

New Providence Senior Citizens Newsletter



APRIL 2017



Volume 17, Issue 4

COORDINATORS CORNER

March certainly was a busy month with the St. Patrick's Day party, Larks performance and Sue's Senior Series. April seems like it will be even busier. We will have trips to Branch Brook Park, The Sands and Paper Mill Playhouse as well as our Open House.

Schedule Changes:

UCC Class, "Select Topics in Biology", will meet on Fridays, April 7th, April 21st, and April 28th at 10:30am. There will be NO CLASS on Friday, April 14th.

The center will be closed on Friday, April 14th and Monday, April 17th for Easter break.

Upcoming Events:

Senior Series: Sue will conclude her series with a discussion on "Vitamins, Minerals and Supplements" on Tuesday April 12th at 11:00am.

A Health Fair Volunteers Meeting will be held on Wednesday, April 19th at 9:30am.

New Providence Senior Citizens' Center Open House

Wednesday, April 26th, 11:00am

Featuring The Elderly Brothers – Performing here live!!!

Please join us for an Open House to learn about all the great offerings at the NPSCC. We will have information on our exercise classes, lecture series, weekly meetings, and upcoming trips. You will also learn about the many committees that help make this special place run smoothly. Please encourage your friends to come and see all that we offer. See page 3 for additional details.

Special Notices:

Membership Directories are available for \$5 at Wednesday meetings.

Emergency Contact Information: We are in the process of asking all members for updated Emergency Contact information. Please see Stacey or Therese and let us know who you would like to list as your emergency contact as well as the phone number.

Happy Easter and Passover!

Thank You...

- Club member Irene Regner for her generous donation.
- Bert Abazzia for hosting the "History of New Providence".
- NPHS cast members for highlights from "The Sound of Music".
- John Busciano and Kathleen Riscen for providing the entertainment at our St. Patrick's Day Luncheon.
- The Larks for visiting the center and singing for us.
- Dr. Wang for her informative talk on "Hep B and More".
- Josephine Campano for donating the beautiful basket for the St. Pat's raffle.

NP Senior Citizens Club

An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.

Trustees

Chair: Carolyn Foran

Co-Chair: Pat Connolly

Kathy Hendrickson, Ed Insinger,
Peggy Macneal, Joe Masino, Tina
Morielli, Grace Parlapiano, Bette
Schmitt, Wilma Silwones, Bill
Wehrle

Club Officers

President: Christine Napolitano

Vice Pres.: Harry Kundrat

Treasurer: Sal Ligammari

1st Treasurer: Clara DelMonte

2nd Treasurer: Delores Felezzola

Sergeants-at-Arms: Don Kern,

Mike Ferlise

*Contact these members with any
questions regarding your club!*

DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

www.newprov.org/seniorcenter

*A welcoming place for New
Providence residents to gather and
to enjoy its events and programs as
well as our neighbors and friends.*

Center Coordinators

Stacey Kinum

Therese Dalton

Hours

Monday-Friday: 9:30am - 2:30pm

Newsletter Staff

Peggy Brodeur

Joan Clark

Therese Dalton

Clara DelMonte

Stacey Kinum

Barbara Koslap

Trips, Activities & Meetings

Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the center at 665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

**Check the calendar
for ongoing activities
& schedule changes!**

- **Weds., Apr 5, 11:00am: Meeting** – Brain games and trivia.
- **Thurs., Apr 6, 9:45am: Cherry Blossom Festival Trip** – Take a trip to Branch Brook Park to see the beautiful blossoms and enjoy a delicious lunch afterwards at the Spanish Tavern. Cost: \$35. See Christine for tickets.
- **Tues., Apr 11, 11:00am: Senior Series with Sue** – “Vitamins, Minerals, and Supplements”.
- **Weds., Apr 12, 11:00am: Meeting** – Chiropractor, Dr. Patrick Smith, will give a presentation on **“Simple Ways to Stay Healthier and More Active”**. We will also celebrate April birthdays. Chatham Hills will call Bingo.
- **Thurs., Apr 13, 10:45am: Move Club** – Taken in by a well-to-do family and offered a second chance at life, a homeless teen becomes a star athlete in the sports-themed comedy drama **“The Blind Side”**.

The center will be closed Friday, April 14 and Monday, April 17 for the Easter Holiday.

