

YOUR HEALTH MATTERS MONTHLY NEWSLETTER

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WWW.WESTFIELDNJ.GOV/HEALTH

International Overdose Awareness Day



It's a day to remember those we've lost to overdose, acknowledge the grief of the family and friends left behind, and renew our commitment to end overdose and related harms.

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National Night Out

It culminates annually on the first Tuesday in August and enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances.



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National Immunization Awareness Month

This annual observance highlights the importance of getting recommended vaccines throughout your life. Vaccines can help protect us against more diseases than ever before.



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The Westfield Regional Health Department is the contractual health agency serving Chatham Borough, Fanwood, Garwood, Mountainside, New Providence, Roselle Park, Summit, and Westfield