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	<b>29</b>  9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>30</b>
<b>31</b>	<b>Feb 1</b> <b>9:30 Trustee Meeting</b> 11:00 Newsletter 12:30 Bridge	<b>Feb 2</b>  9:00 Bus to ShopRite 9:45 Balance and Conditioning w/Mike 11:00 Tennis w/Dick 1:00 Tai Chi 2:00 Converse Italian	<b>Feb 3</b>  Valentine's Day Luncheon 12:00-3:00	<b>Feb 4</b>  9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 1:00 Mah Jongg	<b>Feb 5</b>  9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>Feb 6</b>