- **Weds., Apr 19, 11:00am: Meeting** – Pam Robertson will talk about **“Gratitude and How It Can Change Your Life”**
- **Thurs., Apr 20, 1:30pm: Paper Mill Playhouse Trip** – See the smash-hit musical, **“Million Dollar Quartet”**. Cost: \$35. Bus leaves at 12:30pm. See Christine Napolitano for details.
- **Tues., Apr 25, 9:45am-5:30pm: Casino Trip** - Try your luck at the **Sands Casino** in Bethlehem, Pennsylvania. Purchase tickets in advance. Receive \$20 in “play money” and \$5 toward food. Cost: \$25. See Phyllis Winters.
- **Weds., Apr 26, 11:00am-1:00pm: Open House** – Enjoy entertainment and refreshments while learning about the trips, activities, parties, clubs, classes, and exercise programs that NPSCC has to offer. Bingo is cancelled.
- **Thurs., Apr 27, 12:00noon: “Remember When” Antiques** – Jennie Andrews will moderate the discussion. Please bring your favorite antiques to share with the group. Pizza will be available at \$1.75 per slice. Sign up in advance.
- **Thurs., Apr 27, 7:00pm: “After Hours” NP History & Trivia** – Explore the history of our town and test your knowledge as we play a fun trivia game and socialize with fellow “empty nesters” and other NP adults age 50+.
- **Wed., May 3, 10:00am: Walking Group** – Take a short walk and enjoy the beautiful spring weather!
- **Wed., May 3, 11:00am: Meeting** – Enjoy the fabulous sounds of the **NPHS Band**.
- **Wed., May 10, 11:00am: Meeting** – Attorney Meri Beth Robertson will discuss **“Trusts and Estates.”**
- **Tues., May 16, 1:00pm: Set up for the Annual Health Fair.** All classes are cancelled.
- **Wed., May 17, 8:00-11:00am: Annual Health Fair** –Offering an array of exhibitors, health screenings, and pertinent medical information at NO COST. Sign up for bus transportation.
 - ♥ Free Blood Chemistry Screenings will be available to NP residents age 55 or older who have completed the required in-person pre-registration. Pre-register at the center April 18-May 16, 11:00am-1:00pm.
 - ♥ Please sign up to help with Setup on Tuesday, May 16th and/or with Hospitality and Clean Up. There will be a Health Fair Volunteers meeting on Wednesday, April 19th at 9:30am.
- **Wed., May 24, 12:00noon: Anniversary Luncheon** – Celebrate the 58th anniversary of the club with lunch at Primavera Restaurant. Singer Candy Nelson will provide entertainment. Sign up, pay, and order your entrée in advance. Cost: \$35. Sign up for bus transportation. Bus leaves at 11:00am. Center will be closed.
- **Fri., May 26, 1:00pm: Set-up for Memorial Day Remembrance** – Help prepare the center and start your baking.
- **Mon., May 29, 11:00am: Memorial Day Remembrance** – Join us at our annual reception after the parade as we share hot dogs and baked goods with the public. Sign up at the center to volunteer you help.
- **Wed., May 31, 11:00am: Meeting** –Summit Physical Therapy.

OPEN HOUSE!!!!

Instead of our regular weekly meeting on Wednesday, April 26th, NPSCC will be hosting an Open House. We will have information about our activities, lecture series, and special events. We will also have representatives available from all of our committees (Hospitality, Sunshine, Activities, Membership, Refreshments, Program, Newsletter, Safety, Union County Council). Learn what each committee does and how you might be able to help. Joining a committee is a terrific way to give back to the Club as well as to meet new people.

Our Open House will feature a free performance by the Elderly Brothers as well as light refreshments. We hope you can join us and encourage you to invite friends and guests. Let's show the rest of the New Providence community all the wonderful things we have going on at our Senior Center.

HISTORICAL SOCIETY DINNER

A WASP Takes Wing

Come hear the story of the amazing WASPs in WWII. Speaker Carol Simon Levin will share the story of these intrepid women through the perspective of Ann Baumgartner Carl, the Jersey girl who trained as a WASP and went on to break down many aviation barriers for women. Dinner will be held at the Best Western Murray Hill Inn on April 20th. Cost: \$36. Make check payable to N.P. Historical Society and send to New Providence Historical Society, 377 Elkwood Ave by April 7th. Questions 908-665-1034.

AROUND TOWN...

NEW PROVIDENCE MEMORIAL LIBRARY

- **The Music of Gilbert and Sullivan** – Seven professional singers will present scenes from *The Mikado*, *Pirates of Penzance* and more! Sun., Apr 23, 3:00pm
- **Baseball Discussion Group** – All baseball fans are welcome! Mon., Apr 10, 7:00pm

NEW PROVIDENCE HIGH SCHOOL

- **Strings Recital** – High school strings students will perform in recital. Thurs., Apr 6, 7:00pm.

