

# New Providence Senior Citizens Newsletter

## "Good things happen here!"



**DECEMBER 2018**



**Vol. 18, No. 11**

### COORDINATORS CORNER

"Leave a little sparkle where ever you go." *Anonymous*

And the holidays have arrived! I wish you and your family a wonderful holiday season. I hope it brings you some peace as well as merriment.

- Speaking of merriment, don't forget to purchase your tickets for the Club Holiday Party by Wednesday, December 5<sup>th</sup>. The party starts at 5:00pm on Wednesday, December 12<sup>th</sup>. The Middle School Girls Choir will entertain us with holiday music. Come and celebrate together!
- Our Book Club group has put together a list of titles that members recommend. Check out the article on page 4.
- We are looking for volunteers to help write club holiday cards on Thursday, December 13<sup>th</sup> at 11:00am. If you would like to help, please sign up.
- Come join the students from the Middle School Art Club as we decorate the center for the holidays on Thursday, December 6<sup>th</sup> at 12:30pm.
- There are items in the front coat closet that have been left here throughout the year. If you are missing something, please check the closet. I will clean out the closet toward the end of the month.

### Reminders/Changes

- Last classes for In Control and for Chair Yoga are Monday, December 3<sup>rd</sup>.
- There is NO Pizza Bingo on Friday, December 7<sup>th</sup>.
- The college class, Select Topics in Biology, runs through December 10<sup>th</sup>.
- The center is closed from Monday, December 24<sup>th</sup> through Tuesday, January 1<sup>st</sup>. We will reopen on Wednesday, January 2<sup>nd</sup>.

**Please remember that when schools are closed for rain, snow or ice, the center is closed. If schools have a delayed opening, please call the center at 908-665-0046.**

### THANK YOU...

- Overlook Community Health for glucose and blood pressure screenings.
- Rebecca Abenante from Atlantic Health System for her presentation on "Embracing Aging: Finding Your Path to Aging Well".
- Peggy Brodeur for organizing the Veterans Day Luncheon.
- New Providence High School for hosting Senior Citizens Day.
- Partnership for a Drug-Free New Jersey for their presentation, "15 Minute Child Break."
- Kathy Hendrickson for sharing movies to be viewed at the Movie Club.
- Chatham Hills for donating pies to our veterans.
- Jane Caggiano for donating money to buy refreshments.
- Rick Cowan for sharing stories of NYPD Mafia cases.
- Hilary Stannard for coordinating the Pet Drive in October.

### NP Senior Citizens Club

*An organization dedicated to providing social & enriching activities & events for New Providence residents 55 years and beyond.*

#### Trustees

Chair: Carolyn Foran

Vice-Chair: TBD

Secretary: Bette Schmitt

Bert Abbazia, Kathy Hendrickson,

Sal Ligammari, Peggy Macneal,

Joe Masino, Tina Morielli,

Christine Napolitano, Grace

Parlapiano, Bill Wehrle

#### Club Officers

President: Peggy Brodeur

Vice President: Bill Wehrle

Treasurer: Sal Ligammari

1<sup>st</sup> Treasurer: Delores Felezzola

2<sup>nd</sup> Treasurer: TBD

Sergeants-at-Arms: Don Kern,

Mike Ferlise

*Contact these members with any questions regarding your club!*

### DeCorso Community Center

15 East Fourth St.

New Providence, NJ 07974

908-665-0046

[www.newprov.org/seniors](http://www.newprov.org/seniors)

*A welcoming place for New Providence residents to gather and to enjoy its events and programs as well as our neighbors and friends.*

### Center Co-Coordinator

Therese Dalton

Michelle Zack

#### Hours

Monday-Friday: 9:30am - 2:30pm

### Newsletter Staff

Peggy Brodeur

Joan Clark

Therese Dalton

Barbara Koslap

Bobbi McAneny

Michelle Zack

## Trips, Activities & Meetings

Tickets for events may be purchased at the center on Wednesdays from 9:45 to 10:45AM.

Please visit or call the center at 908-665-0046 if you need to cancel a reservation.

Do not transfer a reservation. It will not be honored.

**Check the calendar  
for ongoing activities  
& schedule changes!**

- **Wed., Dec 5, 11:00am: Meeting** - The **Sociology Class from New Providence High School** will visit the center to interview NPSCC members. Please participate in these delightful discussions with the students.
- **Thurs., Dec 6, 12:30pm: Center Decoration** – Join in the fun as the Middle School Art Club helps us decorate the center for the holidays.
- **Wed., Dec 12, 10:00am:** Set up for Holiday Dinner. **THERE IS NO MEETING.**
- **Wed., Dec 12, 5:00pm: Holiday Dinner** – Indulge in a delicious dinner and share good times with friends. The NPMS Girls Chorus will provide beautiful music. Please bring a nonperishable item to donate to the OLP Food Pantry. COST: \$26. Purchase ticket by December 5<sup>th</sup>. Sign up in advance for bus pickup.
- **Thurs., Dec 13, 11:00am: Address Holiday Greeting Cards** – Share the spirit of the season and join us as we prepare holiday cards to send to our absent members. Please sign up in advance if you plan to help.
- **Wed., Dec 19, 10:00am: Meet & Mail** – Help us mail January newsletters.
- **Wed., Dec 19, 11:00am: Meeting - Club Day.** Come socialize and enjoy refreshments. We will celebrate December birthdays and elect Officers and Trustees. **We will also congratulate Public Health Nurse Janice Gironda on her retirement.** Chatham Hills will call bingo!
- **Thurs., Dec 20, 10:45am: Movie Club** – Enjoy the delightful holiday movie *White Christmas* starring Bing Crosby, Danny Kaye and Rosemary Clooney.
- **Sat., Dec 22, 1:00pm: Christmas Cantata** - The Union Methodist Church Choir is coming to the center to share beautiful holiday music. Enjoy this wonderful opportunity to celebrate the season. Light refreshments will be served. Please sign up in advance.

The center will be closed Monday, December 24 – Tuesday, January 1. We will reopen Wednesday, January 2.

- **Thurs., Dec 27, 12:30pm: Paper Mill Playhouse Trip - Holiday Inn.** For those with tickets. Bus leaves at 12:30pm.
- **Wed., Jan 2, 11:00am: Meeting** – Pete Axelrod from *Wild Birds, Unlimited* will give a presentation on backyard birding, **“Who Is That At My Feeder?”**
- **Mon., Jan 7, 10:30am:** The college class, “Select Topics in Biology,” resumes. Register in advance through Community Pass or see Therese or Michelle for assistance.
- **Wed., Jan 9, 11:00am: Meeting – Club Day.** The **Allen W. Roberts Elementary Band** will perform for us as we celebrate January birthdays. Come socialize and enjoy refreshments. Chatham Hills will call bingo!
- **Tues., Jan 15, 10:45am: Book Club** - Therese Dalton will lead a discussion about another wonderful book. The title will be announced when the books are available.
- **Wed., Jan 16, 11:00am: Meeting** – Bureau Chief, Joanne Gemenden, from the Union County Bureau of Recycling and Planning will talk about the principles of **“Reduce, Re-use and Recycle”** and answer questions.
- **Tues., Jan 22, 10:45am: Current Events** – Michelle Zack will facilitate a discussion in which members may exchange ideas and share different perspectives on issues in national and international affairs.
- **Wed., Jan 23, 11:00am: Meeting** – Chelsea Hoeffler and Nicole Goodling from **Yoga Essence Studio** will give a presentation.
- **Wed., Jan 30, 11:00am: Meeting** – Harry Kundrat will challenge us to a game of **Celebrity Trivia.** Come and see if you can identify your favorite stars.

**NPSCC HOLIDAY DINNER**

The NPSCC Holiday Dinner will be held on Wednesday, December 12<sup>th</sup> at 5:00pm. Indulge in a delicious dinner, enjoy beautiful music provided by the NPMS Girls chorus, and share good times with friends. Cost is \$26. Tickets must be purchased by Wednesday, December 5<sup>th</sup>. Sign up in advance for bus transportation.

**NPSCC FOOD DRIVE**

The NPSCC is holding a food drive during the month of December. The donated items will go to the Our Lady of Peace food pantry. **Please bring nonperishable food items to the center when you attend any of our activities, exercise classes, and meetings and/or when you come to the Holiday Dinner.** Thank you for your generosity.

**AMERICAN LEGION POST #433 COOKIE WALK**

The American Legion Cookie Walk Benefit/Fundraiser will take place at the Legion Hall on Saturday, December 8, from 11:00am–4:00pm. For a \$5.00 donation you get your choice of delicious, traditional, homemade cookies in a holiday motif box. Proceeds will benefit Legion Hall home improvements. If you would like to help out by contributing cookies to the cause, please deliver them to the American Legion Hall by 10:00am.

**NIGHT OF A THOUSAND STARS**

On Friday, December 7<sup>th</sup> at 7:00pm, the New Providence Diversity Committee will host a tree lighting event at Centennial Park celebrating the holiday season. There will be free hot cocoa donated by Prestige Diner, live entertainment provided by Al Elefante, and a special visit from LeBefana. Contribute a gift card or make a donation at the CSA table to help New Providence families in need. Dress warmly and come join family and friends for this magical outdoor evening holiday celebration of community.