DECORSO CENTER

- **League of Women Voters - "Light in the Darkness: Why States Will Lead on Climate & How New Jersey Can Reclaim Its Mantle as an Environmental Leader"**. Thurs., Apr 6, 7:30pm
- **NP Garden Club - "Garden State Gardens"** Mon., Apr 10, 7:00pm
- **"After Hours" - NP History & Trivia.** Explore the history of our town and test your knowledge as we play a fun trivia game. Thurs., Apr 27, 7:00pm

WALKING GROUP

Therese will start a walking group on Wednesday, May 3rd. Weather permitting, the group will meet at 10:00am on Wednesdays before the club meeting. The walks won't be far, but members can enjoy the beautiful spring weather.

MOVIE MARQUEE

APRIL MOVIES AT THE NP MEMORIAL LIBRARY

The 2:00 PM showing will have subtitles for the hearing impaired.

Tuesdays at 9:30am & 2:00pm

Apr 4 – *Loving*
Apr 11 – *Jackie*
Apr 18 – *Rules Don't Apply*
Apr 25 – *Allied*

Foreign Films

Weds., Apr 5 at 2:00pm – *Shoeshine (in Italian with English subtitles)*
Mon., Apr 24 at 7:00pm – *Mondays in the Sun (in Spanish with English subtitles)*

UNION COUNTY PARATRANSIT SYSTEM

The Union County Paratransit System is a curb-to-curb transport service specializing in transportation of senior citizens (age 60 or older), persons with disabilities and/or economically disadvantaged residents of Union County. There is a fare of \$2 per one-way trip. Fare exemptions may apply upon request.

Out of county trips are provided on Monday & Wednesday only. The county provides services within a 5 mile radius of Union County borders. These requests are considered an in-county trip and will be scheduled as such. Paratransit will provide non-emergency transportation for: Medical, Nutrition, Mental Health, Shopping, Employment, Recreation, Education, Bus Service, Rail Service.

Paratransit operates Monday to Friday 7:30a.m. to 5:30p.m.. Limited hours are available on Saturday. Reservations can be made Monday through Friday 8 a.m. to 4 p.m. by calling the scheduling office at **908-241-8300**. First-time callers should call between the hours of 1 p.m. and 4 p.m. You will be asked to provide the following information:

- Name, Address & Telephone Number
- Date of Birth
- If you are a Medicaid recipient
- Income Level (general, not specific)
- Disability or Special Need (s)
- If you use a mobility assistance device such as a wheelchair, scooter, cane or walker
- Race (information required by government funding source)

Transportation is available on a first-come-first-served basis. A minimum of five to seven days advance notice for a scheduled trip is recommended. Limited service may be available on shorter notice. Please do not call any earlier than three weeks prior to your desired trip. You will be asked to provide the following information each time you request a trip:

- Day, Date and Time of the appointment
- Address, City, State and Telephone Number of your Destination
- Doctor's name, Clinic name, Company name, Telephone number, etc.
- Approximate Time of Return

Every effort will be made to accommodate your request however trips will be determined by availability.

<http://ucnj.org/departments/human-services/paratransit-system>



Rating: *****

BOOK REVIEW by Therese Dalton***America's First Daughter***

by Stephanie Dray and Laura Kamole

This historical fiction book is based on the untold story of Thomas Jefferson's eldest daughter, Martha "Patsy" Jefferson Randolph. While the book is told from Patsy's perspective, we learn about Jefferson and the political culture of the time.

Patsy falls in love with her father's protégé William Short, a staunch abolitionist and ambitious diplomat. When she learns about her father's liaison with Sally Hemmings, a slave girl her own age, she is torn between love, principles, and the bonds of family. She questions whether she can choose a life as William's wife and still be a devoted daughter.

The book was a "page turner" for me. It painted a detailed picture of the times politically, as well as the roles of women and slavery. It is a portrait of Jefferson and the times from his daughter's perspective. If you prefer non-fiction, I recommend *Thomas Jefferson: A Life* by Willard Stern Randall.

SUMMIT COLLEGE CLUB ANNUAL BOOK SALE

The Summit College Club will hold their annual book sale from April 25 through April 30 at the American Legion Hall in New Providence. Proceeds from the sale are used to fund college scholarships for deserving young women in local high schools.