**AROUND TOWN...****NEW PROVIDENCE MEMORIAL LIBRARY (NPML)**

**Origami Stars** – Make 5-pointed or 6-pointed stars to decorate your home for the holidays with origami artist Mary Kao. Call 908-665-0311 or email npmlref@yahoo.com to register as space is limited. Sat., Dec 1, 2:00pm

**Knitting Club** – Mon., Dec 3, 17, 7:00pm

**Nonfiction Book Group** – “Romantic Outlaws: the Extraordinary Lives of Mary Shelley” by Charlotte Gordon. Copies at the front desk. Thurs., Dec 6, 7:30pm

**Mary Shelley’s Circle** – Dr. Gillian Hettinger will speak about Mary Shelley, her idea for Frankenstein, and her scandalous circle of friends. Sun., Dec. 9, 3:00pm

**Baseball Discussion Group** – Mon., Dec 10, 7:00pm

**Jamie Peterson & Friends Holiday Concert** – Jamie Peterson and her friends will perform holiday songs. Sun., Dec. 16, 3:00pm.

**Pom Pom Bookmark Craft** - Make a pom pom out of yarn, with a long piece of yarn attached to mark your page. Fri., Dec 28, 3:00pm.

**NEW PROVIDENCE HIGH SCHOOL**

NPHS Holiday Concert – Wednesday, Dec 12, 7:30pm

**AMERICAN LEGION POST #433**

**Cookie Walk** – For a \$5.00 donation you get your choice of cookies. See article at left for details. Saturday, Dec 8, 11:00am-4:00pm.

**NEW PROVIDENCE DIVERSITY COMMITTEE**

**Night of a Thousand Stars** – Outdoor community event celebrating the holiday season. See article at left for details. Held at Centennial Park. Friday, Dec 7, 7:00pm

**MOVIE MARQUEE****DECEMBER MOVIES AT THE NP MEMORIAL LIBRARY**

The 2 PM showing will have subtitles for the hearing impaired.

**Tuesdays at 9:30am & 2:00pm**

December 4 – *Just Getting Started*

December 11 – *Mamma Mia: Here We Go Again!*

December 18 – *Mission Impossible: Fallout*

**Foreign Films**

Weds., December 5 at 2:00pm – *8 Women (in French with English subtitles)*

**SAGE ELDERCARE****Care Planning Service (GPS)**

SAGE's GPS (Guidance, Planning and Support) provides a comprehensive home-based assessment and care plan recommendations.

Their GPS Services provide personalized care planning to maximize independence, safety, and well-being.

Figuring out what is right can be difficult - their program helps you make the best choices by evaluating your specific situation.

They begin with a detailed assessment of your physical and emotional health, support networks, and community resources

Together, they will review your medications and healthcare regimen, conduct a home safety evaluation, and assess your individual needs. They then provide a detailed written care plan, as well as guidance and support to help you implement the plan. They're there to help – call them at 908.598.5522.

SAGE is a nonprofit organization committed to being the leading provider of programs and services to meet the changing needs of older adults, their families, and caregivers. New Providence Borough has contracted with SAGE and their services are available to all New Providence residents. Kathy Larkin is available for private consultations at the center before the club meeting on the first Wednesday of every month.

**NPSCC ELECTION**

The election of the New Providence Senior Citizens Club Officers and Trustees will take place at the club meeting on December 19<sup>th</sup> at 11:00am. The people who run the club need your support. Please come out and vote!

**DECEMBER FACTS**

Birthstone: Turquoise & Blue Topaz

Flower: Narcissus & Holly

Zodiac Signs: Sagittarius (Nov 22 - Dec 21) & Capricorn (Dec 22 – Jan 19)

Holidays and Observances:

Hanukkah – Dec 2 through Dec 10

Winter Solstice – Dec 21

Christmas – Dec 25

Kwanzaa (start) – Dec 26

**BOOK CLUB RECOMMENDATIONS**

As winter approaches, our book club members wanted to share some favorite books to read during the colder months...

*Boys in the Boat* by Daniel James Brown (nonfiction)

*Brain on Fire* by Susannah Cahalan (nonfiction)

*A Star for Mrs. Blake* by April Smith

*The Paris Wife* by Paula McLain

*Beneath the Scarlet Sky* by Mark Sullivan

*Next Year in Havana* by Chanel Cleeton

*Flight Behavior* by Barbara Kingsolver

*The Greenlanders* by Jane Smiley

*Atomic City Girls* by Janet Beard

*The Professor and the Madman* by Simon Winchester

*The Rosie Project* by Graeme Simsion

*The Curious Incident of the Dog in the Nighttime* by Mark Haddon

*America's First Daughter* by Stephanie Dray

*In the Garden of Beasts* by Eric Larson (nonfiction)

*Scarlet Sky* by Mark Sullivan

*The Devil in the White City* by Eric Larson (nonfiction)

*The Sisters of St. Croix* by Diney Costelow

**GIFT SUGGESTIONS**

To your enemy, forgiveness. To an opponent, tolerance. To a friend, your heart. To a customer, service. To all, charity. To every child, a good example. To yourself, respect. ~ Oren Arnold

**CHRISTMAS PUNS**


What does December have that other months don't have? The letter D.