Just for Laughs

What would you get if your crossed the Easter Bunny with a leprechaun? The Easter Blarney!

Why did the Easter Bunny have to fire the duck? Because he kept quacking all the eggs!

How does the Easter Bunny stay healthy? Eggsercise, particularly hareobics!

<http://www.best-funny-jokes.com/easter-jokes>

APRIL FACTS

Birthstone: Diamond and Crystal

Flower: Daisy and Sweet Pea

Zodiac Signs: Aires (Mar 21 – Apr 19) and Taurus (Apr 20 – May 20)


Holidays and Observances:

Apr 17 – Tax Day (Taxes Due)

Apr 22 – Earth Day

Apr 28 – Arbor Day

<http://www.wincalendar.com>

	~ April 2017 ~					
	Mon	Tue	Wed	Thu	Fri	Sat
Mar 26	Mar 27 Tax Appts. 9:00-3:00 8:30 In Control w/Myriam 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge 1:00 Knitting Club	Mar 28 9:00 Bus to ShopRite 9:45 Balance/Conditioning w/Mike 11:00 Spice It Up 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	Mar 29 9:30 Blood Pressure 10:00 Bus to Club 11:00 Seniors & Depression 12:30 Bingo/Cards	Mar 30 9:30 Fit & Healthy Exercise w/Myriam 12:30 Bridge or Poker 12:30 Mah Jongg	Mar 31 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 10:30 Biology Class 12:30 Pizza Bingo	Apr 1 Tax Appts. 9:00-3:00
2	3 Tax Appts. 9:00-3:00 8:30 In Control w/Myriam 9:30 Trustee Meeting 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	4 9:00 Bus to ShopRite 9:45 Balance/Conditioning w/Mike 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	5 10:00 Bus to Club 11:00 Brain Games & Trivia 12:30 Bingo/Cards	6 9:30 Fit & Healthy Exercise w/Myriam 9:45 Cherry Blossom Festival Trip 12:30 Partner Bridge 12:30 Mah Jongg	7 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 10:30 Biology Class 12:30 Pizza Bingo	8 Tax Appts. 9:00-3:00
9	10 Passover Tax Appts. 9:00-3:00 8:30 In Control w/Myriam 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge 1:00 Knitting Club	11 9:00 Bus to ShopRite 9:45 Balance/Conditioning w/Mike 10:00 Activities Meeting 11:00 Vitamins, Minerals & Supplements 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	12 Happy Birthdays! 9:30 Blood Pressure 10:00 Bus to Club 11:00 Simple Ways to Stay Healthier & More Active 12:30 Bingo/Cards – Chatham Hills	13 9:30 Fit & Healthy Exercise w/Myriam 10:45 Movie Club 12:30 Duplicate Bridge 12:30 Mah Jongg	14 Good Friday Center Closed	15
16 	17 Easter Holiday Center Closed	18 9:00 Bus to ShopRite 9:45 Balance/Conditioning w/Mike 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	19 9:30 Health Fair Volunteers Meeting 10:00 Blood Pressure 10:00 Bus to Club 11:00 Gratitude & How It Can Change Your Life 12:30 Bingo/Cards	20 9:30 Fit & Healthy Exercise w/Myriam 12:30 Paper Mill Trip 12:30 Duplicate Bridge 12:30 Mah Jongg	21 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 10:30 Biology Class 12:30 Pizza Bingo	22
23	24 8:30 In Control w/Myriam 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge 1:00 Knitting Club	25 9:00 Bus to ShopRite 9:45 Balance/Conditioning w/Mike 9:45 ♠♥Casino Trip♦♠ 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	26 9:30 Blood Pressure 10:00 Bus to Club 11:00 Open House!!!	27 9:30 Fit & Healthy Exercise w/Myriam 12:00 "Remember When" 12:30 Partner Bridge 12:30 Mah Jongg 7:00pm "After Hours"	28 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 10:30 Biology Class 12:30 Pizza Bingo	29
30	May 1 8:30 In Control w/Myriam 9:30 Trustee Meeting 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	May 2 9:00 Bus to ShopRite 9:45 Balance/Conditioning w/Mike 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	May 3 10:00 Bus to Club 10:00 Walking Group 11:00 NPHS Band 12:30 Bingo/Cards	May 4 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg	May 5 9:00 Bus to Mall 9:30 Zumba w/Donna 10:00 Bridge 10:30 Biology Class 12:30 Pizza Bingo	May 6