What is green, covered with tinsel and says, "Ribbit, ribbit?" A mistle-toad.

What do monkeys sing at Christmas time? Jungle Bells, Jungle Bells.

**NPSCC NEWSLETTER ONLINE**

The public version of the NPSCC newsletter may be viewed online at <https://www.newprov.org>. In the menu on the left hand side of the home screen, scroll down and select "Seniors". Click on the link to view current and past issues of the newsletter.

NEW PROVIDENCE SENIOR CITIZENS CLUB ~ December 2018 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Nov 25</b>	<b>Nov 26</b> 8:30 In Control w/Myriam <b>10:30 College Class*</b> 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	<b>Nov 27</b> 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike <b>10:45 Current Events</b> 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	<b>Nov 28</b> 9:30 Blood Pressure 10:00 Bus to Club <b>11:00 Meeting – “15 Minute Child Break”</b> 12:30 Bingo/Cards	<b>Nov 29</b> 9:30 Fit & Healthy Exercise w/Myriam <b>10:45 Movie Club</b> 12:30 Partner Bridge 12:30 Mah Jongg	<b>Nov 30</b> 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>1</b>
<b>2</b> 1 <sup>st</sup> Night of Hanukkah	<b>3</b> 8:30 In Control w/Myriam <b>9:30 Trustee Meeting</b> <b>10:30 College Class*</b> 11:00 Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	<b>4</b> 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian	<b>5</b> 9:30 SAGE 10:00 Bus to Club <b>11:00 Meeting – NPHS Sociology Class</b> 12:30 Bingo/Cards	<b>6</b> 9:30 Fit & Healthy Exercise w/Myriam 12:30 Partner Bridge 12:30 Mah Jongg <b>12:30 Center Decoration</b>	<b>7</b> 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 <u>NO</u> Pizza Bingo <b>7:00 Night of a Thousand Stars @ Centennial Park</b>	<b>8</b> American Legion Cookie Walk 11:00am – 4:00pm
<b>9</b>	<b>10</b> 8:30 <u>NO</u> In Control w/Myriam <b>10:30 College Class*</b> 11:00 <u>NO</u> Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	<b>11</b> 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike <b>10:00 Activities Meeting</b> 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	<b>12</b> 10:00 Dinner Setup 11:00 <u>NO</u> Meeting 4:00pm Bus to Dinner*  <i>NPSCC Holiday Dinner**</i> <i>5:00-8:00pm</i>	<b>13</b> 9:30 Fit & Healthy Exercise w/Myriam <b>11:00 Address Holiday Greeting Cards*</b> 12:30 Duplicate Bridge 12:30 Mah Jongg	<b>14</b> 9:00 Bus to Blue Star*** 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>15</b>
<b>16</b>	<b>17</b> 8:30 <u>NO</u> In Control w/Myriam 11:00 <u>NO</u> Chair Yoga w/Judy 11:00 Newsletter 12:30 Bridge	<b>18</b> 9:00 Bus to ShopRite 9:45 Balance & Conditioning w/Mike 12:00 Knitting Group 1:00 Tai Chi w/Ayriel 2:00 Converse Italian 3:00 Beginners Italian	<b>19 Happy Birthdays!</b> 9:30 Blood Pressure 10:00 Bus to Club <b>10:00 Mail Newsletters</b> <b>11:00 Meeting - Club Day</b> 12:30 Bingo/Cards – Chatham Hills	<b>20</b> 9:30 Fit & Healthy Exercise w/Myriam <b>10:45 Movie Club</b> 12:30 Duplicate Bridge 12:30 Mah Jongg	<b>21</b> 9:00 Bus to Mall 9:15 Zumba w/Donna 10:00 Bridge 12:30 Pizza Bingo	<b>22</b>  <b>Christmas Cantata* 1:00pm</b>
<b>23</b>	<b>24</b> <b>CENTER CLOSED</b>	<b>25</b> <b>CENTER CLOSED</b>  	<b>26</b> <b>CENTER CLOSED</b>	<b>27</b> <b>CENTER CLOSED</b>  12:30pm Paper Mill Trip**	<b>28</b> <b>CENTER CLOSED</b>	<b>29</b> <b>CENTER CLOSED THROUGH TUESDAY, JANUARY 1<sup>st</sup></b>

\*Sign up in advance.

\*\*Purchase ticket in advance.

\*\*\*Weather permitting